

Title	Describe diversional and recreational therapy		
Level	3	Credits	4

Purpose	People credited with this unit standard are able to describe: <ul style="list-style-type: none"> the history, philosophy, purpose, and benefits of diversional and recreational therapy; the role and required skills of a diversional and recreational therapist.
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Classification	Health, Disability, and Aged Support > Diversional Therapy
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Available grade	Achieved
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Guidance Information

References

New Zealand Society of Diversional and Recreational Therapists Inc. (2018). *Standards of Practice*. Retrieved from

https://drive.google.com/file/d/1DMI9ioDzefh6gc_HVkvkofZHmoKA2sHW/view.

New Zealand Society of Diversional and Recreational Therapy. (n.d.). *Code of Ethics*.

Retrieved May 26, 2021 from https://diversionaltherapy.net.nz/?page_id=4638.

New Zealand Society of Diversional and Recreational Therapy. (n.d.). *DT-History*.

Retrieved May 26, 2021 from https://diversionaltherapy.net.nz/?page_id=4610.

Outcomes and performance criteria

Outcome 1

Describe the history, philosophy, purpose, and benefits of diversional and recreational therapy.

Performance criteria

- 1.1 The historical development of diversional and recreational therapy in New Zealand is described.
- 1.2 The philosophy of diversional and recreational therapy in New Zealand is described.
- 1.3 The purpose of diversional and recreational therapy is described.
- 1.4 The benefits of diversional and recreational therapy are described.

Outcome 2

Describe the role and required skills of a diversional and recreational therapist.

Performance criteria

- 2.1 The diversional and recreational therapist role in promoting a person's wellbeing is described.
- Range socialisation, personal fulfilment, community integration, enhancing life skills, meaningful and positive experiences, maximising autonomy.
- 2.2 Specialist skills required by a diversional and recreational therapist are described in accordance with the *Standards of Practice* and *Code of Ethics*.
- 2.3 The differences between diversional and recreational therapy and occupational therapy are described in terms of the defining competencies or standards of practice.

Replacement information	This unit standard replaced unit standard 5785.
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Planned review date	31 December 2026
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Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	17 April 2009	31 December 2023
Rollover and Revision	2	26 September 2019	31 December 2023
Review	3	26 August 2021	N/A

Consent and Moderation Requirements (CMR) reference	0024
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This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

Comments on this unit standard

Please contact Careerforce info@careerforce.org.nz if you wish to suggest changes to the content of this unit standard.