

<b>Title</b>	<b>Make safety preparations for sailing a dinghy</b>		
<b>Level</b>	<b>2</b>	<b>Credits</b>	<b>2</b>

<b>Purpose</b>	People credited with this unit standard are able to demonstrate the use of personal and safety items required for sailing a dinghy, demonstrate the safety features of a dinghy and how they are used, and plan a short sailing trip of up to two hours duration.
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<b>Classification</b>	Outdoor Recreation > Yachting
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<b>Available grade</b>	Achieved
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### Guidance Information

- 1 Assessment of this unit standard must be conducted in a practical situation, on or around a sailing dinghy.
- 2 A sailing dinghy is an open dinghy without ballast, mainly propelled by sail, and capable of capsizing if mishandled.
- 3 There are minimum assessor requirements for assessment against this unit standard. The details of these requirements are available on the Skills Active website <https://www.skillsactive.org.nz/>.
- 4 Performance of this unit standard complies with *Yachting New Zealand requirements* stated in Yachting New Zealand's National Sailing Scheme log books.

### Outcomes and performance criteria

#### Outcome 1

Demonstrate the use of personal and safety items required for sailing a dinghy.

#### Performance criteria

- 1.1 Clothing worn is appropriate for the class of dinghy sailed and the prevailing weather conditions.

Range clothing may include but is not limited to – parka, wetsuit, thermal underwear, woollen/polypropylene jersey, woollen/polypropylene hat, woollen/polypropylene socks, tracksuit pants, shorts, rash vest, footwear.

- 1.2 Personal items carried and used are appropriate for the class of dinghy sailed and the prevailing weather conditions.
- Range personal items may include but are not limited to – sunscreen, sunglasses, wind protection, sailing gloves.
- 1.3 Lifejacket or buoyancy aid selected and worn fits correctly and is appropriate for the individual and the class of dinghy sailed.

## Outcome 2

Demonstrate the safety features of a dinghy and how they are used.

### Performance criteria

- 2.1 Demonstration identifies the buoyancy system and includes performance of pre-sailing checks.
- Range buoyancy system includes – buoyancy bags, securing straps, built-in buoyancy, access hatches.
- 2.2 Demonstration identifies the safety features of the dinghy, including their fitting and use.
- Range safety features include – painter, method for retaining mast, method for restraining centreboard, bailer, mainsheet stopper, rudder and tiller restraints.

## Outcome 3

Plan a short sailing trip of up to two hours duration.

### Performance criteria

- 3.1 Safe trip planning is appropriate to the weather for a range of different weather conditions.
- Range safe trip planning includes – clothing, amount of sail carried, direction and distance sailed, decision to sail;  
weather conditions include – wind strength and direction, state of the tide.
- 3.2 Planning includes procedure for notification of the sailing trip according to Yachting New Zealand requirements.

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**This unit standard is expiring. Assessment against the standard must take place by the last date for assessment set out below.**

**Status information and last date for assessment for superseded versions**

Process	Version	Date	Last Date for Assessment
Registration	1	26 October 2005	31 December 2023
Review	2	28 October 2021	31 December 2023

**Consent and Moderation Requirements (CMR) reference**

0099

This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.