

Title	Demonstrate a managed abseil descent with secondary protection		
Level	3	Credits	1

Purpose	People credited with this unit standard are able to demonstrate a managed abseil descent with secondary protection.
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Classification	Outdoor Recreation > Rock Climbing
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Available grade	Achieved
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Guidance Information

- 1 All learning and assessment within this standard must be carried out in accordance with the following as relevant:
 - Te Tiriti o Waitangi/Treaty of Waitangi principles of partnership, protection and participation;
 - relevant legislation including Health and Safety at Work Act 2015, Health and Safety at Work (Adventure Activities) Regulations 2016, Privacy Act 2020, Children’s Act 2014 and Human Rights Act 1993, and all subsequent amendments and associated regulations;
 - *The New Zealand Curriculum* and/or *Te Marautanga o Aotearoa*; EOTC Guidelines – Bringing the Curriculum Alive 2016;
 - industry guidelines, including any relevant Good Practice Guide, found at <http://www.supportadventure.co.nz/good-practice/good-practice-guidelines/> and Activity Specific Guidelines, found at <http://www.supportadventure.co.nz/good-practice/activity-safety-guidelines-2/>, in particular the Abseiling Activity Specific Guideline, found a <https://www.supportadventure.co.nz/assets/Abseiling-ASG-v3.pdf>;
 - industry codes such as the Mountain Safety Council Land Safety Code, available from <https://www.mountainsafety.org.nz/land-safety-code/> and Leave No Trace principles and the Department of Conservation Climbing Care code, all available from <https://www.doc.govt.nz/parks-and-recreation/know-before-you-go/care-codes/>, and any relevant activity specific industry codes such as the NZAC Code of Conduct for Rock Climbers, found at <https://alpineclub.org.nz/rock-climbing/nzac-code-of-conduct-for-rock-climbers/>;
 - a Safety Management System (SMS) including organisational policies and procedures covering risk management, incident and emergency response, and the use of personal protective equipment (PPE);
 - current industry good practice.

- 2 Definitions

Current industry good practice means the range of actions currently accepted within the adventure and outdoor sector to manage the risk of harm to staff, participants, and others.

Secondary protection means self-protection via a prusik or similar.

Outcomes and performance criteria

Outcome 1

Demonstrate a managed abseil descent with secondary protection.

Performance criteria

- 1.1 Connect abseil device to abseil line and attach to harness.
 - 1.2 Connect self to abseil line with secondary protection.
 - 1.3 Complete safety checks before beginning descent.
Range harness, helmet, equipment, attachment points.
 - 1.4 Demonstrate a controlled and efficient descent using the correct body position.
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Planned review date	31 December 2026
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Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	20 August 2010	31 December 2023
Review	2	28 October 2021	N/A

Consent and Moderation Requirements (CMR) reference	0099
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This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

Comments on this unit standard

Please contact the Skills Active Aotearoa info@skillsactive.org.nz if you wish to suggest changes to the content of this unit standard.