

<b>Title</b>	<b>Describe techniques for moving equipment and people in a health or wellbeing setting</b>		
<b>Level</b>	<b>2</b>	<b>Credits</b>	<b>3</b>

<b>Purpose</b>	<p>This entry-level unit standard is for people providing services in a health or wellbeing setting.</p> <p>People credited with this unit standard are able to describe techniques for: moving equipment; and for supporting people to move, in a health or wellbeing setting.</p>
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<b>Classification</b>	Health, Disability, and Aged Support > Community Support Services
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<b>Available grade</b>	Achieved
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### Guidance Information

- 1 Legislation and codes relevant to this unit standard include but are not limited to: Health and Disability Commissioner (Code of Health and Disability Services Consumers' Rights) Regulations 1996 (the Code of Rights); Health and Disability Services (Safety) Act 2001; Health and Safety at Work Act 2015 Human Rights Act 1993; Privacy Act 1993.
- 2 New Zealand Standards relevant to this unit standard include but are not limited to: NZS 8134.0:2008 *Health and disability services Standards – Health and disability services (general) Standard*; NZS 8134.1:2008 *Health and disability services Standards – Health and disability services (core) Standards*; NZS 8134.3:2008 *Health and disability services Standards – Health and disability services (infection prevention and control) Standards*; NZS 8158:2012 *Home and community support sector Standard*; available at <http://www.standards.co.nz/>.
- 3 Definitions  
*Assist(ing) people to move using normal movement patterns* – guiding people so they are enabled to move using their normal movement patterns in accordance with their current capacity and any limitations they may be experiencing. The primary emphasis is upon step by step coaching and guidance (rather than physical support) from the support worker.  
*DPI* – discomfort, pain, and injury. The *Discomfort, Pain and Injury Programme (DPI Programme)* and the *DPI Framework* are explained in Section 2 of the Guidelines (referenced in Resources below). The *seven groups of factors that combine to contribute to discomfort, pain, and injury* are outlined in the DPI Framework.

*Health or wellbeing setting* includes but is not limited to – the aged care, acute care, community support, disability, mental health, and social services sectors.

*Organisational policies and procedures* – policies, procedures and methodologies of an organisation. They include legislative and regulatory requirements which may apply across a company, a specific site, or a workplace. Requirements are documented in the company's health and safety plans, contract work programmes, quality assurance programmes, policies and procedural documents.

*Person* – a person accessing services. Other terms used for the person may include client, consumer, customer, patient, individual, resident, service user, tūroro, or tangata whai ora.

#### 4 Resources

Accident Compensation Corporation (ACC), *Moving and handling people: The New Zealand Guidelines 2012*. (Wellington: ACC, 2012). (the Guidelines). Available from <http://www.acc.co.nz>.

Other relevant ACC resources are available at <https://www.acc.co.nz/resources>, filtering by category "Injury prevention" and sub-category "Safety at Work".

WorkSafe New Zealand, *Introduction to the Health and Safety at Work Act 2015*. (Wellington: Worksafe, 2016). Available from

<https://worksafe.govt.nz/dmsdocument/824-introduction-to-the-health-and-safety-at-work-act-2015-special-guide>.

More information is available at <https://www.employment.govt.nz/workplace-policies/health-and-safety-at-work/>.

Moving and Handling Association of New Zealand's website – <http://www.mhanz.org.nz/>.

## Outcomes and performance criteria

### Outcome 1

Describe techniques for moving equipment in a health or wellbeing setting.

Range forms of equipment may include but are not limited to – bedding, furniture, household appliances, household waste, laundry, moving aids, outdoor equipment, personal mobility aids.

### Performance criteria

1.1 Techniques for moving equipment are described in accordance with the references and organisational policies and procedures.

Range evidence is required for one technique for each of four different forms of equipment.

1.2 The described techniques reduce the risk of discomfort, pain, and injury in accordance with the DPI Framework.

Range evidence is required in relation to the seven groups of factors that combine to contribute to discomfort, pain, and injury.

**Outcome 2**

Describe techniques for supporting people to move in a health or wellbeing setting.

Range techniques may include – those that assist people to move using normal movement patterns, those that involve the use of equipment that is specific to a person's needs.

**Performance criteria**

2.1 Techniques for supporting people to move are described in accordance with the references and organisational policies and procedures.

Range evidence is required for four techniques that provide for comfort, dignity, and reduced risk of DPI for the person and for the mover/s.

<b>Planned review date</b>	31 December 2021
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**Status information and last date for assessment for superseded versions**

Process	Version	Date	Last Date for Assessment
Registration	1	25 June 2007	31 December 2014
Revision	2	21 January 2011	31 December 2016
Rollover and Revision	3	16 May 2013	31 December 2016
Revision	4	17 April 2014	31 December 2016
Review	5	19 March 2015	N/A
Rollover and Revision	6	26 September 2019	N/A

<b>Consent and Moderation Requirements (CMR) reference</b>	0024
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This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

**Comments on this unit standard**

Please contact Careerforce [info@careerforce.org.nz](mailto:info@careerforce.org.nz) if you wish to suggest changes to the content of this unit standard.