

<b>Title</b>	<b>Critique and interpret a research project relevant to a mental health service user group</b>		
<b>Level</b>	<b>5</b>	<b>Credits</b>	<b>9</b>

<b>Purpose</b>	People credited with this unit standard are able to critique a research project relevant to mental health support work with a service user group, and interpret the findings of a research project relevant to mental health support work with a service user group.
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<b>Classification</b>	Health, Disability, and Aged Support > Mental Health and Addiction Support
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<b>Available grade</b>	Achieved
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## Guidance Information

### 1 Glossary

*Consumer/tangata whai ora* and *service user* are used as generic terms to denote people who are users of mental health services. They may be referred to by various descriptive terms in the range of mental health settings.

*Pacific people* refers to people from the main Pacific Island groups represented in Aotearoa New Zealand; namely – Samoa, Tonga, Cook Islands, Niue, Tokelau, Fiji, Tuvalu, Solomon Islands, Kiribati.

*"Recovery"* is defined in the Blueprint as *the ability to live well in the presence or absence of one's mental illness (or whatever people choose to name their experience).*' Source: Mental Health Commission. 2001. *Recovery competencies for New Zealand mental health workers*. Wellington: Mental Health Commission: p. 1. Available from the Mental Health Commission website:

<https://www.mentalhealth.org.nz/assets/ResourceFinder/recovery-competencies-for-new-zealand-mental-health-workers-march-2001.pdf>. The recovery approach is expanded in the same publication.

The *recovery principles* may be expressed in a range of ways, but for the purposes of this unit standard, they are defined as follows -

- a Recovery is based on the fact that people can recover from mental illness.
- b Recovery is born out of hope.
- c Recovery is a journey defined by the individual.
- d Recovery needs a supportive environment to thrive.
- e Recovery involves individuals redefining who they are in the presence of a psychiatric label.
- f Recovery is an active and ongoing process.
- g Recovery is a non-linear journey.
- h Recovery skills can be learnt.
- i Recovery involves a person educating themselves about their illness.

- j Recovery involves dealing with both internalised and external stigma and discrimination.

*Service user groups* include but are not limited to – Māori; Pacific people; other ethnic groups; older people; children and young people; people with intellectual disability; people with a physical disability; people with a sensory impairment.

## 2 Assessment notes

This unit standard covers the competency of critiquing and interpreting one already completed research project that is relevant to the provision of mental health support work to a service user group. It does not require a mental health support worker to design or implement a research project. The competencies covered by this unit standard should therefore not require approval from an ethics committee.

The following applies to the performance of all elements of this unit standard. All activities must comply with -

- a service provider guidelines, protocols, staff manuals, strategic plans, kawa, tikanga;
- b *Recovery competencies for New Zealand mental health workers* (op. cit.) (all Recovery Competencies).
- c relevant cultural, legislative, and regulatory requirements, which include but are not limited to -Health and Disability Commissioner (Code of Health and Disability Services Consumers' Rights) Regulations 1996; New Zealand Standards (NZS) 8134:2001 Health and Disability Sector Standards – Te Awarua o te Hauora; New Zealand Standard (NZS) 8143:2001 National Mental Health Sector Standard – He Whariki Oranga Hinengaro; Health and Disability Services (Safety) Act 2001; Health and Safety in Employment Act 1992; Human Rights Act 1993; Official Information Act 1982; Privacy Act 1993.

## 3 Resources may include but are not limited to -

- a Peterson, Debbie. March 1999. *Encouraging ethical and non-discriminatory research with mental health consumers: A discussion paper*. Occasional Publications: No 1 December 1998. Wellington: Mental Health Commission. Available on the Mental Health Commission website:  
<https://thehub.swa.govt.nz/assets/Uploads/Encouraging-ethical-and-non-discriminatory-resarch-with-mental-health-consumers-March-1999.pdf>.

## 4 Sources for the recovery approach include -

- a *Recovery competencies for New Zealand mental health workers* (op. cit.). Note: this unit standard may include aspects of all of the recovery competencies. To locate further relevant sources, people should refer to the bibliographic references for each competency in Section C of this publication.
- b <https://mentalhealthrecovery.com/> . Note: particular attention should be paid to publications by Mary Ellen Copeland and Charles Rapp that are either included on or referenced by this web page, or in the *Recovery competencies for New Zealand mental health support workers* (op. cit.).

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## Outcomes and performance criteria

### Outcome 1

Critique a research project relevant to mental health support work with a service user group.

Range evidence is required for one completed research project.

### Performance criteria

1.1 The critique explains the methods employed in achieving the findings in the research project.

Range methods include – formulation of research topic and research statements; research design; identification of sources of information; literature review; information gathering techniques; recording; quantitative and qualitative analysis; presentation of research findings;  
evidence is required of three.

1.2 Methods employed in the research project are critiqued for validity and reliability.

1.3 The methods are critiqued for compliance with ethical standards for research into mental health support work with a service user group.

Range ethical standards – prescribed by local or national ethics bodies governing the research project.

### Outcome 2

Interpret the findings of a research project relevant to mental health support work with a service user group.

### Performance criteria

2.1 The interpretation identifies and summarises the findings from the research project in terms of their relevance to the research questions.

2.2 The interpretation includes an assessment of the findings in terms of their potential value and application to mental health support work with a service user group.

2.3 Implications of the findings for ways in which services may be offered to consumers/tangata whai ora from the service user group, and their families or whānau, are assessed in terms of the recovery approach and recovery principles.

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**This unit standard is expiring. Assessment against the standard must take place by the last date for assessment set out below.**

**Status information and last date for assessment for superseded versions**

Process	Version	Date	Last Date for Assessment
Registration	1	25 June 2007	31 December 2021
Rollover and Revision	2	18 May 2012	31 December 2021
Review	3	28 May 2020	31 December 2021

**Consent and Moderation Requirements (CMR) reference**

0024

This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.