

<b>Title</b>	<b>Demonstrate knowledge of the impact of mental illness on a person with an intellectual disability</b>		
<b>Level</b>	<b>3</b>	<b>Credits</b>	<b>3</b>

<b>Purpose</b>	People credited with this unit standard are able to, for a person with an intellectual disability: define mental illness; describe factors that affect individual mental health; and describe conditions frequently associated with mental illness and their impact on a person with an intellectual disability.
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<b>Classification</b>	Health, Disability, and Aged Support > Health and Disability Principles in Practice
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<b>Available grade</b>	Achieved
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## Guidance Information

- 1 Code relevant to this unit standard:  
Health and Disability Commissioner (Code of Health and Disability Services Consumers' Rights) Regulations 1996 (the Code).
- 2 New Zealand Standard relevant to this unit standard:  
NZS 8134.1:2008 *Health and disability services (core) Standards*. Available at: <https://www.standards.govt.nz/>.
- 3 References:  
Examples of recognised sources include but are not limited to:
  - Cooper, J.E and World Health Organisation, *Pocket Guide to ICD – 10 Classification of Mental and Behavioural Disorders with Glossary and Diagnostic Criteria for Research: DCR–10* (Geneva: Elsevier Health Sciences, 1994);
  - *Diagnostic and Statistical Manual of Mental Disorders (DSM-5) 5<sup>th</sup> edition* (Arlington, VA: American Psychiatric Association, 2013).

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## Outcomes and performance criteria

### Outcome 1

Define mental illness for a person with an intellectual disability.

### Performance criteria

- 1.1 Mental illness for a person with an intellectual disability is defined in accordance with a recognised source.

**Outcome 2**

Describe factors that affect individual mental health for a person with an intellectual disability.

Range evidence is required of a minimum of four factors which may include but are not limited to – physical (genetic, chemical), environmental (housing, employment), psychological (grief, loss, stress), societal (gender, culture, discrimination).

**Performance criteria**

2.1 Factors which affect individual mental health are described in terms of their impact on a person with an intellectual disability.

**Outcome 3**

Describe conditions frequently associated with mental illness and their impact on a person with an intellectual disability.

Range evidence is required of three conditions may include but are not limited to – schizophrenia, bipolar disorder, depression, generalised anxiety disorder.

**Performance criteria**

3.1 Conditions are defined in relation to their possible causes and impacts on a person with an intellectual disability.

3.2 Conditions are described in relation to at least two defining characteristics of the condition and the impact on a person with an intellectual disability.

3.3 Conditions are described in terms of the specific support needs required for a person with an intellectual disability.

Range includes but is not limited to – physical, social, cognitive, cultural.

<b>Planned review date</b>	31 December 2024
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**Status information and last date for assessment for superseded versions**

Process	Version	Date	Last Date for Assessment
Registration	1	20 March 2008	31 December 2021
Review	2	23 April 2020	N/A

<b>Consent and Moderation Requirements (CMR) reference</b>	0024
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This CMR can be accessed at <https://www.nzqa.govt.nz/framework/search/index.do>.

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**Comments on this unit standard**

Please contact Careerforce [info@careerforce.org.nz](mailto:info@careerforce.org.nz) if you wish to suggest changes to the content of this unit standard.