

| | | | |
|--------------|---|----------------|----------|
| Title | Demonstrate knowledge of introductory sailing skills | | |
| Level | 1 | Credits | 2 |

| | |
|----------------|---|
| Purpose | People credited with this unit standard are able to demonstrate knowledge of introductory sailing skills. |
|----------------|---|

| | |
|-----------------------|-------------------------------|
| Classification | Outdoor Recreation > Yachting |
|-----------------------|-------------------------------|

| | |
|------------------------|----------|
| Available grade | Achieved |
|------------------------|----------|

Guidance Information

- 1 All learning and assessment within this standard must be carried out in accordance with the following as relevant:
 - Te Tiriti o Waitangi/Treaty of Waitangi principles of partnership, protection and participation;
 - relevant legislation including Health and Safety at Work Act 2015, Health and Safety at Work (Adventure Activities) Regulations 2016, Privacy Act 2020, Children’s Act 2014 and Human Rights Act 1993, and all subsequent amendments and associated regulations;
 - *The New Zealand Curriculum* and/or *Te Marautanga o Aotearoa*; EOTC Guidelines – Bringing the Curriculum Alive 2016;
 - industry guidelines, including any relevant Good Practice Guide, found at <http://www.supportadventure.co.nz/good-practice/good-practice-guidelines/> and Activity Specific Guidelines, found at <http://www.supportadventure.co.nz/good-practice/activity-safety-guidelines-2/>;
 - industry codes such as the Mountain Safety Council Land Safety Code, available from <https://www.mountainsafety.org.nz/land-safety-code/> and Leave No Trace principles and relevant Care codes, all available from <https://www.doc.govt.nz/parks-and-recreation/know-before-you-go/care-codes/>, and any relevant activity specific industry codes;
 - a Safety Management System (SMS) including organisational policies and procedures covering risk management, incident and emergency response, and the use of personal protective equipment (PPE);
 - current industry good practice.

- 2 **Range**
The sail-powered craft may be any one or two-person sail-powered craft including yachts, land yachts and windsurfers.

- 3 **Assessment**
Wind speed should not exceed 10 knots of wind during assessment against this standard.

4 Definition

Current industry good practice means the range of actions currently accepted within the adventure and outdoor sector to manage the risk of harm to staff, participants, and others.

Outcomes and performance criteria

Outcome 1

Demonstrate knowledge of introductory sailing skills.

Performance criteria

- 1.1 Launch and bring the sail-powered craft safely to a stop at the beginning and end of a session.
- 1.2 Tie the basic knots needed in sailing the sail-powered craft.
Range includes but is not limited to half hitch, clove hitch, bowline.
- 1.3 Make basic sail adjustments in order to sail upwind, reach and downwind.
- 1.4 Demonstrate care for and correct use of all equipment.
- 1.5 Follow simple instructor signals to safely manoeuvre and control the sail-powered craft.
- 1.6 Describe the key principles for avoiding collisions.

| | |
|----------------------------|------------------|
| Planned review date | 31 December 2026 |
|----------------------------|------------------|

Status information and last date for assessment for superseded versions

| Process | Version | Date | Last Date for Assessment |
|--------------|---------|-----------------|--------------------------|
| Registration | 1 | 26 October 2005 | 31 December 2023 |
| Review | 2 | 28 October 2021 | N/A |

| | |
|--|------|
| Consent and Moderation Requirements (CMR) reference | 0099 |
|--|------|

This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

Comments on this unit standard

Please contact the Skills Active Aotearoa info@skillsactive.org.nz if you wish to suggest changes to the content of this unit standard.