

<b>Title</b>	<b>Identify and analyse the impacts of whakamā and their implications on hauora outcomes</b>		
<b>Level</b>	<b>5</b>	<b>Credits</b>	<b>5</b>

<b>Purpose</b>	People credited with this unit standard are able to identify and analyse the impacts of whakamā on the client and hauora outcomes and determine the implications of identified impacts of whakamā on hauora outcomes.
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<b>Classification</b>	Te Ara Hou ki te Ora > Hauora
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<b>Available grade</b>	Achieved
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## Guidance Information

1 Definitions of Māori words will be those relevant and in common usage in a hauora context. However, the local iwi and/or hapū must verify the local dialect.

2 Definitions

*Hauora* means the appropriate practices associated with the holistic wellbeing of an individual as a member of a whānau, hapū, and iwi. For the purpose of this unit standard, the practices are determined by service providers or entities that operate within a hauora context.

*Hauora context* refers to hauora service provision for Māori.

*Whakamā* is defined as embarrassment, indignity, shame, shyness.

*Aspects of whakamā* may include customary, cultural, personal, hereditary, and socioeconomic factors.

*Cultural factors* are those that have a cultural base and influence the way in which people live their lives. In this hauora context reference to both the positive and negative sociocultural factors are encouraged to enhance any analysis. Suggested examples may include but are not limited to - not living as Māori, not linked to a marae, not brought up in Māori environment, one's social life is not dependant on a Māori infrastructure, disconnected from whānau, disconnected from papa kainga, is not Māori centric.

*Economic factors* include educational achievement, mana, status within the community, housing, land ownership, consumerism, employment, income, wealth, assets, crime, gender, and family structure. Many of these factors are interrelated.

*Hauora outcomes* are the result of a selected Māori health initiative.

*Client* referred to in this unit standard is the Māori patient.

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## Outcomes and performance criteria

### Outcome 1

Identify and analyse the impacts of whakamā on the client and hauora outcomes.

**Performance criteria**

- 1.1 Impacts of whakamā on hauora outcomes are identified.
- Range impacts on the client may include but are not limited to – shame, self-abasement, feeling inferior, feeling inadequate, self-doubt, withdrawal, feeling misunderstood; evidence of three is required.
- 1.2 Situations of whakamā are identified and their impacts are analysed in a hauora context.
- Range situations may include but are not limited to – one to one consultation, group consultation, gender differences; evidence of three is required.
- 1.3 Impacts of whakamā in relation to cultural and economic factors are examined.
- Range evidence of three cultural and economic factors is required.

**Outcome 2**

Determine the impacts of whakamā on health outcomes.

**Performance criteria**

- 2.1 Impacts of whakamā are determined in terms of their effect on hauora outcomes.
- Range evidence of three positive and three negative implications is required.

<b>Planned review date</b>	31 December 2022
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**Status information and last date for assessment for superseded versions**

Process	Version	Date	Last Date for Assessment
Registration	1	23 October 1998	31 December 2012
Review	2	18 December 2002	31 December 2012
Review	3	20 August 2010	31 December 2017
Review	4	10 December 2015	N/A
Revision	5	28 September 2017	N/A
Rollover	6	23 April 2020	N/A

<b>Consent and Moderation Requirements (CMR) reference</b>	0165
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This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

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**Comments on this unit standard**

Please contact the NZQA Māori Qualifications Services [mqs@nzqa.govt.nz](mailto:mqs@nzqa.govt.nz) if you wish to suggest changes to the content of this unit standard.