

<b>Title</b>	<b>Demonstrate knowledge of medical conditions relevant to RDA programme, and RDA rider positions and handling procedures</b>		
<b>Level</b>	<b>5</b>	<b>Credits</b>	<b>25</b>

<b>Purpose</b>	<p>This unit standard is intended for people are responsible for coaching Riding for the Disabled (RDA) programmes.</p> <p>People credited with this unit standard are able to describe a range of medical conditions and how a rider with these medical conditions can benefit from the RDA programme; and describe rider positions and demonstrate handling procedures used by an RDA therapist in the RDA programme.</p>
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<b>Classification</b>	Equine > Equitation
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<b>Available grade</b>	Achieved
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### Explanatory notes

- 1 Demonstration of competency must comply with the policy and procedures in the *NZRDA Resource Manual - Policies, Procedures and Standards for Groups 2009*, and *NZRDA Health and Safety Manual 2009* (including Operational Certificate), both of which are available from New Zealand Riding for the Disabled Association, by email [admin@rda.org.nz](mailto:admin@rda.org.nz), or from PO Box 58-110, Whitby, 5425, Porirua, telephone 04 234 6090/1, facsimile 04 234 6094.
- 2 Legislation relevant to this unit standard includes but is not limited to the – Health and Safety in Employment Act 1992, Health and Disability Commissioner Act 1994, and their subsequent amendments; and the Code of Health and Disability Services Consumers' Rights.
- 3 All actions must be in accordance with the Code of Recommendations and Minimum Standards for the Welfare of Horses, available at <http://www.biosecurity.govt.nz/animal-welfare/codes/horses/index.htm>.
- 4 Reference  
*NZRDA Therapists Guide*, 2008, available from New Zealand Riding for the Disabled Association, by email [admin@rda.org.nz](mailto:admin@rda.org.nz), or from PO Box 58-110, Whitby, Porirua, 5425, telephone 04 234 6090/1, facsimile 04 234 6094.

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## Outcomes and evidence requirements

### Outcome 1

Describe a range of medical conditions, and how a rider with these medical conditions can benefit from the RDA programme in accordance with the *NZRDA Resource Manual - Policies, Procedures and Standards for Groups 2009*.

Range      medical conditions – absence or deformity of limbs (congenital or traumatic), autistic spectrum disorder, cerebral palsy (spastic, athetoid, ataxic, quadriplegia, hemiplegia, diplegia), cerebro vascular accidents (CVA/stroke), global developmental delay, Down syndrome, traumatic brain injury (TBI), hearing impairments, intellectual disability, multiple sclerosis (MS), muscular dystrophy, attention deficit hyperactive disorder (ADHD), spina bifida and hydrocephalus, spinal cord injuries, scoliosis, visual impairment, mental illness (including schizophrenia, bipolar disorder), epilepsy, rheumatoid arthritis, general debilitating medical conditions (including cancer, haemophilia, cardiac, chronic fatigue), communicable diseases (including HIV, hepatitis).

### Evidence requirements

1.1          Medical conditions are described in terms of their signs or symptoms, and pathology.

Range          evidence is required for at least two signs or symptoms; pathology – cause, nature, effect.

1.2          The coaching of RDA riders with medical conditions is described in terms of the implications for the RDA programme.

Range          at least two implications from – physical, psychological, social, educational and/or vocational.

1.3          Medical conditions are described in terms of their contraindications and precautions.

1.4          Riders with medical conditions are described in terms of the way in which they can benefit from the RDA programme.

### Outcome 2

Describe rider positions and demonstrate handling procedures used by an RDA therapist in the RDA programme.

Range      rider positions – forwards, backwards, sidesitting, prone, supine, propping.

### Evidence requirements

2.1          Rider positions are described in terms of their benefits for a rider undertaking an RDA session.

- 2.2 Handling procedures used by an RDA therapist for a rider in rider positions are demonstrated in accordance with the *NZRDA Resource Manual - Policies, Procedures and Standards for Groups 2009*, and the *NZRDA Health and Safety Manual 2009*.

<b>Planned review date</b>	31 December 2015
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#### Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	22 December 1999	N/A
Review	2	25 September 2003	N/A
Review	3	28 June 2005	N/A
Review	4	17 September 2010	N/A

<b>Accreditation and Moderation Action Plan (AMAP) reference</b>	0018
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This AMAP can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

#### Please note

Providers must be granted consent to assess against standards (accredited) by NZQA, or an inter-institutional body with delegated authority for quality assurance, before they can report credits from assessment against unit standards or deliver courses of study leading to that assessment.

Industry Training Organisations must be granted consent to assess against standards by NZQA before they can register credits from assessment against unit standards.

Providers and Industry Training Organisations, which have been granted consent and which are assessing against unit standards must engage with the moderation system that applies to those standards.

Consent requirements and an outline of the moderation system that applies to this standard are outlined in the Accreditation and Moderation Action Plan (AMAP). The AMAP also includes useful information about special requirements for organisations wishing to develop education and training programmes, such as minimum qualifications for tutors and assessors, and special resource requirements.

#### Comments on this unit standard

Please contact the Primary Industry Training Organisation [standards@primaryito.ac.nz](mailto:standards@primaryito.ac.nz) if you wish to suggest changes to the content of this unit standard.