

Title	Demonstrate knowledge of medical conditions relevant to RDA programme, and RDA rider positions and handling procedures		
Level	5	Credits	25

Purpose	<p>This unit standard is intended for people are responsible for coaching Riding for the Disabled (RDA) programmes.</p> <p>People credited with this unit standard are able to describe a range of medical conditions and how a rider with these medical conditions can benefit from the RDA programme; and describe rider positions and demonstrate handling procedures used by an RDA therapist in the RDA programme.</p>
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Classification	Equine > Equitation
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Available grade	Achieved
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Guidance Information

- 1 Demonstration of competency must comply with the policy and procedures in the *NZRDA Resource Manual - Policies, Procedures and Standards for Groups 2009*, and *NZRDA Health and Safety Manual 2009* (including Operational Certificate), both of which are available from New Zealand Riding for the Disabled Association, by email admin@rda.org.nz, or from PO Box 58-110, Whitby, 5425, Porirua, telephone 04 234 6090/1, facsimile 04 234 6094.
- 2 Legislation relevant to this unit standard includes but is not limited to the – Health and Safety in Employment Act 1992, Health and Disability Commissioner Act 1994, and their subsequent amendments; and the Code of Health and Disability Services Consumers' Rights.
- 3 All actions must be in accordance with the Code of Recommendations and Minimum Standards for the Welfare of Horses, available at <http://www.biosecurity.govt.nz/animal-welfare/codes/horses/index.htm>.
- 4 Reference
NZRDA Therapists Guide, 2008, available from New Zealand Riding for the Disabled Association, by email admin@rda.org.nz, or from PO Box 58-110, Whitby, Porirua, 5425, telephone 04 234 6090/1, facsimile 04 234 6094.

Outcomes and performance criteria

Outcome 1

Describe a range of medical conditions, and how a rider with these medical conditions can benefit from the RDA programme in accordance with the *NZRDA Resource Manual - Policies, Procedures and Standards for Groups 2009*.

Range medical conditions – absence or deformity of limbs (congenital or traumatic), autistic spectrum disorder, cerebral palsy (spastic, athetoid, ataxic, quadriplegia, hemiplegia, diplegia), cerebro vascular accidents (CVA/stroke), global developmental delay, Down syndrome, traumatic brain injury (TBI), hearing impairments, intellectual disability, multiple sclerosis (MS), muscular dystrophy, attention deficit hyperactive disorder (ADHD), spina bifida and hydrocephalus, spinal cord injuries, scoliosis, visual impairment, mental illness (including schizophrenia, bipolar disorder), epilepsy, rheumatoid arthritis, general debilitating medical conditions (including cancer, haemophilia, cardiac, chronic fatigue), communicable diseases (including HIV, hepatitis).

Performance criteria

1.1 Medical conditions are described in terms of their signs or symptoms, and pathology.

Range evidence is required for at least two signs or symptoms; pathology – cause, nature, effect.

1.2 The coaching of RDA riders with medical conditions is described in terms of the implications for the RDA programme.

Range at least two implications from – physical, psychological, social, educational and/or vocational.

1.3 Medical conditions are described in terms of their contraindications and precautions.

1.4 Riders with medical conditions are described in terms of the way in which they can benefit from the RDA programme.

Outcome 2

Describe rider positions and demonstrate handling procedures used by an RDA therapist in the RDA programme.

Range rider positions – forwards, backwards, sidesitting, prone, supine, propping.

Performance criteria

2.1 Rider positions are described in terms of their benefits for a rider undertaking an RDA session.

- 2.2 Handling procedures used by an RDA therapist for a rider in rider positions are demonstrated in accordance with the *NZRDA Resource Manual - Policies, Procedures and Standards for Groups 2009*, and the *NZRDA Health and Safety Manual 2009*.

This unit standard is expiring. Assessment against the standard must take place by the last date for assessment set out below.

Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	22 December 1999	31 December 2023
Review	2	25 September 2003	31 December 2023
Review	3	28 June 2005	31 December 2023
Review	4	17 September 2010	31 December 2023
Review	5	27 October 2022	31 December 2023

Consent and Moderation Requirements (CMR) reference

0018

This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.