

Title	Demonstrate knowledge of advocacy and self-advocacy in a health or wellbeing setting		
Level	3	Credits	4

Purpose	<p>This unit standard is for people providing services in a health or wellbeing setting.</p> <p>People credited with this unit standard are able to: describe advocacy and self-advocacy; and apply strategies to advocate and/or support self-advocacy for a person being supported, in a health or wellbeing setting.</p>
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Classification	Health, Disability, and Aged Support > Community Support Services
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Available grade	Achieved
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Guidance Information

- 1 Legislation and codes relevant to this unit standard include but are not limited to: Health and Disability Commissioner (Code of Health and Disability Services Consumers' Rights) Regulations 1996 (the Code of Rights); Health and Disability Services (Safety) Act 2001; Health and Safety at Work Act 2015; Human Rights Act 1993; Privacy Act 1993.
- 2 New Zealand Standards relevant to this unit standard include but are not limited to: NZS 8134.0:2008 *Health and disability services Standards – Health and disability services (general) Standard*; NZS 8134.1:2008 *Health and disability services Standards – Health and disability services (core) Standards*; NZS 8134.3:2008 *Health and disability services Standards – Health and disability services (infection prevention and control) Standards*; NZS 8158:2012 *Home and community support sector Standard*; available at <http://www.standards.co.nz/>.
- 3 In the context of this unit standard, *support* should aim to maintain, improve, or restore a person's independence and/or interdependence by utilising the person's existing strengths and appropriate resources; but may include providing assistance to enable a client's health and wellbeing needs to be met.
- 4 Definition
Health or wellbeing setting includes but is not limited to – the aged care, acute care community support, disability, mental health, and social services sectors.

Organisational policies and procedures – policies, procedures and methodologies of an organisation. They include legislative and regulatory requirements which may apply across a company, a specific site, or a workplace. Requirements are documented in the company's health and safety plans, contract work programmes, quality assurance programmes, policies and procedural documents.

Person – a person accessing services. Other terms used for the person may include client, consumer, customer, patient, individual, resident, service user, tūroro or tangata whai ora.

- 5 Evidence for the practical components of this unit standard must be gathered in the workplace.

Outcomes and performance criteria

Outcome 1

Describe advocacy and self-advocacy in a health or wellbeing setting.

Performance criteria

- 1.1 Role of an advocate is described in terms of its key aspects.
- 1.2 Self-advocacy is described in terms of its significance in any advocacy interaction.
- 1.3 Advocacy and self-advocacy are described in terms of their differences.
Range evidence is required of two differences.
- 1.4 The concepts of empowerment and disempowerment are described in terms of their relationship to advocacy and self-advocacy.
- 1.5 The concept of respect for the person's choices and decision-making is described in terms of advocacy and self-advocacy.

Outcome 2

Apply strategies to advocate and/or support self-advocacy for a person being supported in a health or wellbeing setting.

Performance criteria

- 2.1 Strategies are selected and applied to advocate and/or support self-advocacy for the person being supported.
Range may include but is not limited to – listening, problem solving, responsiveness, assertion, challenging stigma and discrimination, negotiation, networking, accessing and assessing information and resources, conflict resolution, identifying and assessing risk; evidence is required of the application of three strategies to one advocacy and/or self-advocacy situation.

- 2.2 Advocacy and support for self-advocacy process contributes to meeting the choices and/or decisions of the person being supported.
- 2.3 Advocacy and/or support for self-advocacy process is in accordance with empowerment processes.
- 2.4 Advocacy and/or support for self-advocacy ensures respect for the person being supported in accordance with organisational policies and procedures.

Planned review date	31 December 2021
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Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	25 October 2007	31 December 2017
Revision	2	21 January 2011	31 December 2017
Review	3	16 April 2015	N/A
Rollover and Revision	4	26 September 2019	N/A

Consent and Moderation Requirements (CMR) reference	0024
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This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

Comments on this unit standard

Please contact Careerforce info@careerforce.org.nz if you wish to suggest changes to the content of this unit standard.