

Title	Demonstrate sea kayaking skills on coastal water		
Level	3	Credits	2

Purpose	People credited with this unit standard are able to: demonstrate individual preparedness for sea kayaking on coastal water; demonstrate manoeuvring a sea kayak on coastal water; and demonstrate and apply knowledge of safety skills and rescues techniques on coastal water.
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Classification	Outdoor Recreation > Canoeing - Kayaking
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Available grade	Achieved
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Guidance Information

- 1 All learning and assessment within this standard must be carried out in accordance with the following as relevant:
 - Te Tiriti o Waitangi/Treaty of Waitangi principles of partnership, protection and participation;
 - relevant legislation including Health and Safety at Work Act 2015, Health and Safety at Work (Adventure Activities) Regulations 2016, Privacy Act 2020, Children’s Act 2014 and Human Rights Act 1993, and all subsequent amendments and associated regulations;
 - *The New Zealand Curriculum* and/or *Te Marautanga o Aotearoa*; EOTC Guidelines – Bringing the Curriculum Alive 2016;
 - industry guidelines, including any relevant Good Practice Guide, found at <http://www.supportadventure.co.nz/good-practice/good-practice-guidelines/> and Activity Specific Guidelines, found at <http://www.supportadventure.co.nz/good-practice/activity-safety-guidelines-2/>;
 - industry codes such as the Mountain Safety Council Land Safety Code, available from <https://www.mountainsafety.org.nz/land-safety-code/> and Leave No Trace principles and relevant Care codes, all available from <https://www.doc.govt.nz/parks-and-recreation/know-before-you-go/care-codes/>, and any relevant activity specific industry codes;
 - a Safety Management System (SMS) including organisational policies and procedures covering risk management, incident and emergency response, and the use of personal protective equipment (PPE);
 - current industry good practice.

2 Range

The sea kayak must be a fully decked water-craft designed for one or two paddlers (using double bladed paddles) in individual cockpits wearing spray decks. It must have a minimum of two bulkheads with watertight hatch covers, creating buoyancy compartments fore and aft, which ensures the craft floats level on capsize. Hull shape must be appropriate for coastal conditions, i.e. fore and aft rocker and flared ends. It must have a rudder or skeg for directional control and deck lines.

3 Assessment

Assessment must be carried out in conditions where the shoreline can be used to guide travel and there is access to safe landing sites.

Environmental conditions for the assessment must fall within the parameters set for seas kayaking trips within the organisations SMS including:

- lakes or coastal sea water with easy and readily available landing sites
- water with swell but not exceeding 1 metre and
- breaking surf but not exceeding 0.5 metres
- where wind speed and direction do not compromise the safety and purpose of the activity.

4 Definitions

Coastal water can be either on the sea or a lake, where there are easy and readily available landing sites, in safe and reasonable conditions for learners at this level.

Current industry good practice means the range of actions currently accepted within the adventure and outdoor sector to manage the risk of harm to staff, participants, and others.

Outcomes and performance criteria**Outcome 1**

Demonstrate individual preparedness for sea kayaking on coastal water.

Performance criteria

- 1.1 Wear or carry clothing and footwear for comfort and protection for sea kayaking on coastal water.
- 1.2 Fit and adjust the sea kayak and all personal safety equipment.

Outcome 2

Demonstrate manoeuvring a sea kayak on coastal water.

Performance criteria

- 2.1 Demonstrate use of the rudder to manoeuvre the sea kayak.
- 2.2 Use a variety of paddle strokes to follow a chosen course, with and without the use of a rudder.

Range strokes – forward and reverse power and steering strokes.

- 2.3 Demonstrate a brace that rights the sea kayak from a point of capsize.
- 2.4 Demonstrate a controlled broach, using safe braces on both sides.
- 2.5 Demonstrate controlled launch and landing from the shore.

Outcome 3

Demonstrate and apply knowledge of safety skills and rescues techniques on coastal water.

Performance criteria

- 3.1 Demonstrate safe practices at all times on the water.
- 3.2 Use appropriate signals to communicate with others on water.
- Range may include but is not limited to – whistle, hand, paddle; at least three signals.
- 3.3 Complete an assisted rescue on coastal water.
- 3.4 Recognise coastal water hazards, and describe their effects on the craft, and methods for avoiding them.
- Range may include but is not limited to – rips, cliffs, wind, rocky shorelines, swell, wake from other vessels, breakers, reefs.

Planned review date	31 December 2026
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Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	16 December 2004	31 December 2023
Revision and Rollover	2	12 February 2010	31 December 2023
Review	3	28 October 2021	N/A

Consent and Moderation Requirements (CMR) reference	0099
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This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

Comments on this unit standard

Please contact the Skills Active Aotearoa info@skillsactive.org.nz if you wish to suggest changes to the content of this unit standard.