

Title	Demonstrate and supervise, mounting, dismounting, leading, and sidewalking riders for RDA purposes		
Level	5	Credits	8

Purpose	People credited with this unit standard are able to: plan for, and supervise riders to mount in preparation for a Riding for the Disabled (RDA) session; describe the role of the sidewalker, demonstrate sidewalking technique, and supervise sidewalkers within the RDA session; demonstrate leading technique, supervise leading within an RDA session, and describe the effect of movement on the rider; and demonstrate and supervise physical support, physical assistance, transferring, and dismounting riders following an RDA session.
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Classification	Equine > Equitation
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Available grade	Achieved
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Explanatory notes

- 1 Demonstration of competency must comply with the policy and procedures in the latest versions of *NZRDA Resource Manual - Policies, Procedures and Standards for Groups 2009*; and *NZRDA Health and Safety Manual 2009* (including Operational Certificate), both of which are available from New Zealand Riding for the Disabled Association Inc., by email admin@rda.org.nz or from PO Box 58-110, Whitby, Porirua 5245, Telephone 04 234 6090/1, Facsimile 04 234 6094.
- 2 Legislation relevant to this unit standard includes but is not limited to: the Health and Safety in Employment Act 1992, the Health and Disability Commissioner Act 1994, and the Code of Health and Disability Services Consumers' Rights 1996, and their subsequent amendments.
- 3 All actions must be in accordance with the *Code of Recommendations and Minimum Standards for the Welfare of Horses* (Wellington: Ministry of Agriculture and Forestry, 1993), available at <http://www.biosecurity.govt.nz>.

Outcomes and evidence requirements

Outcome 1

Plan for, and supervise riders to mount in preparation for an RDA session.

Evidence requirements

- 1.1 Plan identifies assistants required and pre-check of resources and safety requirements according to RDA policy and procedures.
- Range resources – ramp, horse, secure area.
- 1.2 Assistants and riders involved in mounting procedure are briefed according to RDA policy and procedures.
- 1.3 Mounting procedure from specialised mobility equipment to mounting position is demonstrated and supervised in a manner which avoids undue stress and/or harm to riders, and allows riders to maintain dignity throughout the procedure, according to RDA policy and procedures.
- Range specialised mobility equipment – wheelchair, walking frame, crutches.
- 1.4 Mounting procedure is supervised with sidewalkers positioned in a manner which maintains their personal safety, and horse is in best position to receive riders, in accordance with RDA policy and procedures.
- Range physical support, physical assistance, mount from the ramp, leg over neck from wheelchair, leg over rump standing mount from mounting block and from the ground, with a 'leg up'.

Outcome 2

Describe the role of sidewalkers, demonstrate sidewalking technique, and supervise sidewalkers within an RDA session.

Evidence requirements

- 2.1 Description of the role of sidewalkers is in accordance with RDA policy and procedures.
- Range role of sidewalkers – rider communication, rider care, rider safety, rider hygiene, sidewalker hygiene, sidewalker safety.
- 2.2 Sidewalking technique is demonstrated, maintaining rider in midline centre position, as determined by the assessment plan and in accordance with RDA policy and procedures.
- Range holds – visual, single arm, double arm.
- 2.3 Sidewalkers are supervised to maintain rhythm with hindlegs of horse, change sides smoothly, maintain position of riders, and report postural changes in rider, in accordance with RDA policy and procedures.

Outcome 3

Demonstrate leading technique, supervise leading within an RDA session, and describe the effect of movement on the rider.

Evidence requirements

- 3.1 Leading is demonstrated by walking in time with the horse's front legs, with the horse in a symmetrical shape and moving forward on command, and in a manner which avoids undue stress and/or injury to the horse, handler, and/or RDA personnel.

Range lead using – newmarket clip, reins of bridle, lead rope attached to halter.

- 3.2 Leading is demonstrated with the horse maintaining rhythm, timing, and smooth transitions, carrying out circles, turns, and changing sides while props are in use in accordance with RDA policy and procedures.

Range transitions – walk to trot, trot to walk, walk to halt, halt to walk; circles and turns – 20 metre circle, three loop serpentine at walk; props – drum, flags, weaving poles, posting boxes.

- 3.3 Leading is supervised in a manner which avoids injury to sidewalkers and maintains safety and position of the riders, in accordance with RDA policy and procedures.

- 3.4 Description of the effect of movement during leading on the rider is outlined in terms of postural changes.

Range movement – walking, transitions from walk to trot and trot to walk, circles and serpentines at walk, walk to halt, halt to walk.

Outcome 4

Demonstrate and supervise physical support, physical assistance, transferring, and dismounting riders following an RDA session.

Evidence requirements

- 4.1 Physical support, physical assistance and transferring are demonstrated and supervised in a manner which avoids back strain to those helping, and is in accordance with RDA policy and procedures.

4.2 Dismounting procedure to specialised mobility equipment is demonstrated and supervised in a manner which avoids undue stress and/or harm to rider, and allows rider to maintain dignity throughout the procedure.

Range specialised mobility equipment – wheelchair, walking frame, crutches;
procedures – dismount to the ground, leg over neck, leg over rump, emergency dismount.

Replacement information	This unit standard was replaced by unit standards 30171 and 30172.
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This unit standard is expiring. Assessment against the standard must take place by the last date for assessment set out below.

Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	22 December 1999	31 December 2012
Review	2	25 September 2003	31 December 2012
Review	3	28 June 2005	31 December 2012
Review	4	18 March 2011	31 December 2021
Review	5	16 March 2017	31 December 2021

Consent and Moderation Requirements (CMR) reference	0018
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This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

Please note

Providers must be granted consent to assess against standards (accredited) by NZQA, before they can report credits from assessment against unit standards or deliver courses of study leading to that assessment.

Industry Training Organisations must be granted consent to assess against standards by NZQA before they can register credits from assessment against unit standards.

Providers and Industry Training Organisations, which have been granted consent and which are assessing against unit standards must engage with the moderation system that applies to those standards.

Requirements for consent to assess and an outline of the moderation system that applies to this standard are outlined in the Consent and Moderation Requirements (CMR). The CMR also includes useful information about special requirements for organisations wishing to develop education and training programmes, such as minimum qualifications for tutors and assessors, and special resource requirements.