

Title	Demonstrate knowledge of natal practices in a hauora context		
Level	4	Credits	6

Purpose	People credited with this unit standard are able to demonstrate knowledge of natal practices in a hauora context.
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Classification	Te Ara Hou ki te Ora > Hauora
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Available grade	Achieved
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Guidance Information

- 1 Definitions of Māori words will be those relevant and in common usage in a hauora context. However, the local iwi and/or hapū must verify the local dialect.
- 2 Definitions
Hauora means the appropriate practices associated with the holistic wellbeing of an individual as a member of a whānau, hapū, and iwi. For the purpose of this unit standard, these practices are determined by service providers or entities that operate within a hauora context.
Hauora context refers to hauora service provision for Māori.
Tikanga is in relation to local hapū, iwi.
Natal practices refer to practices and support for pregnancy, childbirth, and post-birth care for wāhine and their whānau. These also include the Māori concepts of tapu, noa, mana wahine, and whānau.
- 3 Assessment against this unit standard does not cover the skills and knowledge of a Lead Maternity Carer.
- 4 Workplace practices and procedures refer to the documented procedures of the hauora service provider and must comply with current industry standards and relevant legislation.
- 5 Legislation and conventions relevant to this unit standard may include but are not limited to: the Treaty of Waitangi Act 1975; World Health Organisation's (WHO's) Ottawa Charter for Health Promotion 1986; Children, Young Persons, and Their Families Act 1989; Privacy Act 1993; Health and Disability Commissioner Act 1994; Health and Disability Commissioner (Code of Health and Disability Services Consumers' Rights) Regulations 1996; *Standards for Traditional Māori Healing* (Wellington: Ministry of Health, 1999), and any amendments.

Outcomes and performance criteria

Outcome 1

Demonstrate knowledge of natal practices in a hauora context.

Performance criteria

- 1.1 Antenatal practices are explained in relation to tikanga.
- 1.2 Post-birth care practices are explained in relation to tikanga.
- 1.3 The post-natal care of the whenua is described in relation to tikanga.

Outcome 2

Support natal practices in a hauora context.

Performance criteria

- 2.1 Antenatal practices are supported in accordance with workplace practices and procedures.
- 2.2 Post-birth care practices are supported in accordance with workplace practices and procedures.

Planned review date	31 December 2022
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Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	23 October 1998	31 December 2012
Review	2	18 December 2002	31 December 2012
Review	3	20 August 2010	31 December 2017
Review	4	10 December 2015	N/A
Revision	5	28 September 2017	N/A
Rollover	6	23 April 2020	N/A

Consent and Moderation Requirements (CMR) reference	0165
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This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

Comments on this unit standard

Please contact the NZQA Māori Qualifications Services mqs@nzqa.govt.nz if you wish to suggest changes to the content of this unit standard.