

<b>Title</b>	<b>Demonstrate knowledge of the Training Scale, and its applications for training horses and coaching riders</b>		
<b>Level</b>	<b>3</b>	<b>Credits</b>	<b>3</b>

<b>Purpose</b>	People credited with this unit standard are able to: describe the elements of the Training Scale in relation to the three gaits; and the relationships between elements of the Training Scale, and their applications to training horses and coaching horse and rider combinations.
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<b>Classification</b>	Equine > Equitation
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<b>Available grade</b>	Achieved
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### Guidance Information

- 1 In the context of this unit standard, the *Training Scale* is also known as The Training Pyramid, the German Training Scale, or the German Training System.
- 2 The elements of the Training Scale are – rhythm, suppleness and relaxation, contact, impulsion, straightness, collection.

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### Outcomes and performance criteria

#### Outcome 1

Describe the elements of the Training Scale in relation to the three gaits.

Range     gaits – walk, trot, canter.

#### Performance criteria

- 1.1 Describe rhythm in terms of the features of the three gaits.
- 1.2 Describe suppleness and relaxation in terms of the features of the three gaits.  
Range     longitudinal, lateral.
- 1.3 Describe contact in terms of the relationship between the horse and rider, and the features of the horse with good contact with the rider.
- 1.4 Describe impulsion in terms of the features of the three gaits.
- 1.5 Describe straightness in terms of the features of the three gaits and straightness following training.

- 1.6 Describe collection in terms of the features of the horse at the three gaits, and the way it is achieved.

## Outcome 2

Describe the relationships between elements of the Training Scale, and their applications to training horses and coaching horse and rider combinations.

### Performance criteria

- 2.1 Describe the Training Scale in terms of the inter-relationship between each of the elements.
- 2.2 Describe the Training Scale in terms of its applications when training horses.
- 2.3 Describe the Training Scale in terms of its applications when resolving problems with horse and rider combinations.

Range problems must include but are not limited to – loss of rhythm, lack of suppleness, faults with contact, lack of impulsion, crookedness, lack of collection.

<b>Planned review date</b>	31 December 2030
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### Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	17 September 2010	31 December 2022
Review	2	24 September 2020	31 December 2027
Review	7	29 May 2025	N/A

<b>Consent and Moderation Requirements (CMR) reference</b>	0099
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This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

### Comments on this unit standard

Please contact the Toi Mai Workforce Development Council at [qualifications@toimai.nz](mailto:qualifications@toimai.nz) if you wish to suggest changes to the content of this unit standard.