

Title	Demonstrate rescue procedures for sea kayaking in close proximity to landing sites		
Level	4	Credits	10

Purpose	People credited with this unit standard are able to demonstrate rescue procedures for sea kayaking in close proximity to landing sites.
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Classification	Outdoor Recreation > Canoeing - Kayaking
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Available grade	Achieved
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Prerequisites	Unit 19428, <i>Prepare for sea kayaking and demonstrate sea kayaking skills in sheltered sea conditions</i> , or demonstrate equivalent knowledge and skills.
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Guidance Information

1 Definitions

HELP is an acronym for Heat Escape Lessening Position.

Sea kayak is a fully decked water craft designed for one or two paddlers (using double bladed paddles) in individual cockpits wearing spraydecks. It has a minimum of two bulkheads with watertight hatch covers, creating buoyancy compartments fore and aft, which ensures the craft floats level on capsize. Hull shape should be appropriate for sea conditions, i.e. fore and aft rocker and flared ends. It has a rudder or skeg for directional control and deck lines and toggles for safety.

Strong swimmer is a swimmer who is able to assist themselves and/or others with a rescue.

Unassisted self-rescue is one where no additional equipment is used to assist the sea kayaker.

Weak swimmer is a swimmer who does not have the ability, either through lack of skill, lack of confidence or injury, to assist with their own rescue.

- 2 Assessment against this unit standard should be carried out under the following conditions: within two kilometres of safe landing sites, with 30 minutes paddling from safe landing sites. Environmental conditions should not exceed: surf up to 0.5 metres, swell up to one metre, current up to three knots, winds up to 15 knots (less in offshore conditions).

- 3 All activities must comply with any relevant environmental, legislative and/or regulatory requirements set out in the *New Zealand Environmental Care Code*; *New Zealand Water Care Code*; Health and Safety in Employment Act 1992; Injury Prevention, Rehabilitation, and Compensation Act 2001; the Sea Kayak Operators Association of New Zealand (SKOANZ), *Commercial Kayaking Operators' Code Of*

Conduct, September 2011 available at www.supportadventure.co.nz; and their subsequent amendments. The *New Zealand Environmental Care Code*, and *New Zealand Water Care Code* are available from the Department of Conservation, Head Office, PO Box 10420, Wellington 6143 or <http://www.doc.govt.nz/>.

Outcomes and performance criteria

Outcome 1

Demonstrate rescue procedures for sea kayaking in close proximity to landing sites.

Performance criteria

- 1.1 A paddle float self-rescue is demonstrated maintaining contact with equipment at all times.
- 1.2 An unassisted self-rescue, carried out within two minutes, is demonstrated.
- Range one of – re-entry roll, straddle entry.
- 1.3 Rescues are carried out with people and equipment remaining in contact at all times, physical safety maintained, and the sea kayak stable on re-entry.
- Range person rescued – weak swimmer, strong swimmer.
- 1.4 Actions are prioritised and justified in relation to the prevailing conditions.
- 1.5 Knowledge of the 'HELP' and 'Huddle' positions is demonstrated.

This unit standard is expiring. Assessment against the standard must take place by the last date for assessment set out below.

Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	16 December 2004	31 December 2022
Rollover and Revision	2	12 February 2010	31 December 2022
Review	3	25 July 2019	31 December 2022

Consent and Moderation Requirements (CMR) reference	0099
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This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.