

<b>Title</b>	<b>Demonstrate knowledge of natal practices</b>		
<b>Level</b>	<b>4</b>	<b>Credits</b>	<b>6</b>

<b>Purpose</b>	People credited with this unit standard are able to demonstrate knowledge of natal practices in relation to tikanga and support natal practices in a hauora context.
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<b>Classification</b>	Te Ara Hou ki te Ora > Hauora
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<b>Available grade</b>	Achieved
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### Guidance Information

- Definitions of Māori words will be those relevant and in common usage in a hauora context and/or local iwi or hapū.
- Definitions

*Hauora* refers to the appropriate practices associated with the holistic wellbeing of an individual as a member of a whānau, hapū, and iwi. For the purpose of this unit standard, these practices are determined by service providers or entities that operate within a hauora context.

*Hauora context* refers to hauora service provision for Māori.

*Natal practices* refers to practices and support for pregnancy, childbirth, and post-birth care for wāhine and their whānau. These also include the Māori concepts of tapu, noa, mana wahine, and whānau.

*Tikanga* refers to Māori values, processes and practices exercised by Māori in their daily lives. These reflect the concepts upon which they are based and provide guidelines for appropriate behaviour and conduct in Māori society. They also prescribe consequences for any breaches or when tikanga is not followed. They can be particular to rohe, iwi, hapū, whānau, marae or hapori.
- Assessment against this unit standard does not cover the skills and knowledge of a Lead Maternity Carer.
- Workplace practices and procedures refer to the documented procedures of the hauora service provider and must comply with current industry standards and relevant legislation.
- Legislation and conventions relevant to this unit standard may include but are not limited to: the Treaty of Waitangi Act 1975; World Health Organisation's (WHO's) Ottawa Charter for Health Promotion 1986; Children, Young Persons, and Their Families Act 1989; Privacy Act 2020; Health and Disability Commissioner Act 1994; Health and Disability Commissioner (Code of Health and Disability Services Consumers' Rights) Regulations 1996; *Standards for Traditional Māori Healing* (Wellington: Ministry of Health, 1999), and any amendments.

- 6 Descriptions and explanations can be presented in a number of ways that may include but are not limited to; oral presentation, visual presentation, written presentation, whakaari, waiata, and haka.
- 7 All sources of information must be referenced.

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## Outcomes and performance criteria

### Outcome 1

Demonstrate knowledge of natal practices in relation to tikanga.

#### Performance criteria

- 1.1 Antenatal practices are explained in relation to tikanga.
- 1.2 Post-birth practices are explained in relation to tikanga.
- 1.3 The post-natal care of the whenua is described in relation to tikanga.

### Outcome 2

Support natal practices in a hauora context.

#### Performance criteria

- 2.1 Antenatal practices are supported in accordance with workplace practices and procedures.
- 2.2 Post-birth practices are supported in accordance with workplace practices and procedures.

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<b>Planned review date</b>	31 December 2027
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#### Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	23 October 1998	31 December 2012
Review	2	18 December 2002	31 December 2012
Review	3	20 August 2010	31 December 2017
Review	4	10 December 2015	31 December 2024
Revision	5	28 September 2017	31 December 2024
Rollover	6	23 April 2020	31 December 2024
Review	7	2 March 2023	N/A

<b>Consent and Moderation Requirements (CMR) reference</b>	0165
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This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

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### Comments on this unit standard

Please contact the NZQA Māori Qualifications Services [mqs@nzqa.govt.nz](mailto:mqs@nzqa.govt.nz) if you wish to suggest changes to the content of this unit standard.