

<b>Title</b>	<b>Prepare, implement and monitor a horse's training programme for a specific event</b>		
<b>Level</b>	<b>4</b>	<b>Credits</b>	<b>25</b>

<b>Purpose</b>	People credited with this unit standard are able to: describe the aims of a training programme for horses; develop an equine training programme for a specific event; identify training problems that can cause a horse to perform poorly and implement methods to aid remedial treatment; monitor and adjust the horse's training programme; and describe the causes and treatment of poor performance and maintain records.
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<b>Classification</b>	Equine > Equine Training
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<b>Available grade</b>	Achieved
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### Guidance Information

- 1 Legislation and code of welfare relevant to this unit standard include but are not limited to:
  - Health and Safety at Work Act 2015;
  - Code of Welfare: Horses and Donkeys 2018, available at <http://www.mpi.govt.nz>; and any subsequent amendments.
- 2 Definition  
*Workplace procedures* – the procedures and standards set by the client or employing organisation. Workplace procedures should reflect equipment manufacturer's requirements, and current legislation.
- 3 For the purposes of assessment:
  - evidence must be presented in accordance with workplace procedures.
  - assessment for the practical components of this unit standard must be supplied from a commercial horse enterprise.
  - the training plan that is developed may not be the one that is implemented.
- 4 All activities must consider manaakitanga, kaitiakitanga, kotahitanga, and whakawhanaungatanga that are valued in te ao Māori.

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### Outcomes and performance criteria

#### Outcome 1

Describe the aims of a training programme for horses.

**Performance criteria**

- 1.1 Describe the reasons for training horses for specific events.
- Range may include but is not limited to – develop horsemanship skills, develop mental attitude, simulate competition situation, develop and fine tune performance skills, increase response to stimuli, increase coordination.  
evidence of four reasons is required.
- 1.2 Describe the methods for training and their effects on the horse's body and body systems.
- Range effects on – muscles, bone, tendon, ligaments, cardiovascular, respiratory;  
evidence of two methods is required.
- 1.3 Describe the causes, effects, and prevention of lactic acid build-up and how it can be managed in a training programme.

**Outcome 2**

Develop an equine training programme for a specific event.

**Performance criteria**

- 2.1 Assess the present level of fitness or training of the horse in relation to the requirements for the target event.
- 2.2 Set and document training objectives.
- Range training objectives – specify an end point; state conditions for achievement; are specific, precise, measurable, and observable.
- 2.3 Assess methods of training to determine their suitability for the individual horse.
- Range may include but is not limited to – traditional (preliminary, development, fast work), interval training, speed test, beach work, road work, track work;  
evidence of three methods is required.
- 2.4 Describe and incorporate the horse's psychological requirements within the training programme.
- Range individual needs, routine, stabling and/or paddocking, handler.

- 2.5 Assess methods to enhance training in terms of their suitability for the programme.

Range may include but is not limited to – swimming, treadmill, horse walker, body work, beach training.  
evidence of two methods is required.

- 2.6 Develop a balanced feeding programme to meet the horse's nutritional and individual requirements and in accordance with the stage of training.

### Outcome 3

Identify training problems that can cause a horse to perform poorly and implement methods to aid remedial treatment.

#### Performance criteria

- 3.1 Identify physical and psychological problems that can cause poor performance and take action which are in the best interests of the horse.

Range problems include but are not limited to – injury, lameness, ulcers, stress.

- 3.2 Describe causes of electrolyte imbalances and implement corrective measures which are in the best interests of the horse.

Range causes include but are not limited to – sweating, high humidity.

### Outcome 4

Monitor and adjust the horse's training programme.

#### Performance criteria

- 4.1 Record the horse's daily activities, outputs, fitness indicators, and conditions.

- 4.2 Maintain stable records.

Range may include but is not limited to – worming, vaccination, injury, illness, treatments, medications administered, shoeing, feeding programme.  
evidence for four activities is required.

- 4.3 Monitor the horse's progress and adjust the training programme where necessary.

- 4.4 Implement aids to treat training related problems which are in the best interests of the horse.

Range may include but is not limited to – acupuncture, body work, natural therapies.  
evidence of one aid is required.

- 4.5 Describe how blood analysis can be used to monitor and adjust the horse's training programme.

Range situations where blood tests may be used include but are not limited to – prior to commencing serious work, regularly during training, poor performance, ill health. evidence of two situations is required.

## Outcome 5

Describe the causes and treatment of poor performance and maintain records.

### Performance criteria

- 5.1 Describe respiratory problems that can affect a horse's performance in terms of causes and treatments.

Range respiratory problems include but are not limited to – soft palate displacement, epiglottic entrapment, roaring, viruses, chronic obstructive pulmonary disease (COPD), exercise induced pulmonary haemorrhage (EIPH).

- 5.2 Describe circulatory problems that can affect a horse's performance in terms of causes and treatments.

Range circulatory problems include but are not limited to – heart murmurs, heart rhythm problems, anaemia.

- 5.3 Maintain a medical history of the poorly performing horse in accordance with veterinary requirements.

Range medical history includes but is not limited to – past problems, drugs administered, response to treatment.

- 5.4 Maintain a management history of the poorly performing horse.

Range feeding programme, changes to routine (feeding, training, competition), stabling, pasture, rate of decline, time first noticed, magnitude of change.

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<b>Planned review date</b>	31 December 2026
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**Status information and last date for assessment for superseded versions**

Process	Version	Date	Last Date for Assessment
Registration	1	28 October 1994	31 December 2023
Review	2	23 October 1996	31 December 2023
Review	3	24 June 1998	31 December 2023
Review	4	25 September 2003	31 December 2023
Review	5	18 July 2008	31 December 2023
Revision	6	12 February 2010	31 December 2023
Review	7	25 November 2021	31 December 2025
Review	8	30 March 2023	N/A

**Consent and Moderation Requirements (CMR) reference**

0018

This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

**Comments on this unit standard**

Please contact Muka Tangata - People, Food and Fibre Workforce Development Council [qualifications@mukatangata.nz](mailto:qualifications@mukatangata.nz) if you wish to suggest changes to the content of this unit standard.