

Title	Demonstrate basic knowledge of safe abseil techniques		
Level	2	Credits	1

Purpose	People credited with this unit standard are able to demonstrate basic knowledge of safe abseil techniques.
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Classification	Outdoor Recreation > Rock Climbing
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Available grade	Achieved
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Guidance Information

- 1 All learning and assessment within this standard must be carried out in accordance with the following as relevant:
 - Te Tiriti o Waitangi/Treaty of Waitangi principles of partnership, protection and participation;
 - relevant legislation including Health and Safety at Work Act 2015, Health and Safety at Work (Adventure Activities) Regulations 2016, Privacy Act 2020, Children’s Act 2014 and Human Rights Act 1993, and all subsequent amendments and associated regulations;
 - *The New Zealand Curriculum* and/or *Te Marautanga o Aotearoa*; EOTC Guidelines – Bringing the Curriculum Alive 2016;
 - industry guidelines, including any relevant Good Practice Guide, found at <http://www.supportadventure.co.nz/good-practice/good-practice-guidelines/> and Activity Specific Guidelines, found at <http://www.supportadventure.co.nz/good-practice/activity-safety-guidelines-2/>, in particular the Abseiling Activity Specific Guideline, found a <https://www.supportadventure.co.nz/assets/Abseiling-ASG-v3.pdf>;
 - industry codes such as the Mountain Safety Council Land Safety Code, available from <https://www.mountainsafety.org.nz/land-safety-code/> and Leave No Trace principles and the Department of Conservation Climbing Care code, all available from <https://www.doc.govt.nz/parks-and-recreation/know-before-you-go/care-codes/>, and any relevant activity specific industry codes such as the NZAC Code of Conduct for Rock Climbers, found at <https://alpineclub.org.nz/rock-climbing/nzac-code-of-conduct-for-rock-climbers/>;
 - a Safety Management System (SMS) including organisational policies and procedures covering risk management, incident and emergency response, and the use of personal protective equipment (PPE);
 - current industry good practice.

- 2 Assessment

An additional safety rope managed by a suitable qualified person is required.

3 Definition

Current industry good practice means the range of actions currently accepted within the adventure and outdoor sector to manage the risk of harm to staff, participants, and others.

Outcomes and performance criteria

Outcome 1

Demonstrate basic knowledge of safe abseil techniques.

Performance criteria

- 1.1 Identify common hazards associated with abseiling.
- 1.2 Put on helmet, harness and attach abseil device.
- 1.3 Complete safety checks, under guidance, before beginning descent.
Range harness, helmet, attachment points.
- 1.4 Demonstrate a controlled descent using the correct body position.

Planned review date	31 December 2026
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Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	29 October 2004	31 December 2023
Review	2	27 October 2006	31 December 2023
Review	3	28 October 2021	N/A

Consent and Moderation Requirements (CMR) reference	0099
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This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

Comments on this unit standard

Please contact the Skills Active Aotearoa info@skillsactive.org.nz if you wish to suggest changes to the content of this unit standard.