

Title	Explain Māori childcare practices pre and post-Pākehā contact		
Level	3	Credits	5

Purpose	People credited with this unit standard are able to explain: Māori childcare practices; and Māori childcare practices pre and post-Pākehā contact.
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Classification	Te Ara Hou ki te Ora > Hauora
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Available grade	Achieved
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Guidance Information

- 1 For this unit standard *hapūtanga* refers to conception through to toddler.
- 2 Descriptions, explanations, and observable actions can be presented in a number of ways that may include but are not limited to – *kōrero*, *titiro*, *whakarongo*, *tuhituhi*, *whakaari*, *waiata*, and *haka* presentations.
- 3 Glossary
Ariari ngao – uses slow movement, breathing techniques and *karakia* to relax and connect to your inner being and to Papatūānuku and Ranginui.

Outcomes and performance criteria

Outcome 1

Explain Māori childcare practices.

Performance criteria

- 1.1 Explanation describes the importance of *hapūtanga*.
- 1.2 Explanation describes the use of *karakia*.
- 1.3 Explanation describes the use of *mirimiri*.
- 1.4 Explanation describes the importance of nutrition and movement.
- 1.5 Explanation describes the impact of smoking and excessive alcohol consumption that may affect the health of the developing foetus.

Outcome 2

Explain Māori childcare practices pre-Pākehā contact.

Performance criteria

- 2.1 Explanation describes the tikanga and kawa associated with the burial of the whenua.
- 2.2 Explanation describes the tikanga and kawa associated with the disposal of the pito.
- 2.3 Explanation describes the practice of breastfeeding.
- 2.4 Explanation describes three traditional methods of pain relief and relaxation.
- Range may include but is not limited to – rongoā Māori, mirimiri, ariari ngao, karakia, waiata, hono; evidence of three is required.

Outcome 3

Explain Māori childcare practices post-Pākehā contact.

Performance criteria

- 3.1 Explanation describes the options given to parents for the removal of whenua from hospitals.
- Range removal vessel may include but is not limited to – uku whenua.
- 3.2 Explanation describes the common practice associated with the disposal of the pito.
- 3.3 Explanation describes the practice of breastfeeding.
- 3.4 Explanation describes methods of pain relief.
- Range may include but is not limited to – pethidine, gas, epidural, pills, reflexology, massage, acupuncture, reiki; evidence of two methods is required.

Planned review date	31 December 2022
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Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	27 July 2001	31 December 2015
Revision	2	18 January 2005	31 December 2015
Rollover and Revision	3	12 December 2013	31 December 2018
Review	4	18 August 2016	31 December 2022
Revision	5	28 September 2017	31 December 2022
Rollover and Revision	6	25 November 2021	N/A

Consent and Moderation Requirements (CMR) reference

0226

This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

Comments on this unit standard

Please contact NZQA Māori Qualifications Services mqs@nzqa.govt.nz if you wish to suggest changes to the content of this unit standard.