

Title	Plan a series of RDA sessions for a group of riders in either an educational or sport and recreation programme		
Level	4	Credits	12

Purpose	People credited with this unit standard are able to plan a series of Riding for the Disabled (RDA) sessions for a group of riders in either an educational or sport and recreation programme.
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Classification	Equine > Riding for the Disabled
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Available grade	Achieved
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Guidance Information

- 1 Legislation and codes relevant to this unit standard include but are not limited to:
 - Animal Welfare Act 1999;
 - Health and Disability Commissioner Act 1994;
 - Health and Safety at Work Act 2015;
 - Privacy Act 2020;
 - Vulnerable Children's Act 2017;
 - Health and Disability Commissioner (Code of Health and Disability Services Consumers' Rights) Regulations 1996;
 - Code of Welfare: Horses and Donkeys 2018; and any subsequent amendments.

- 2 Definitions

New Zealand Riding for the Disabled (NZRDA) is the parent body of riding for the disabled. All riding for disabled affiliated groups are referred to as *Riding for the Disabled (RDA)*.

NZRDA standards refer to policies and procedures set by the NZRDA which are available on the Group Resource Library, NZRDA The Stable <https://thestable.rda.org.nz/s/>. NZRDA standards reflect current legislation.

Short-term goals – in the context of this unit standard must be observable, measurable, identify performance, and describe conditions.

- 3 For the purposes of assessment:
 - evidence must be presented in accordance with NZRDA standards.

Outcomes and performance criteria

Outcome 1

Plan a series of RDA sessions for a group of riders in either an educational or sport and recreation programme.

Range evidence of at least six sessions for at least two riders is required.

Performance criteria

- 1.1 Identify the short-term goals required in each session plan to meet the long-term goals of the riders.
- 1.2 Plan the features of each session plan required to meet the short-term goals of the riders.
- 1.3 Plan the preparation requirements for each session plan according to the short-term goals of the riders.
- 1.4 Plan the preparation requirements of the riders in each session plan.
- 1.5 Plan the exercises and activities to be undertaken in each session plan, and time allocated, to meet short-term goals of the riders.
- 1.6 Plan the teaching techniques required to meet the short-term goals in each session plan, and the riders' learning styles and physical needs.

Range combination of – visual, auditory.
- 1.7 Plan the logical progression of skill development to achieve long-term goals of the rider.

Planned review date	31 December 2026
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Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	17 September 2010	31 December 2019
Review	2	16 March 2017	31 December 2022
Review	3	25 November 2021	N/A

Consent and Moderation Requirements (CMR) reference	0018
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This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

Comments on this unit standard

Please contact Muka Tangata - People, Food, and Fibre Workforce Development Council qualifications@mukatangata.nz if you wish to suggest changes to the content of this unit standard.