

|              |  |                |          |
|--------------|--|----------------|----------|
| <b>Title</b> | <b>Demonstrate canoeing skills on Grade I whitewater</b> |                |          |
| <b>Level</b> | <b>2</b>   | <b>Credits</b> | <b>3</b> |

|                |   |
|----------------|---|
| <b>Purpose</b> | People credited with this unit standard are able to: demonstrate concern for the environment and for others; care for canoeing equipment; demonstrate strokes which are effective on Grade I water in a canoe; and demonstrate skills in safety and rescue procedures for canoeing. |
|----------------|---|

|                       |  |
|-----------------------|--|
| <b>Classification</b> | Outdoor Recreation > Canoeing - Kayaking |
|-----------------------|--|

|                        |          |
|------------------------|----------|
| <b>Available grade</b> | Achieved |
|------------------------|----------|

---

### Guidance Information

- Definitions

*Decked canoe* is a Canadian-style canoe with deck and cockpits built in.

*Grade I whitewater* is fast moving water with riffles and small waves. There are few obstructions, all obvious and easily missed with little training. Risk to swimmers is slight; self-rescue is easy.

*Open canoe* is a canoe after the style of the North American birch-bark canoe, also known as a Canadian Canoe. It has no deck.

*T rescue* is a rescue whereby a capsized canoe is emptied and righted using support from another upright canoe.
- Assessment against this unit standard must be in either an open or decked canoe.
- All activities must comply with any relevant environmental, legislative and/or regulatory requirements set out in the *New Zealand Environmental Care Code*, *New Zealand Water Care Code*, Health and Safety in Employment Act 1992, Injury Prevention, Rehabilitation, and Compensation Act 2001, and their subsequent amendments. The *New Zealand Environmental Care Code* and *New Zealand Water Care Code* are available from the Department of Conservation, Head Office, PO Box 10420, Wellington.
- There are minimum assessor requirements for assessment against this unit standard. The details of these requirements are available on the Skills Active website <https://www.skillsactive.org.nz/>.

---

### Outcomes and performance criteria

#### Outcome 1

Demonstrate concern for the environment and for others.

**Performance criteria**

- 1.1 Self management is demonstrated within the given environment.  
Range food, fluid, sun protection aids, extra clothing.
- 1.2 Other users of the water environment and surroundings are treated with respect.
- 1.3 All forms of waste are disposed of with care and sensitivity.  
Range general litter, human waste, food.
- 1.4 The New Zealand Environmental Care Code and New Zealand Water Care Code is applied.

**Outcome 2**

Care for canoeing equipment.

**Performance criteria**

- 2.1 Clothing and personal gear are selected for canoeing and the selection justified.  
Range must include but is not limited to – buoyancy aid, helmet, paddle, footwear, protective clothing.
- 2.2 The canoe is carried to, launched on, and retrieved from the water, without damage to the canoe or fittings.
- 2.3 Getting in to and out of the canoe is done safely and correctly, at the bank or shore.

**Outcome 3**

Demonstrate strokes, which are effective on Grade I water in a canoe.

**Performance criteria**

- 3.1 Forward and backward paddling strokes are effective.
- 3.2 Turning strokes are performed.  
Range stern pry, draw (rudder), bow draw.
- 3.3 A low brace is demonstrated.
- 3.4 The canoe is brought to a stop, from a fast paddle, within two boat lengths.
- 3.5 J stroke is performed.
- 3.6 Ferry glide is successfully completed.

- 3.7 Ability to paddle canoe in a straight line for 50 metres maintaining same paddling side is demonstrated.

#### Outcome 4

Demonstrate skills in safety and rescue procedures for canoeing.

#### Performance criteria

- 4.1 Knowledge of communication systems for canoeing is demonstrated.  
Range paddle, whistle, voice, signs.
- 4.2 A capsize and wet exit from a canoe while controlling equipment is demonstrated.
- 4.3 Swimming with a buoyancy vest for a length of 20 metres is demonstrated.
- 4.4 A simulated rescue of a canoe is undertaken with assistance.  
Range T rescue, throw bag.

**This unit standard is expiring. Assessment against the standard must take place by the last date for assessment set out below.**

#### Status information and last date for assessment for superseded versions

| Process      | Version | Date            | Last Date for Assessment |
|--------------|---------|-----------------|--------------------------|
| Registration | 1       | 29 October 2004 | 31 December 2023         |
| Review       | 2       | 28 October 2021 | 31 December 2023         |

|  |      |
|--|------|
| <b>Consent and Moderation Requirements (CMR) reference</b> | 0099 |
|--|------|

This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.