

Title	Develop a support plan with a person in a health, disability, or community setting		
Level	5	Credits	10

Purpose	People credited with this unit standard are able to: confirm with a person, and/or the person's family/whānau, or support networks the person's goals, desired outcomes, and preferences; identify potential resources and supports with a person, and/or the person's family/whānau, or support networks; select preferred resources and supports with a person, and/or the person's family/whānau, or support networks; and confirm and document a support plan with a person, and/or the person's family/whānau, or support networks, in a health, disability, or community setting.
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Classification	Health, Disability, and Aged Support > Community Support Services
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Available grade	Achieved
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Guidance Information

- 1 Legislation and Code relevant to this unit standard includes but is not limited to:
 - Health and Disability Commissioner (Code of Health and Disability Services Consumers' Rights) Regulations 1996;
 - Health and Disability Services (Safety) Act 2001;
 - Health and Safety at Work Act 2015;
 - Human Rights Act 1993;
 - Privacy Act 2020.
- 2 New Zealand Standards relevant to this unit standard include:
 - NZS 8134.0:2008 *Health and disability services (general) Standard*;
 - NZS 8134.1:2008 *Health and disability services (core) Standards*;
 - NZS 8134.2:2008 *Health and disability services (restraint minimisation and safe practice) Standards*;
 - NZS 8134.3:2008 *Health and disability services (infection prevention and control) Standards*;
 - NZS 8158:2012 *Home and Community Support Sector Standard*, available from <https://www.standards.govt.nz/>.
- 3 Definitions:
 - *Organisational policies and procedures* are the policies, procedures, and methodologies of an organisation. They include legislative and regulatory requirements which may apply across an organisation, a specific site, or a workplace. Requirements are documented in organisational health and safety

plans, contract work programmes, quality assurance programmes, policies and procedural documents.

- *Support* should aim to maintain, improve, or restore a person's independence and/or interdependence; utilise the person's existing strengths; and – where possible – utilise the resources of the local community.
- *Support needs* may include, but are not limited to –
 - *Natural supports* refer to any assistance, relationships, or interactions provided to a person by families/whānau, friends, peers, co-workers, or community volunteers. In a specifically Māori context, natural supports may include but are not limited to – kaumātua, kuia, tohunga, whānau, iwi, and hapū.
 - *Community supports* refer to a range of services (both funded and unfunded) that assist people to live in a supported community environment. For example, the Ministry of Health's funded 'Home and Community Support Services', Supported Living' and 'Individualised Funding'.

- 4 This unit standard cannot be assessed against in a simulated environment. For assessment, candidates must demonstrate competence in the workplace through paid or unpaid employment, or in placements in a service provider workplace negotiated by an education provider.
- 5 When a person can make the decision to involve family/whānau or support networks it will be the decision of the person receiving the service.
- 6 The support plan can be based on an assessment that may have been developed by a person other than the candidate seeking credit for this unit standard. The agreed needs and goals referred to in this unit standard are those needs and goals that were documented as part of that assessment process.

Outcomes and performance criteria

Outcome 1

Confirm with a person, and/or the person's family/whānau, or support networks the person's goals, desired outcomes, and preferences in a health, disability, or community setting.

Performance criteria

- 1.1 Goals, desired outcomes, and preferences are confirmed in terms of achievability and currency and in accordance with the person's choices.

Outcome 2

Identify potential resources and supports with a person, and/or the person's family/whānau, or support networks in a health, disability, or community setting.

Performance criteria

- 2.1 Potential resources and supports are identified in accordance with the person's agreed needs and goals.

2.2 Potential resources and supports are identified in terms of their availability.

Outcome 3

Select preferred resources and supports with a person, and/or the person's family/whānau, or support networks in a health, disability, or community setting.

Performance criteria

- 3.1 Preferred resources and supports are selected in accordance with the person's agreed needs, goals and availability.
- 3.2 Preferred resources and supports are selected in accordance with organisational policies and procedures.
- 3.3 Potential barriers to accessing preferred resources and supports are identified and explained with possible options presented.

Outcome 4

Confirm and document a support plan with a person, and/or the person's family/whānau, or support networks in a health, disability, or community setting.

Performance criteria

- 4.1 The support plan is developed with a person, and/or the person's family/whānau, or support networks in accordance with agreed needs, goals, choices, preferred outcomes, resources, and available support.
- 4.2 The support plan is documented in accordance with organisational policies, procedures, and contractual requirements.
- 4.3 The support plan identifies and records unmet needs in accordance with organisational policies and procedures.
- 4.4 The support plan is provided in a format that meets the preferences of the person, and/or the person's family/whānau, or support networks.

Replacement information	This unit standard replaced unit standard 16872.
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Planned review date	31 December 2025
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Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	20 March 2008	31 December 2022
Revision	2	21 January 2011	31 December 2022
Review	3	25 February 2021	N/A

Consent and Moderation Requirements (CMR) reference

0024

This CMR can be accessed at <https://www.nzqa.govt.nz/framework/search/index.do>

Comments on this unit standard

Please contact Careerforce info@careerforce.org.nz if you wish to suggest changes to the content of this unit standard.