

Title	Describe the value of relationships and support for healthy relationships for a person in a health or wellbeing setting		
Level	3	Credits	3

Purpose	<p>People credited with this unit standard are able to:</p> <ul style="list-style-type: none"> describe the formation and value of relationships in a person’s life; describe how to support healthy relationships for a person in a health or wellbeing setting; describe services that support healthy sexual relationships for a person in a health or wellbeing setting.
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Classification	Health, Disability, and Aged Support > Health and Disability Principles in Practice
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Available grade	Achieved
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Guidance Information

1 Assessment conditions

Evidence generated for assessment against this unit standard must be gathered in a health or wellbeing setting.

2 Assessment notes

Demonstration of knowledge and skills must be in accordance with organisational policies and procedures and boundaries of the support worker’s role.

Evidence generated for assessment against this standard must reflect workplace requirements specified in:

- NZS 8134.0:2008 *Health and disability services (general) Standard*;
- NZS 8134.1:2008 *Health and disability services (core) Standards*;
- NZS 8134.3:2008 *Health and disability services (infection prevention and control) Standards*;
- NZS 8158:2012 *Home and community support sector Standard*, available at <https://www.standards.co.nz/>.

3 Definitions

Health or wellbeing setting includes but is not limited to – the aged care, acute care, community support, disability, mental health, and social services sectors.

Intimate relationships refer to a close personal connection between two people, which may or may not be of a romantic or sexual nature.

Organisational policies and procedures are the policies, procedures, and methodologies used in an organisation. They include legislative and regulatory requirements which may apply across an organisation, a specific site, or a workplace. Requirements are documented in organisational health and safety plans, contract

work programmes, quality assurance programmes, policies, and procedural documents such as job descriptors and employment contracts.

Person – a person accessing services. Other terms used for 'person' may include client, consumer, customer, patient, individual, resident, tūroro or tangata whai ora.

Support services may include but are not limited to – family planning, Youthline, general practitioner, medical specialists, counsellors, sexual health services, Gay Line, local agencies, school support.

Support should aim to maintain, improve, or restore a person's independence by utilising existing strengths and appropriate resources; but may include providing assistance to enable a person's health and wellbeing needs to be met.

Outcomes and performance criteria

Outcome 1

Describe the formation and value of relationships in a person's life.

Range types of relationships include but are not limited to – intimate, friendships, family/whānau, community and culturally-based; evidence is required of two types.

Performance criteria

- 1.1 Relationships are described in terms of where and how they are formed.
- 1.2 The value of relationships is described in terms of the ways in which they fulfil a person's needs.

Outcome 2

Describe how to support healthy relationships for a person in a health or wellbeing setting.

Range intimate and sexual.

Performance criteria

- 2.1 Healthy relationships are described in terms of a person's rights and responsibilities.
- 2.2 Barriers to healthy relationships for a person being supported are described.
- 2.3 The support worker's role in supporting healthy relationships is described in terms of the boundaries of their role.

Outcome 3

Describe services that support healthy sexual relationships for a person in a health or wellbeing setting.

Performance criteria

3.1 Services are described in terms of the support offered and how they are accessed.

Range three available and accessible support services.

Planned review date	31 December 2026
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Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	21 March 2005	31 December 2017
Review	2	21 March 1995	31 December 2017
Revision	3	28 August 1996	31 December 2017
Review	4	24 November 1999	31 December 2017
Review	5	20 March 2008	31 December 2017
Review	6	16 April 2015	31 December 2022
Rollover and Revision	7	24 October 2019	31 December 2022
Review	8	29 April 2021	N/A

Consent and Moderation Requirements (CMR) reference	0024
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This CMR can be accessed at <https://www.nzqa.govt.nz/framework/search/index.do>.

Comments on this unit standard

Please contact Careerforce info@careerforce.org.nz if you wish to suggest changes to the content of this unit standard.