

Title	Ride a horse in a balanced position at different gaits on the flat and over 50 to 60 cm fences		
Level	2	Credits	5

Purpose	People credited with this unit standard are able to: maintain an independent and balanced position in the saddle at different gaits; carry out movements on a horse in a school situation; carry out adjustments while mounted; and ride over poles on the ground, raised poles, and small fences.
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Classification	Equine > Equitation
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Available grade	Achieved
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Guidance Information

- 1 Legislation, code and guidelines relevant to this unit standard includes but is not limited to:
 - Animal Welfare Act 1999;
 - Health and Safety at Work Act 2015;
 - Code of Welfare: Horses and Donkeys;
 - Pony Club Manual 2.
- 2 Performance of all aspects of this unit standard should comply with the *Code of Welfare: Horses and Donkeys*, available at www.mpi.govt.nz.
- 3 *Accepting the bit* as defined in Lawrence, Kevin, *Pony Club Manual 2* (revised edition) (Havelock North: New Zealand Pony Clubs Association, 2007). 'The horse going freely forward, calm and attentive, with a steady head and even contact on the bit, accepting all the rider's aids without resentment or evasion'.

Outcomes and performance criteria

Outcome 1

Maintain an independent and balanced position in the saddle at different gaits.

Performance criteria

- 1.1 Demonstrate a steady position with reins held in both hands maintaining a contact in a school situation.

Range walk, rising trot, sitting trot, canter.

- 1.2 Show a steady and balanced position when riding with reins held in one hand maintaining a contact in a school situation.

Range walk, rising trot.

- 1.3 Demonstrate a rising trot on both diagonals while maintaining a steady and balanced position in a school situation.

- 1.4 Ride a horse on a long rein while maintaining even rhythm and calmness in a school situation.

Range walk, rising trot.

- 1.5 Ride a horse uphill and downhill, maintaining a steady and balanced position, and the horse in a steady rhythm.

Range walk, rising trot.

Outcome 2

Carry out movements on a horse in a school situation.

Performance criteria

- 2.1 Demonstrate smooth transitions with the horse accepting the bit.

Range walk to trot, trot to canter, canter to trot, trot to walk, walk to halt.

- 2.2 Turn a horse to the left and right at the walk and trot, with the horse balanced, flexing, and accepting the bit.

- 2.3 Ride a horse in a 20-metre circle on both reins, balanced, flexing, and accepting the bit.

Range trot and canter.

- 2.4 Use natural and/or artificial aids to reinforce leg aids when necessary.

Outcome 3

Carry out adjustments while mounted.

Performance criteria

- 3.1 Alter stirrups to an appropriate length while mounted maintaining control of the horse at all times.

- 3.2 Check and adjust the girth if needed while mounted maintaining control of the horse at all times.

- 3.3 Open hinged gate mounted, walk the horse through in a safe manner, and shut the gate while mounted and in control of the horse at all times.

Outcome 4

Ride over poles on the ground, raised poles, and small fences.

Performance criteria

- 4.1 Ride a horse over poles, on the ground and raised, while rider maintains a balanced position and contact with the horse.
- 4.2 Maintain a balanced position and suitable contact when riding over fences of 50 to 60 cm height.
- Range fence types must include verticals, oxers, related fences, spreads, fillers; evidence of 10 fences is required.
- 4.3 Maintain a balanced position and suitable contact when jumping fences on slopes, with fences of 50 to 60 cm height.

Planned review date	31 December 2030
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Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	28 October 1994	31 December 2022
Review	2	23 October 1996	31 December 2022
Review	3	24 June 1998	31 December 2022
Review	4	25 September 2003	31 December 2022
Review	5	18 July 2008	31 December 2022
Review	6	25 June 2020	31 December 2027
Review	7	29 May 2025	N/A

Consent and Moderation Requirements (CMR) reference	0099
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This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

Comments on this unit standard

Please contact the Toi Mai Workforce Development Council at qualifications@toimai.nz if you wish to suggest changes to the content of this unit standard.