

<b>Title</b>	<b>Design, implement and review a team building activity for a group of athletes</b>		
<b>Level</b>	<b>4</b>	<b>Credits</b>	<b>2</b>

<b>Purpose</b>	<p>This unit standard is aimed primarily at sport coaches referred to as 'developing coaches' in the Sport and Recreation New Zealand (SPARC) <i>Coach Development Framework</i>.</p> <p>People credited with this unit standard are able to: design a team building activity for a group of athletes; and implement and review the team building activity.</p>
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<b>Classification</b>	Recreation and Sport > Recreation and Sport - Coaching and Instruction
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<b>Available grade</b>	Achieved
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<b>Entry information</b>	
<b>Recommended skills and knowledge</b>	Unit 25808, <i>Demonstrate and apply knowledge of vision, values, and group culture as a sport coach</i> , or demonstrate equivalent knowledge and skills.

### Explanatory notes

- 1 All activities must comply with the Health and Safety in Employment Act 1992.
- 2 This unit standard relates to the learning outcomes covering *teambuilding activity* in *Leadership Module 1: Leadership* in the SPARC *Coach Development Framework*, summary document 'Coach Development Framework – Developing Coach Learning Outcomes' available at <http://www.sparc.org.nz/search/> key words 'Developing Coach Learning Outcomes'; use link 'Summary Learning Outcomes'.

A PDF copy of the SPARC *Coach Development Framework* booklet is available at <http://www.sparc.org.nz/en-nz/communities-and-clubs/Coaching/Coach-Development--Education/Coach-Development-Framework1/>.

In addition, SPARC has developed learning support materials that may be useful to national sport organisations and others in designing coach development programmes related to the Coach Development Framework learning outcomes. These materials are not intended to be used directly for assessment purposes against unit standards. Links to these learning support materials are listed in relation to Coach Development Framework learning areas in a table beneath the heading 'Coach Development Modules – Learning Resources and Materials' at <http://www.sparc.org.nz/en-communities-and-clubs/Coaching/Coach-Development--Education/Framework-programme-materials/>.

### 3 Definitions

*Group* refers to a group of athletes being coached, whether or not they perform as a team, a squad, or independently.

*Sport coaching community* refers to a coaching community (of athletes) primarily, but not exclusively, recognised in terms of age and/or stage by SPARC in the Coach Development Framework and/or by a national sport organisation.

*Team building activity*, for the purpose of this unit standard, refers to a significant activity that may be sport-specific or adventure-based and designed specifically for team building, or to a series of smaller but related team building activities that will significantly impact on the group culture and how the group operates.

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## Outcomes and evidence requirements

### Outcome 1

Design a team building activity for a group of athletes.

#### Evidence requirements

- 1.1 Designed team building activity is suited to the sport coaching community, the intended purpose, and the needs of the athletes.

Range the intended purpose may include but is not limited to – group relationships, communication, cooperation, goal setting, improved understanding of others, problem solving, decision making, creative thinking, physical evaluation of individuals, developing group tactics or strategies, exploring values established by the group.

### Outcome 2

Implement and review the team building activity.

#### Evidence requirements

- 2.1 The team building activity is implemented in accordance with the team building activity design and modifications are made during implementation, when required by athlete needs.

- 2.2 The team building activity is reviewed in terms of its ability to meet the intended objectives and the needs of the group of athletes and to identify any improvements for further team building activities.

<b>Planned review date</b>	31 December 2012
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#### Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	16 April 2010	31 December 2012
Rollover and Revision	2	20 May 2011	N/A

<b>Consent and Moderation Requirements (CMR) reference</b>	0099
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This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

#### Please note

Providers must be granted consent to assess against standards (accredited) by NZQA, before they can report credits from assessment against unit standards or deliver courses of study leading to that assessment.

Industry Training Organisations must be granted consent to assess against standards by NZQA before they can register credits from assessment against unit standards.

Providers and Industry Training Organisations, which have been granted consent and which are assessing against unit standards must engage with the moderation system that applies to those standards.

Requirements for consent to assess and an outline of the moderation system that applies to this standard are outlined in the Consent and Moderation Requirements (CMRs). The CMR also includes useful information about special requirements for organisations wishing to develop education and training programmes, such as minimum qualifications for tutors and assessors, and special resource requirements.

#### Comments on this unit standard

Please contact Skills Active Aotearoa Limited [info@skillsactive.org.nz](mailto:info@skillsactive.org.nz) if you wish to suggest changes to the content of this unit standard.