

Title	Demonstrate knowledge of the Training Scale, and its applications for training horses and coaching riders		
Level	3	Credits	3

Purpose	People credited with this unit standard are able to: describe the elements of the Training Scale in relation to the three gaits; and the relationships between elements of the Training Scale, and their applications to training horses and coaching horse and rider combinations.
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Classification	Equine > Equitation
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Available grade	Achieved
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Guidance Information

- 1 In the context of this unit standard, the *Training Scale* is also known as The Training Pyramid, the German Training Scale, or the German Training System.
- 2 The elements of the Training Scale are – rhythm, suppleness and relaxation, contact, impulsion, straightness, collection.

Outcomes and performance criteria

Outcome 1

Describe the elements of the Training Scale in relation to the three gaits.

Range gaits – walk, trot, canter.

Performance criteria

- 1.1 Describe rhythm in terms of the features of the three gaits.
- 1.2 Describe suppleness and relaxation in terms of the features of the three gaits.
Range longitudinal, lateral.
- 1.3 Describe contact in terms of the relationship between the horse and rider, and the features of the horse with good contact with the rider.
- 1.4 Describe impulsion in terms of the features of the three gaits.
- 1.5 Describe straightness in terms of the features of the three gaits and straightness following training.

- 1.6 Describe collection in terms of the features of the horse at the three gaits, and the way it is achieved.

Outcome 2

Describe the relationships between elements of the Training Scale, and their applications to training horses and coaching horse and rider combinations.

Performance criteria

- 2.1 Describe the Training Scale in terms of the inter-relationship between each of the elements.
- 2.2 Describe the Training Scale in terms of its applications when training horses.
- 2.3 Describe the Training Scale in terms of its applications when resolving problems with horse and rider combinations.

Range problems must include but are not limited to – loss of rhythm, lack of suppleness, faults with contact, lack of impulsion, crookedness, lack of collection.

Planned review date	31 December 2025
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Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	17 September 2010	31 December 2022
Review	2	24 September 2020	N/A

Consent and Moderation Requirements (CMR) reference	0018
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This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

Comments on this unit standard

Please contact the Primary Industry Training Organisation standards@primaryito.ac.nz if you wish to suggest changes to the content of this unit standard.