

Title	Describe common medical conditions, and fit special or adaptive equipment for RDA riders with common medical conditions		
Level	3	Credits	12

Purpose	<p>This unit standard is for people who work as assistant coaches for Riding for the Disabled (RDA) programmes.</p> <p>People credited with this unit standard are able to: describe common medical conditions and how a rider with these medical conditions can benefit from the RDA programme; and describe and fit special or adaptive equipment, and describe the role of the RDA therapist.</p>
----------------	--

Classification	Equine > Equitation
-----------------------	---------------------

Available grade	Achieved
------------------------	----------

Explanatory notes

- 1 Demonstration of competency must comply with the policy and procedures in the *NZRDA Resource Manual - Policies, Procedures and Standards for Groups 2009*, and *NZRDA Health and Safety Manual 2009* (including Code of Safe Practice), both of which are available from New Zealand Riding for the Disabled Association, by email admin@rda.org.nz, or from PO Box 58-110, Whitby, Porirua, 5425, telephone 04 234 6090/1, facsimile 04 234 6094.
- 2 Legislation relevant to this unit standard includes but is not limited to – the Health and Safety in Employment Act 1992, the Health and Disability Commissioner Act 1994, and their subsequent amendments; and the Code of Health and Disability Services Consumers' Rights.
- 3 All actions must be in accordance with the *Code of Recommendations and Minimum Standards for the Welfare of Horses*, available at <http://www.biosecurity.govt.nz/animal-welfare/codes/horses/index.htm>.
- 4 Reference
NZRDA Therapists Guide, 2008, available from New Zealand Riding for the Disabled Association, by email admin@rda.org.nz, or from PO Box 58-110, Whitby, Porirua, 5425, telephone 04 234 6090/1, facsimile 04 234 6094.

Outcomes and evidence requirements

Outcome 1

Describe common medical conditions and how a rider with these medical conditions can benefit from the RDA programme in accordance with *NZRDA Resource Manual - Policies, Procedures and Standards for Groups 2009*.

Range medical conditions – autistic spectrum disorder, global developmental delay, Down syndrome, spina bifida, spinal cord injuries, scoliosis; cerebral palsy (spastic, athetoid, ataxic, quadriplegia, hemiplegia, diplegia).

Evidence requirements

1.1 Medical conditions are described in terms of their signs or symptoms.

Range evidence is required for at least two signs or symptoms.

1.2 Medical conditions are described in terms of their contraindications and precautions.

1.3 Medical conditions are described in terms of the way which the rider with these conditions can benefit from the RDA programme.

Outcome 2

Describe and fit special or adaptive equipment, and describe the role of the RDA therapist.

Evidence requirements

2.1 Special or adaptive equipment is described in terms of its purpose and benefits for a rider undertaking an RDA session.

Range includes but is not limited to – sheepskins, adapted saddles, enclosed stirrups, bareback pads, peacock stirrups, fixed handled surcingle, floppy handled surcingle; specialist reins may include but are not limited to – ladder reins, looped reins, coloured or textured reins, specialised reins.

2.2 Special or adaptive equipment is fitted to the horse, and/or adjusted for the use of the rider if required, in a manner which is safe and comfortable for the horse, and effective for the rider.

Range equipment includes but is not limited to – sheepskins, adapted saddles, enclosed stirrups, bareback pads, safety stirrups, peacock stirrups, fixed handled surcingle, floppy handled surcingle; specialist reins may include but are not limited to – ladder reins, looped reins, coloured or textured reins, specialised reins; evidence is required for at least four reins.

- 2.3 The role of the RDA therapist is described in terms of their responsibilities within the RDA setting.

Range must include at least four responsibilities.

Replacement information	This unit standard was replaced by unit standard 30167.
--------------------------------	---

This unit standard is expiring. Assessment against the standard must take place by the last date for assessment set out below.

Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	17 September 2010	31 December 2021
Review	2	16 March 2017	31 December 2021

Consent and Moderation Requirements (CMR) reference	0018
--	------

This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

Please note

Providers must be granted consent to assess against standards (accredited) by NZQA, before they can report credits from assessment against unit standards or deliver courses of study leading to that assessment.

Industry Training Organisations must be granted consent to assess against standards by NZQA before they can register credits from assessment against unit standards.

Providers and Industry Training Organisations, which have been granted consent and which are assessing against unit standards must engage with the moderation system that applies to those standards.

Requirements for consent to assess and an outline of the moderation system that applies to this standard are outlined in the Consent and Moderation Requirements (CMR). The CMR also includes useful information about special requirements for organisations wishing to develop education and training programmes, such as minimum qualifications for tutors and assessors, and special resource requirements.