

Title	Plan a Riding for the Disabled therapy programme for a rider, and evaluate and amend the programme		
Level	4	Credits	10

Purpose	People credited with this unit standard are able to: plan a Riding for the Disabled (RDA) therapy programme for a rider; and evaluate and amend the therapy programme.
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Classification	Equine > Riding for the Disabled
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Available grade	Achieved
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Guidance Information

- 1 Legislation and codes relevant to this unit standard include but are not limited to:
 - Animal Welfare Act 1999;
 - Health and Disability Commissioner Act 1994;
 - Health and Safety at Work Act 2015;
 - Privacy Act 2020;
 - Vulnerable Children's Act 2017;
 - Health and Disability Commissioner (Code of Health and Disability Services Consumers' Rights) Regulations 1996;
 - Code of Welfare: Horses and Donkeys 2018; and any subsequent amendments.

- 2 Definitions

Long-term goals in the context of this unit standard must be observable, measurable, identify performance, and describe conditions.

New Zealand Riding for the Disabled (NZRDA) is the parent body of riding for the disabled. All riding for disabled affiliated groups are referred to as *Riding for the Disabled (RDA)*.

NZRDA standards refer to policies and procedures set by the NZRDA which are available on the Group Resource Library, NZRDA The Stable

<https://thestable.rda.org.nz/s/>. NZRDA standards reflect current legislation.

- 3 For the purposes of assessment:

- evidence must be presented in accordance with NZRDA standards.

Outcomes and performance criteria

Outcome 1

Plan a RDA therapy programme for a rider.

Range evidence is required for a 10 week programme with at least four sessions within the programme.

Performance criteria

- 1.1 Evaluate rider's RDA therapy evaluation results to determine rider's strengths and weaknesses.
- 1.2 Identify the long-term goals of the rider, taking into account, rider strengths and weaknesses.
- 1.3 Evaluate rider's RDA therapy evaluation results to determine adaptive equipment required for the rider for each session according to rider strengths and weaknesses.
- 1.4 Identify contingencies.

Range contingencies related to – weather, helpers, horses, injury of rider or horse, rider behaviour, rider profile.
- 1.5 Identify the purpose and timing of completion of consent and other forms required.

Outcome 2

Evaluate and amend the therapy programme.

Performance criteria

- 2.1 Amend the therapy programme according to the results of evaluation following each session.

Range evaluation may include feedback from – helpers, rider, coach, observers.

Replacement information	This unit standard and unit standard 26498 replaced unit standard 17039.
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Planned review date	31 December 2026
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Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	17 September 2010	31 December 2019
Review	2	16 March 2017	31 December 2022
Review	3	25 November 2021	N/A

Consent and Moderation Requirements (CMR) reference

0018

This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

Comments on this unit standard

Please contact Muka Tangata - People, Food, and Fibre Workforce Development Council qualifications@mukatangata.nz if you wish to suggest changes to the content of this unit standard.