

<b>Title</b>	<b>Demonstrate knowledge of individual and group characteristics and needs for coaching participants in sport</b>		
<b>Level</b>	<b>3</b>	<b>Credits</b>	<b>3</b>

<b>Purpose</b>	People credited with this unit standard are able to demonstrate knowledge of individual and group characteristics and needs for coaching participants in sport.
----------------	---

<b>Classification</b>	Recreation and Sport > Recreation and Sport - Coaching and Instruction
-----------------------	--

<b>Available grade</b>	Achieved
------------------------	----------

---

### Guidance Information

- 1 All learning and assessment within this unit standard must be carried out in accordance with the following:
  - relevant legislation including Health and Safety at Work Act 2015, Vulnerable Children Act 2014, and any subsequent amendments;
  - organisational policies and procedures including Emergency Action Plans (EAPs), Standard Operating Procedures (SOPs) or Normal Operating Procedures (NOPs), and the use of personal protective equipment (PPE).
- 2 Further information regarding industry guidelines, key definitions and other relevant information can be found within the Sport Coaching programme guidance document. This document should be consulted when developing learning or assessment against this unit standard. It can be found at [www.skillsactive.org.nz](http://www.skillsactive.org.nz).

---

### Outcomes and performance criteria

#### Outcome 1

Demonstrate knowledge of individual and group characteristics and needs for coaching participants in sport.

#### Performance criteria

- 1.1 Identify general physical, emotional, social, and cognitive characteristics of sport participants from a selected sport community.
- 1.2 Identify the physical, emotional, social, and cognitive characteristics of the selected sport coaching participants.
- 1.3 Describe how the individual needs of the selected sport coaching participants can be met during a coaching session.

- 1.4 Describe how the individual needs of the selected sport coaching participants vary for a coaching session.
- 1.5 Describe how the group needs of the selected sport coaching participants can be met during a coaching session.
- 1.6 Identify activities for a coaching session to meet participants' characteristics and needs within the selected group.

<b>Planned review date</b>	31 December 2023
----------------------------	------------------

#### Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	16 April 2010	31 December 2012
Review	2	20 August 2010	31 December 2012
Rollover and Revision	3	20 May 2011	31 December 2020
Review	4	28 February 2019	N/A

<b>Consent and Moderation Requirements (CMR) reference</b>	0099
--	------

This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

#### Comments on this unit standard

Please contact Skills Active Aotearoa Limited [info@skillsactive.org.nz](mailto:info@skillsactive.org.nz) if you wish to suggest changes to the content of this unit standard.