

<b>Title</b>	<b>Apply knowledge of road traffic environments required by a cycle skills training instructor</b>		
<b>Level</b>	<b>4</b>	<b>Credits</b>	<b>5</b>

<b>Purpose</b>	People credited with this unit standard are able to apply knowledge of road traffic environments required by a cycle skills training instructor.
----------------	--

<b>Classification</b>	Recreation and Sport > Recreation and Sport - Coaching and Instruction
-----------------------	--

<b>Available grade</b>	Achieved
------------------------	----------

---

### Guidance Information

- 1 All learning and assessment against this standard must be carried out in accordance with the following:
  - relevant legislation including Health and Safety at Work Act 2015, Privacy Act 1993, Children's Act 2014 and Human Rights Act 1993;
  - industry codes and guidelines, including The Official New Zealand Code for Cyclists;
  - ACC SportSmart (Cycling) framework;
  - organisational policies and procedures including Emergency Action Plans (EAPs), Standard Operating Procedures (SOPs), and the use of personal protective equipment (PPE);
  - Treaty of Waitangi | Te Tiriti o Waitangi principles of partnership, protection and participation.
  
- 2 All learning and assessment leading towards this standard must be carried out in accordance with national cycle skills training guidelines. The current national cycle skills training guidelines are the BikeReady Cycle Skills Training Guidelines published by New Zealand Transport Agency  
<https://bikeready.govt.nz/instructors/bikeready-guidelines/>.

---

### Outcomes and performance criteria

#### Outcome 1

Apply knowledge of road traffic environments required by a cycle skills training instructor.

#### Performance criteria

- 1.1 Undertake pre-ride safety checks in accordance with industry good practice.

1.2 Demonstrate personal cycling behaviours within road traffic environments in accordance with The Official New Zealand Road Code and Code for Cycling.

1.3 Demonstrate personal cycle handling skills on roads in accordance with the national cycle skills training guidelines.

Range cycle handling skills include but are not limited to – observation, hazard identification, indicating intentions, establishing eye contact, appropriate positioning in traffic, safe braking.

1.4 Apply knowledge of road traffic environments to select appropriate on-road routes and training sites for cycle skills training sessions.

1.5 Interpret road traffic volumes in terms of low, medium or high traffic and modify plans for on-road routes and training sites for cycle skills training sessions as required.

1.6 Apply road and hazard awareness in road traffic environments and respond safely to traffic conditions and other road users.

Range may include but is not limited to – traffic controlling devices, network configuration, traffic volumes, changes in weather, road hazards, roadside hazards.

<b>Planned review date</b>	31 December 2024
----------------------------	------------------

#### Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	09 December 2010	December 2021
Review	2	28 November 2019	N/A

<b>Consent and Moderation Requirements (CMR) reference</b>	0099
--	------

This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

#### Comments on this unit standard

Please contact Skills Active Aotearoa Limited [info@skillsactive.org.nz](mailto:info@skillsactive.org.nz) if you wish to suggest changes to the content of this unit standard.