

Title	Demonstrate and apply basic knowledge as a coach of the use and misuse of medications, drugs, and alcohol by athletes		
Level	3	Credits	2

Purpose	<p>This unit standard is aimed primarily at sport coaches referred to as 'developing coaches' in the Sport and Recreation New Zealand (SPARC) <i>Coach Development Framework</i>.</p> <p>People credited with this unit standard are able to demonstrate and apply basic knowledge as a coach of the use and misuse of medications, drugs, and alcohol by athletes.</p>
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Classification	Recreation and Sport > Recreation and Sport - Coaching and Instruction
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Available grade	Achieved
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Explanatory notes

- 1 Relevant legislation includes – Sports Anti-Doping Act 2006.
- 2 This unit standard relates to the learning outcomes covering *medicines, drugs and alcohol* in *Programme Management Module 4: Coach Smart* in the SPARC *Coach Development Framework*, summary document 'Coach Development Framework – Developing Coach Learning Outcomes' available at <http://www.sparc.org.nz/search/> key words 'Developing Coach Learning Outcomes'; use link 'Summary Learning Outcomes'.

A PDF copy of the SPARC *Coach Development Framework* booklet is available at <http://www.sparc.org.nz/en-nz/communities-and-clubs/Coaching/Coach-Development--Education/Coach-Development-Framework1/>.

In addition, SPARC has developed learning support materials that may be useful to national sport organisations and others in designing coach development programmes related to the Coach Development Framework learning outcomes. These materials are not intended to be used directly for assessment purposes against unit standards. Links to these learning support materials are listed in relation to Coach Development Framework learning areas in a table beneath the heading 'Coach Development Modules – Learning Resources and Materials' at <http://www.sparc.org.nz/en-nz/communities-and-clubs/Coaching/Coach-Development--Education/Framework-programme-materials/>.

- 3 Useful resources for this unit standard are the current versions of the Drug Free Sport NZ *Athlete Handbook* and *Athlete Rights and Responsibilities* and their cited resources, including *New Zealand Sport Anti-doping Rules, 2009*, available from <http://www.drugfreesport.org.nz>.
- 4 Definition
Sport coaching community refers to a coaching community (of athletes) primarily, but not exclusively, recognised in terms of age and/or stage by SPARC in the Coach Development Framework and/or by a national sport organisation.

Outcomes and evidence requirements

Outcome 1

Demonstrate and apply basic knowledge as a coach of the use and misuse of medications, drugs, and alcohol by athletes.

Evidence requirements

- 1.1 The common medical conditions or requirements, and the use of medications for these, are described in relation to a sport coaching community.
- Range common medical conditions or requirements may include but are not limited to – asthma; cough, cold, and flu; diarrhoea; vomiting; pain and/or inflammation; diabetes.
- 1.2 Implications of the use of medications, alcohol and prohibited drugs in sport are described in relation to a sport coaching community.
- Range may include but is not limited to – athlete health and wellbeing, athlete performance, impact on the reputation of the sport, impact on others.
- 1.3 Strategies for establishing and managing medication use, and to manage use or suspected misuse of drugs and alcohol, are developed in relation to circumstances of own athletes.
- Range may include but is not limited to – screening, in-training strategies, in-competition strategies, off-field strategies.

Planned review date	31 December 2012
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Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	16 April 2010	31 December 2012
Rollover and Revision	2	20 May 2011	N/A

Consent and Moderation Requirements (CMR) reference	0099
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This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

Please note

Providers must be granted consent to assess against standards (accredited) by NZQA, before they can report credits from assessment against unit standards or deliver courses of study leading to that assessment.

Industry Training Organisations must be granted consent to assess against standards by NZQA before they can register credits from assessment against unit standards.

Providers and Industry Training Organisations, which have been granted consent and which are assessing against unit standards must engage with the moderation system that applies to those standards.

Requirements for consent to assess and an outline of the moderation system that applies to this standard are outlined in the Consent and Moderation Requirements (CMRs). The CMR also includes useful information about special requirements for organisations wishing to develop education and training programmes, such as minimum qualifications for tutors and assessors, and special resource requirements.

Comments on this unit standard

Please contact Skills Active Aotearoa Limited info@skillsactive.org.nz if you wish to suggest changes to the content of this unit standard.