

Title	Prepare for, conduct, and review a therapeutic Riding for Disabled (RDA) riding session for a rider		
Level	3	Credits	6

Purpose	People credited with this unit standard are able to: prepare to conduct, and conduct, a therapeutic RDA riding session; and review the session against the plan.
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Classification	Equine > Equitation
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Available grade	Achieved
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Entry information	
Recommended skills and knowledge	Unit 26498, <i>Plan a Riding for the Disabled (RDA) session for a rider.</i>

Explanatory notes

- 1 Demonstration of competency must comply with the policy and procedures in the *NZRDA Resource Manual - Policies, Procedures and Standards for Groups 2009*, and *NZRDA Health and Safety Manual* (including Code of Safe Practice), available from New Zealand Riding for the Disabled Association, by email admin@rda.org.nz, or from PO Box 58-110, Whitby, Porirua, 5425, telephone 04 234 6090/1, facsimile 04 234 6094.
- 2 Legislation relevant to this unit standard includes but is not limited to the – Health and Safety in Employment Act 1992, Health and Disability Commissioner Act 1994, and their subsequent amendments; and the Code of Health and Disability Services Consumers' Rights.
- 3 All actions must be in accordance with the *Code of Recommendations and Minimum Standards for the Welfare of Horses*, available at <http://www.biosecurity.govt.nz/animal-welfare/codes/horses/index.htm>.
- 4 Definition
Short-term goals – in the context of this unit standard must be observable, measurable, identify performance, and describe conditions.

5 Assessment

Assessment for outcome 3 must include a debrief or review with the therapist after three therapy sessions.

The candidate may be assessed for outcome 2 using a provided plan, or a plan that they have developed themselves, such as that developed in Unit 26498, *Plan a Riding for the Disabled (RDA) session for a rider*.

Outcomes and evidence requirements

Outcome 1

Prepare to conduct a therapeutic RDA riding session in accordance with the *NZRDA Resource Manual - Policies, Procedures and Standards for Groups 2009*.

Evidence requirements

- 1.1 Safety checks of the working area and resources for the RDA session are carried out.

Range includes but is not limited to – arena fencing, arena surface, mounting ramp or blocks, equipment for the lesson, number of helpers, soundness of horse, first aid equipment, environmental protection, adaptive equipment.

- 1.2 Checks of horse and helpers identify their suitability for the session.

Range horse tack – safe for use, fitting;
helpers – clothing;
rider – clothing, safety helmet.

Outcome 2

Conduct a therapeutic RDA riding session in accordance with the *NZRDA Resource Manual - Policies, Procedures and Standards for Groups 2009*.

Evidence requirements

- 2.1 The session is introduced according to an RDA session plan and short-term goals of rider.

- 2.2 Communication with rider is effective and suitable for the rider's disability.

Range may include but is not limited to – two-way process, simplicity, clarity, feedback given, constructive, specific, timely, positive, encouraging, empathetic, performance related, consistent, credible, sensitive, humour where appropriate, use of body language.

- 2.3 Rider's attention is maintained or regained throughout the session.

2.4 Rider's behaviour is managed throughout the session.

Range unacceptable behaviour includes but is not limited to – mistreating horse, not following instructions, aggressiveness, use of unacceptable language.

2.5 Coach responds to rider's reactions and environment before, during, and after session to ensure safety requirements, session short-term goals, and rider's needs are met.

2.6 Contingencies are managed according to the session plan.

2.7 Safe control of the rider, horse, and helpers is demonstrated.

Range arena etiquette, lining up, placement of coach, use of voice, clear instructions.

2.8 Session is closed according to the session plan.

Range gain attention, summarise session, collect equipment, check for damage and pack away, farewell rider.

Outcome 3

Review the session against the plan.

Evidence requirements

3.1 The session outcomes are reviewed against the session plan and feedback from rider, helpers, and therapist to determine if session's short-term goals have been met.

Range activities, teaching techniques used, safety, equipment, suitability of horse, progress of rider during session, behaviour of horse, skills of helpers.

3.2 Results of review are reported in accordance with *NZRDA Resource Manual - Policies, Procedures and Standards for Groups 2009*.

Replacement information	This unit standard was replaced by unit standards 30168, 30169 and 30170.
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This unit standard is expiring. Assessment against the standard must take place by the last date for assessment set out below.

Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	17 September 2010	31 December 2021
Review	2	16 March 2017	31 December 2021

Consent and Moderation Requirements (CMR) reference	0018
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This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

Please note

Providers must be granted consent to assess against standards (accredited) by NZQA, before they can report credits from assessment against unit standards or deliver courses of study leading to that assessment.

Industry Training Organisations must be granted consent to assess against standards by NZQA before they can register credits from assessment against unit standards.

Providers and Industry Training Organisations, which have been granted consent and which are assessing against unit standards must engage with the moderation system that applies to those standards.

Requirements for consent to assess and an outline of the moderation system that applies to this standard are outlined in the Consent and Moderation Requirements (CMR). The CMR also includes useful information about special requirements for organisations wishing to develop education and training programmes, such as minimum qualifications for tutors and assessors, and special resource requirements.

This unit standard is expiring