

Title	Ride a thoroughbred horse in an exercise saddle		
Level	2	Credits	3

Purpose	People credited with this unit standard are able to: mount and dismount from a horse; and ride in an independent, balanced position.
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Classification	Equine > Thoroughbred Racing
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Available grade	Achieved
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Guidance Information

- 1 The horse used must be a thoroughbred but not an 'in work' racehorse.
- 2 The saddle used must be an exercise saddle utilised for training thoroughbred racehorses.
- 3 The area provided must be a safe controlled environment.
- 4 The safety gear worn by the rider must meet the standards set by New Zealand Thoroughbred Racing, obtainable from New Zealand Thoroughbred Racing, PO Box 38386, Wellington Mail Centre, Telephone 04 576 6240.
- 5 Legislation relevant to this unit standard includes but is not limited to the Health and Safety in Employment Act 1992, and its subsequent amendments.
- 6 Procedures and practices demonstrated by the candidate during assessment against this unit standard must be in accordance with the *Code of Recommendations and Minimum Standards for the Welfare of Horses* (Wellington: Ministry of Agriculture and Forestry, 1993).

Outcomes and performance criteria

Outcome 1

Mount and dismount from a horse.

Performance criteria

- 1.1 Clothing and footwear are worn to meet the requirements of industry.

Range approved safety helmet and vest; smooth soled, heeled footwear.

- 1.2 Adjustments are made to gear in accordance with rider and horse's requirements.
- 1.3 The horse is mounted with rider lowering gently into the saddle and maintaining control of the horse at all times.
- Range mounting block, leg up.
- 1.4 The horse is dismounted on the correct side with rider landing on the ground with both feet simultaneously and maintaining control of the horse at all times.

Outcome 2

Ride in an independent, balanced position.

Range halt, walk, rising trot, bridge rein, left rein, right rein.

Performance criteria

- 2.1 The natural aids are used to control the horse.
- Range seat, leg, voice, hands.
- 2.2 An independent, balanced position is maintained at all times.
- Range bridged reins, reins held singularly, heels down, toes in irons, straight back, head up, eyes looking ahead, body tension free.
- 2.3 Control of the horse is maintained at all times.

This unit standard is expiring. Assessment against the standard must take place by the last date for assessment set out below.

Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	20 November 2006	31 December 2023
Review	2	25 November 2021	31 December 2023

Consent and Moderation Requirements (CMR) reference

0018

This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.