

Title	Lunge a horse for exercise		
Level	2	Credits	5

Purpose	People credited with this unit standard are able to: tack up a horse with gear for lunging; lead the horse to a designated area for lunging, and lunge the horse; and remove gear after lunging.
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Classification	Equine > Equine Training
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Available grade	Achieved
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Guidance Information

- 1 Legislation and code relevant to this unit standard includes but is not limited to:
 - Animal Welfare Act 1999;
 - Health and Safety at Work Act 2015;
 - Code of Welfare: Horses and Donkeys.
- 2 Performance of all aspects of this unit standard should comply with the with the *Code of Welfare: Horses and Donkeys*, available at www.mpi.govt.nz.
- 3 *Stable procedures* are the verbal or written instructions to staff on practices and polices required within a particular workplace.
- 4 For this unit standard, the practical assessment evidence must be provided in the context of a commercial business operation under normal working conditions.

Outcomes and performance criteria

Outcome 1

Tack up a horse with gear for lunging.

Performance criteria

- 1.1 Describe reasons for and benefits of lunging in relation to exercising a horse.
- 1.2 Gear up horse in accordance with stable procedures.

Range may include but is not limited to – bridle, saddle, lunge rein, boots, bandages.
- 1.3 Attach lunge line according to supervisor's instructions.

- 1.4 Check gear for safety, and report any unsafe features to the supervisor, in accordance with stable procedures.

Outcome 2

Lead the horse to a designated area for lunging, and lunge the horse.

Performance criteria

- 2.1 Identify an area for lunging in terms of its suitability for exercise.
Range flat, even, surface, density and depth, enclosed, quiet.
- 2.2 Wear suitable protective clothing in accordance with stable procedures.
- 2.3 Lunge a horse as instructed by the supervisor.
- 2.4 Position self to maintain contact with the horse at all paces, using voice and/or whip to guide horse.
- 2.5 Lunge horse in a circle on both reins, demonstrating smooth transitions.
- 2.6 Lunge horse in a manner which meets the purpose of exercise, in accordance with stable procedures.

Outcome 3

Remove gear after lunging.

Performance criteria

- 3.1 Secure horse, and remove gear, clean, and store in a safe place, in accordance with stable procedures.
- 3.2 Cool horse, remove sweat, and cover horse in accordance with stable procedures and with the horse remaining calm at all times.

Planned review date	31 December 2025
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Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	25 September 2003	31 December 2022
Review	2	23 April 2008	31 December 2022
Review	3	25 June 2020	N/A

Consent and Moderation Requirements (CMR) reference	0018
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This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

Comments on this unit standard

Please contact the Primary Industry Training Organisation standards@primaryito.ac.nz if you wish to suggest changes to the content of this unit standard.