

Title	Describe benefits of and demonstrate behaviours that support advocacy and self-advocacy in a health or wellbeing setting		
Level	3	Credits	4

Purpose	<p>People credited with this unit standard are able to, for a person being supported in a health or wellbeing setting:</p> <ul style="list-style-type: none"> describe the benefits of advocacy and self-advocacy; demonstrate behaviours that support advocacy and/or self-advocacy.
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Classification	Health, Disability, and Aged Support > Community Support Services
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Available grade	Achieved
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Guidance Information

1 Assessment conditions
 Evidence for the practical components of this unit standard must be gathered in a health or wellbeing setting.

2 Assessment notes
 Demonstration of knowledge and skills must be in accordance with organisational policies and procedures.

Evidence generated for assessment against this standard must reflect workplace requirements specified in:

- NZS 8134.0:2008 *Health and disability services (general) Standard*;
- NZS 8134.1:2008 *Health and disability services (core) Standards*;
- NZS 8134.3:2008 *Health and disability services (infection prevention and control) Standards*;
- NZS 8158:2012 *Home and community support sector Standard*; available at <https://www.standards.co.nz/>.

3 Definitions
Behaviours that support advocacy and/or self-advocacy may include but are not limited to – listening, problem solving, responsiveness, assertion, challenging stigma and discrimination, negotiation, networking, accessing and assessing information and resources, conflict resolution, identifying and assessing risk.
Health or wellbeing setting may include but is not limited to – the aged care, acute care, community support, disability, mental health, and social services sectors.
Organisational policies and procedures are the policies, procedures and methodologies of an organisation. They include legislative and regulatory requirements which may apply across an organisation, a specific site, or a workplace. Requirements are documented in organisational health and safety plans, contract

work programmes, quality assurance programmes, policies and procedural documents.

Person – a person accessing services. Other terms used for ‘person’ may include client, consumer, customer, patient, individual, resident, tūroro or tangata whai ora.

Support should aim to maintain, improve, or restore a person’s independence by utilising existing strengths and appropriate resources; but may include providing assistance to enable a person’s health and wellbeing needs to be met.

Outcomes and performance criteria

Outcome 1

Describe the benefits of advocacy and self-advocacy for a person in a health or wellbeing setting.

Performance criteria

1.1 Advocacy and self-advocacy for a person are described in terms of their benefits.

Range benefits must include but are not limited to – empowerment, respect for the person’s choices and decision-making, individualised care.

Outcome 2

Demonstrate behaviours that support advocacy and/or self-advocacy for a person a health or wellbeing setting.

Performance criteria

2.1 Behaviours that support advocacy and/or self-advocacy for the person are demonstrated.

Range evidence is required of three behaviours to one advocacy and/or self-advocacy situation.

2.2 Behaviours that contribute to empowerment and meeting the person’s choices and/or decisions are demonstrated.

2.3 Behaviours that ensure respect for the person are demonstrated.

Planned review date	31 December 2026
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Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	25 October 2007	31 December 2017
Revision	2	21 January 2011	31 December 2017
Review	3	16 April 2015	31 December 2022
Rollover and Revision	4	26 September 2019	31 December 2022
Review	5	29 April 2021	N/A

Consent and Moderation Requirements (CMR) reference

0024

This CMR can be accessed at <https://www.nzqa.govt.nz/framework/search/index.do>.

Comments on this unit standard

Please contact Careerforce info@careerforce.org.nz if you wish to suggest changes to the content of this unit standard.