

<b>Title</b>	<b>Support a person to meet personal care needs in a health or wellbeing setting</b>		
<b>Level</b>	<b>3</b>	<b>Credits</b>	<b>5</b>

<b>Purpose</b>	People credited with this unit standard are able to support a person to meet personal care needs, in a health or wellbeing setting.
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<b>Classification</b>	Health, Disability, and Aged Support > Community Support Services
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<b>Available grade</b>	Achieved
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### Guidance Information

- 1 Assessment conditions  
Evidence for the practical components of this unit standard must be gathered in a health or wellbeing setting.
- 2 Assessment notes  
Evidence generated for assessment against this standard must be in accordance with organisational policies and procedures.
- 3 In the context of this unit standard, *support* should aim to maintain, improve, or restore a person's independence and/or interdependence by utilising the person's existing strengths and appropriate resources; but may include providing assistance to enable a person's health and wellbeing needs to be met.
- 4 Definitions  
*Functional ability* is the physical, psychological, cognitive, and social ability required to carry on normal activities of life.  
*Health or wellbeing setting* includes but is not limited to: the aged care, acute care, community support, disability, mental health, rehabilitation, social services and youth development sectors.  
*Organisational policies and procedures* are the policies, procedures, and methodologies used in an organisation. They include legislative and regulatory requirements which may apply across an organisation, a specific site, or a workplace. Requirements are documented in organisational health and safety plans, contract work programmes, quality assurance programmes, policies, and procedural documents such as job descriptors and employment contracts.  
*Person* is the individual accessing services. Other terms used for the person may include client, consumer, customer, patient, individual, resident, or service user.  
*Personal cares* are activities undertaken to maintain a person's dignity, comfort, or hygiene.

*Personal plan* is an individual or group plan developed for people receiving support. It may include their family and whānau.

*Preferred communication method* may include but is not limited to: verbal communication, pictures, symbols, signs, sign language and other communication devices, gestures.

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## Outcomes and performance criteria

### Outcome 1

Support a person to meet personal care needs in a health or wellbeing setting.

Range five different personal cares.

### Performance criteria

- 1.1 Personal care needs are identified in accordance with the person's personal plan and functional ability.
- 1.2 Support with personal care needs is in accordance with the person's personal plan.
- 1.3 Support with personal care needs is in accordance with the person's functional ability.

Range functional ability may include but is not limited to – cognitive, physical, psychological, sensory, social.

- 1.4 The preferred communication method of the person being supported is used.

Range preferred communication method may include but is not limited to – gestures, sign language pictures, signs, symbols and other communication devices, verbal and non-verbal communication.

- 1.5 Support respects the person's rights and preferences, and promotes their independence.

Range rights and preferences may include but are not limited to – choice, confidentiality, cultural identity, dignity, preferred name, privacy.

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<b>Replacement information</b>	This unit standard and unit standard 23387 replaced unit standard 5019.
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<b>Planned review date</b>	31 December 2026
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**Status information and last date for assessment for superseded versions**

Process	Version	Date	Last Date for Assessment
Registration	1	25 October 2007	31 December 2012
Review	2	21 January 2011	31 December 2016
Revision	3	14 December 2012	31 December 2016
Review	4	19 March 2015	31 December 2023
Rollover and Revision	5	26 September 2019	31 December 2023
Review	6	24 March 2022	N/A

**Consent and Moderation Requirements (CMR) reference**

0024

This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

**Comments on this unit standard**

Please contact Toitū te Waiora Community, Health, Education, and Social Services Workforce Development Council [qualifications@toitutewaiora.nz](mailto:qualifications@toitutewaiora.nz) if you wish to suggest changes to the content of this unit standard.