

<b>Title</b>	<b>Develop a session plan for a Riding for the Disabled session for a rider</b>		
<b>Level</b>	<b>3</b>	<b>Credits</b>	<b>5</b>

<b>Purpose</b>	People credited with this unit standard are able to develop a session plan for a Riding for the Disabled (RDA) session for a rider.
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<b>Classification</b>	Equine > Riding for the Disabled
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<b>Available grade</b>	Achieved
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### Guidance Information

- 1 Legislation and codes relevant to this unit standard include but are not limited to:
  - Animal Welfare Act 1999;
  - Health and Disability Commissioner Act 1994;
  - Health and Safety at Work Act 2015;
  - Privacy Act 2020;
  - Vulnerable Children's Act 2017;
  - Health and Disability Commissioner (Code of Health and Disability Services Consumers' Rights) Regulations 1996;
  - Code of Welfare: Horses and Donkeys 2018; and any subsequent amendments.
  
- 2 Definitions
 

*New Zealand Riding for the Disabled (NZRDA)* is the parent body of riding for the disabled. All riding for disabled affiliated groups are referred to as *Riding for the Disabled (RDA)*.

*NZRDA standards* refer to policies and procedures set by the NZRDA which are available on the Group Resource Library, NZRDA The Stable <https://thestable.rda.org.nz/s/>. NZRDA standards reflect current legislation.
  
- 3 For the purposes of assessment:
  - evidence must be presented in accordance with NZRDA standards.

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### Outcomes and performance criteria

#### Outcome 1

Develop a session plan for a RDA session for a rider.

**Performance criteria**

- 1.1 Identify the short-term goals in a plan required to meet long-term goals of the rider.
- 1.2 Plan the features in a session plan required to meet the short-term goals of the rider.
- Range features of each session – frequency, timing, duration, equipment, sidewalkers, horses.
- 1.3 Plan the preparation requirements in the session plan according to short-term goals of the rider.
- Range includes but is not limited to – briefing of personnel involved, matching horses with riders, preparation of horses and gear, rider safety requirements, venue safety requirements; props may include but are not limited to – bean bags, balls, batons, hoops, ribbons, drums, cones, bending poles, jump poles, basketball hoops, puzzles, shakers, rattles, flags, arena markers.
- 1.4 Plan the preparation requirements of the rider on the session plan.
- Range includes but is not limited to – briefing prior to commencement, safety check, initial riding assessment.
- 1.5 Plan the exercises and activities or lesson to be undertaken, and time allocated, to meet short-term goals of the rider in the session plan.
- Range may include but is not limited to – introduction, explanation, warm-up, review of skills, demonstration, new skills, debrief, wrap-up activity.

<b>Replacement information</b>	This unit standard and unit standard 24697 replaced unit standard 17039.
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<b>Planned review date</b>	31 December 2026
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**Status information and last date for assessment for superseded versions**

Process	Version	Date	Last Date for Assessment
Registration	1	17 September 2010	31 December 2019
Review	2	16 March 2017	31 December 2022
Review	3	25 November 2021	N/A

<b>Consent and Moderation Requirements (CMR) reference</b>	0018
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This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

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### Comments on this unit standard

Please contact Muka Tangata - People, Food, and Fibre Workforce Development Council [qualifications@mukatangata.nz](mailto:qualifications@mukatangata.nz) if you wish to suggest changes to the content of this unit standard.