

Title	Demonstrate and apply knowledge of athletes' technical skills as a coach in a selected sport		
Level	4	Credits	6

Purpose	<p>This unit standard is aimed primarily at sport coaches referred to as 'developing coaches' in the Sport and Recreation New Zealand (SPARC) <i>Coach Development Framework</i>.</p> <p>People credited with this unit standard are able to: identify athletes' technical skills required for a sport coaching community within a selected sport; explain coaching points and principles behind developing athletes' technical skills for the selected sport; design activities to progressively develop athletes' technical skills for the selected sport; and implement and evaluate the activities designed to progressively develop athletes' technical skills for the selected sport.</p>
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Classification	Recreation and Sport > Recreation and Sport - Coaching and Instruction
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Available grade	Achieved
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Entry information	
Recommended skills and knowledge	<p>Unit 25813, <i>Demonstrate and apply knowledge of skill acquisition approaches in sport coaching</i>, or demonstrate equivalent knowledge and skills.</p> <p>Or, for coaches of younger athletes it is recommended they hold Unit 25812, <i>Demonstrate and apply knowledge of fundamental movement skill learning in coaching of younger athletes</i>, or demonstrate equivalent knowledge and skills.</p>

Explanatory notes

- 1 All activities must be consistent with the Health and Safety in Employment Act 1992.
- 2 This unit standard relates to the Sport Specific learning area of the SPARC *Coach Development Framework*, summary document 'Coach Development Framework – Developing Coach Learning Outcomes' available at <http://www.sparc.org.nz/search/> key words 'Developing Coach Learning Outcomes'; use link 'Summary Learning Outcomes'.

A PDF copy of the SPARC *Coach Development Framework* booklet is available at <http://www.sparc.org.nz/en-nz/communities-and-clubs/Coaching/Coach-Development--Education/Coach-Development-Framework1/>.

- 3 The selected sport must be the same for all outcomes.
- 4 Definition
Sport coaching community refers to a coaching community (of athletes) primarily, but not exclusively, recognised in terms of age and/or stage by SPARC in the Coach Development Framework and/or by a national sport organisation.

Outcomes and evidence requirements

Outcome 1

Identify athletes' technical skills required for a sport coaching community within a selected sport.

Evidence requirements

- 1.1 Identification of athletes' technical skills required for a sport coaching community within a selected sport is in accordance with the sport, the sport coaching community, and athletes' learning needs.

Outcome 2

Explain coaching points and principles behind developing athletes' technical skills for the selected sport.

Evidence requirements

- 2.1 Explanation of coaching points and principles behind developing athletes' technical skills for the selected sport is in accordance with the sport, the sport coaching community, and athlete learning needs.

Range at least four technical skills;
points and principles include – skill name, when the skill is used, components and/or techniques through each phase of performance (preparation, execution, follow through), key coaching points.

Outcome 3

Design activities to progressively develop athletes' technical skills for the selected sport.

Evidence requirements

3.1 Activities are designed to progressively developed athletes' technical skills for the selected sport in accordance with the requirements of the sport coaching community and athletes' learning needs.

Range may include but is not limited to – drills, small games, movement sequences, set plays in a team sport.

Outcome 4

Implement and evaluate the activities designed to progressively develop athletes' technical skills for the selected sport.

Evidence requirements

4.1 The designed activities for the selected sport are implemented.

Range over at least three practice sessions.

4.2 Any discrepancies between the implementation and the explained coaching points and principles behind the development of athletes' technical skills in the selected sport (outcome 2) are identified by monitoring.

4.3 Any modifications made throughout the implementation are consistent with results of the monitoring and with rules and/or regulations of the sport.

4.4 The evaluation following completion of the implementation and observed use of the technical skills in competition determines the degree of development of technical skills for at least two athletes.

4.5 The evaluation comments on the use in competition of developed technical skills for at least two athletes, and identifies any areas for modifying activities and the technical skill development process in future coaching practice.

Replacement information	This unit standard replaced unit standard 20807 and unit standard 20809.
Planned review date	31 December 2012

Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	16 April 2010	31 December 2012
Rollover and Revision	2	20 May 2011	N/A

Consent and Moderation Requirements (CMR) reference	0099
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This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

Please note

Providers must be granted consent to assess against standards (accredited) by NZQA, before they can report credits from assessment against unit standards or deliver courses of study leading to that assessment.

Industry Training Organisations must be granted consent to assess against standards by NZQA before they can register credits from assessment against unit standards.

Providers and Industry Training Organisations, which have been granted consent and which are assessing against unit standards must engage with the moderation system that applies to those standards.

Requirements for consent to assess and an outline of the moderation system that applies to this standard are outlined in the Consent and Moderation Requirements (CMRs). The CMR also includes useful information about special requirements for organisations wishing to develop education and training programmes, such as minimum qualifications for tutors and assessors, and special resource requirements.

Comments on this unit standard

Please contact Skills Active Aotearoa Limited info@skillsactive.org.nz if you wish to suggest changes to the content of this unit standard.