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| Title | Demonstrate and apply knowledge of fundamental movement skill learning in coaching of younger athletes | | |
| Level | 3 | Credits | 2 |

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| Purpose | <p>This unit standard is aimed primarily at sport coaches referred to as 'developing coaches' in the Sport and Recreation New Zealand (SPARC) Coach Development Framework and who coach younger athletes.</p> <p>People credited with this unit standard are able to demonstrate and apply knowledge of fundamental movement skill learning in coaching of younger athletes.</p> |
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| Classification | Recreation and Sport > Recreation and Sport - Coaching and Instruction |
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| Available grade | Achieved |
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| Recommended entry information | Unit 25805, <i>Demonstrate and apply knowledge of individual and group characteristics and needs for coaching activities in recreation.</i> |
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Guidance Information

- All activities must be consistent with the Health and Safety in Employment Act 1992.
- This unit standard relates to the learning outcomes for *Fundamental Movement Skills in Coaching Process Module 2: Skill Acquisition* in the SPARC Coach Development Framework summary document 'Coach Development Framework – Developing Coach Learning Outcomes' available at <http://www.sparc.org.nz/search/>, key words 'Developing Coach Learning Outcomes'; use link 'Summary Learning Outcomes'.

A PDF copy of the SPARC *Coach Development Framework* booklet is available at <http://www.sparc.org.nz/en-nz/communities-and-clubs/Coaching/Coach-Development--Education/Coach-Development-Framework1/>.

In addition, SPARC has developed learning support materials that may be useful to national sport organisations and others in designing coach development programmes related to the Coach Development Framework learning outcomes. These materials are not intended to be used directly for assessment purposes against unit standards. Links to these learning support materials are listed in relation to Coach Development Framework learning outcome areas in a table beneath the heading 'Coach Development Modules – Learning Resources and Materials' at

<http://www.sparc.org.nz/en-nz/communities-and-clubs/Coaching/Coach-Development--Education/Framework-programme-materials/>.

3 Definitions

Sport coaching community refers to a coaching community (of athletes) primarily, but not exclusively, recognised in terms of age and/or stage by SPARC in the Coach Development Framework and/or by a national sport organisation.

Younger athletes refers to athletes in the middle and/or late childhood sport coaching communities or equivalent in terms of stage of development.

Outcomes and performance criteria

Outcome 1

Demonstrate and apply knowledge of fundamental movement skill learning in coaching of younger athletes.

Performance criteria

- 1.1 Description of fundamental movement skills for younger athletes identifies eight fundamental movement skills; identifies each skill as a locomotor, stability, or manipulative skill; and describes how the skill contributes to participation in a selected sport.
- 1.2 The concept of spatial awareness is discussed in relation to fundamental movement skills.
- 1.3 Sport related activities are designed for six fundamental movement skills to enable athlete skill development.
- Range at least two each of – locomotor skills, stability skills, manipulative skills;
activity design may include but is not limited to specification of – the movement skill or concept involved, set-up, activity description, learning points, questions that might be asked, variations.
- 1.4 Two of the designed activities are incorporated into a sport coaching session, with any required modifications based on athlete needs.
- 1.5 Reflection on fundamental movement skill learning in coaching sessions identifies success of the activity in relation to developing the intended movement skill or concept, success of the activity, and any required improvements for future coaching practice.

This unit standard is expiring. Assessment against the standard must take place by the last date for assessment set out below.

Status information and last date for assessment for superseded versions

| Process | Version | Date | Last Date for Assessment |
|-----------------------|---------|------------------|--------------------------|
| Registration | 1 | 16 April 2010 | 31 December 2022 |
| Rollover and Revision | 2 | 20 May 2011 | 31 December 2022 |
| Review | 3 | 28 February 2019 | 31 December 2022 |

Consent and Moderation Requirements (CMR) reference

0099

This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.