

Title	Demonstrate and apply knowledge of leadership as a sport coach		
Level	3	Credits	2

Purpose	<p>This unit standard is aimed primarily at sport coaches referred to as 'developing coaches' in the Sport and Recreation New Zealand (SPARC) <i>Coach Development Framework</i>.</p> <p>People credited with this unit standard are able to: explain leadership definitions and principles in sport coaching; and demonstrate and apply knowledge of own leadership style or styles in sport coaching.</p>
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Classification	Recreation and Sport > Recreation and Sport - Coaching and Instruction
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Available grade	Achieved
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Entry information	
Recommended skills and knowledge	Unit 25805, <i>Demonstrate and apply knowledge of individual and group characteristics and needs for coaching activities in recreation</i> , or demonstrate equivalent knowledge and skills.

Explanatory notes

- 1 All activities must be consistent with the Health and Safety in Employment Act 1992.
- 2 This unit standard relates to leadership definitions and principles, and personal leadership styles in *Leadership Module 1: Leadership* in the SPARC *Coach Development Framework*, summary document 'Coach Development Framework – Developing Coach Learning Outcomes' available at <http://www.sparc.org.nz/search/> key words 'Developing Coach Learning Outcomes'; use link 'Summary Learning Outcomes'.

A PDF copy of the SPARC *Coach Development Framework* booklet is available at <http://www.sparc.org.nz/en-nz/communities-and-clubs/Coaching/Coach-Development--Education/Coach-Development-Framework1/>.

In addition, SPARC has developed learning support materials that may be useful to national sport organisations and others in designing coach development programmes related to the Coach Development Framework learning outcomes. These materials are not intended to be used directly for assessment purposes against unit standards. Links to these learning support materials are listed in relation to Coach Development Framework learning areas in a table beneath the heading 'Coach Development Modules – Learning Resources and Materials' at <http://www.sparc.org.nz/en-nz/communities-and-clubs/Coaching/Coach-Development--Education/Framework-programme-materials/>.

3 Definition

Sport coaching community refers to a coaching community (of athletes) primarily, but not exclusively, recognised in terms of age and/or stage by SPARC in the Coach Development Framework and/or by a national sport organisation.

Outcomes and evidence requirements

Outcome 1

Explain leadership definitions and principles in sport coaching.

Evidence requirements

- 1.1 Leadership definitions and principles in sport coaching are explained in terms relevant to the concept of coach as leader.

Range concepts may include but are not limited to – influencing, enabling learning, enabling change, use of power, empowerment, promotion and role modelling of values, achieving balance, time management, caring for athletes, impact on others, situational considerations.

Outcome 2

Demonstrate and apply knowledge of own leadership style or styles in sport coaching.

Evidence requirements

- 2.1 Identification of own sport coaching leadership style or styles is applied in relation to a specified sport coaching leadership style.

Range sport coaching leadership styles may include but are not limited to – coach centred – autocratic, authoritarian, command, instructional;
athlete centred – empowering, democratic, cooperative;
laissez faire – submissive.

- 2.2 Reflection on leadership style or styles, as applied in own coaching practice with a sport coaching community, draws conclusions as to the suitability of the leadership style or styles for the athletes being coached and the coaching situation or situations.

Planned review date	31 December 2012
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Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	16 April 2010	31 December 2012
Rollover and Revision	2	20 May 2011	N/A

Consent and Moderation Requirements (CMR) reference	0099
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This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

Please note

Providers must be granted consent to assess against standards (accredited) by NZQA, before they can report credits from assessment against unit standards or deliver courses of study leading to that assessment.

Industry Training Organisations must be granted consent to assess against standards by NZQA before they can register credits from assessment against unit standards.

Providers and Industry Training Organisations, which have been granted consent and which are assessing against unit standards must engage with the moderation system that applies to those standards.

Requirements for consent to assess and an outline of the moderation system that applies to this standard are outlined in the Consent and Moderation Requirements (CMRs). The CMR also includes useful information about special requirements for organisations wishing to develop education and training programmes, such as minimum qualifications for tutors and assessors, and special resource requirements.

Comments on this unit standard

Please contact Skills Active Aotearoa Limited info@skillsactive.org.nz if you wish to suggest changes to the content of this unit standard.