

Title	Support the psychological wellbeing of a person affected by a brain injury		
Level	4	Credits	8

Purpose	<p>A person credited with this standard can:</p> <ul style="list-style-type: none"> • identify and describe psychological changes and associated risks that can affect a person following a brain injury; • describe strategies to support a person whose psychological wellbeing has been affected by a brain injury; and • support a person whose psychological wellbeing has been affected by a brain injury.
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Classification	Health, Disability, and Aged Support > Brain Injury Support
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Available grade	Achieved
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Guidance Information

1 Assessment conditions
Evidence for the practical components of this unit standard must be generated in a health or wellbeing setting.

2 Assessment notes
Evidence generated for assessment against this standard must reflect workplace requirements specified in:

- any applicable personal plan
- documented workplace procedures, policies, and methodologies
- applicable health and safety plans.

Evidence generated for assessment against this standard must reflect the values, processes, and protocols required to work with Māori, Pacific peoples, and people from diverse cultures.

Evidence generated for assessment against this standard must reflect the best practice guidelines and principles specified in:

- NZS 8158:2012 *Home and Community Support Sector Standard*.
 - *Traumatic brain injury: Diagnosis, acute management and rehabilitation*.
- NZS and SNZ standards can be retrieved from <http://www.standards.co.nz/>.

3 Definitions
Engagement means a person's deliberate effort and commitment to working toward recovery by participating fully in their rehabilitation.

Participation means seeking improvement in a persons' ability to participate in meaningful life situations, such as living independently, driving or using public

transport, returning to work or education, participating in leisure and social activities, fulfilling family roles, and maintaining personal, sexual and family relationships

Personal plan is a plan that details support requirements for a client, patient, or resident. A *personal plan* can also be called a *care plan*, *service plan*, *personal care plan*, or *rehabilitation plan*. A *personal plan* can include goals; preferred activities; other preferences or dislikes; specific interventions; and mobility, nutrition, continence, hygiene, communication, requirements. It may also include guidance about a person's sexuality, culture, spirituality, and social preferences. A *personal plan* often follows a model of care, such as a strengths-based model, recovery model, or medical model.

4 Reference

New Zealand Guidelines Group. (2006). *Traumatic brain injury: Diagnosis, acute management and rehabilitation*. Wellington: New Zealand: Accident Compensation Corporation. Available from the Ministry of Health library at <https://www.health.govt.nz/about-ministry/ministry-health-library>.

5 Resources

Accident Compensation Corporation publish resources at <https://www.acc.co.nz/resources/#/> under Injury support > Traumatic brain injury (TBI).

Outcomes and performance criteria

Outcome 1

Identify and describe psychological changes and associated risks that can affect a person following a brain injury.

Performance criteria

1.1 Psychological changes are identified and described for a person affected by a brain injury.

Range changes may include but are not limited to – emotional lability, mood swings, anger, frustration, irritability, mismatch of emotion to situation, depression, anxiety, sleep disruption, motivation, appetite changes.

1.2 Risks to health and wellbeing resulting from psychological changes in a person affected by a brain injury are identified and described.

Range safety includes – safety of the person affected by injury, own safety, safety of others
risks include but are not limited to – substance abuse.

Outcome 2

Describe strategies to support a person whose psychological wellbeing has been affected by a brain injury.

Performance criteria

2.1 Strategies to support engagement and participation for a person whose psychological wellbeing has been affected by a brain injury are described.

Range strategies may include but are not limited to – distraction, encouragement, engage in activities, relaxation, encouraging withdrawal from situation.

Outcome 3

Support a person whose psychological wellbeing has been affected by a brain injury.

Performance criteria

3.1 Strategies are implemented to support engagement and participation for a person whose psychological wellbeing has been affected by a brain injury.

3.2 Changes in the psychological wellbeing of a person after a brain injury are recorded and reported.

Range positive change, negative change.

Planned review date	31 December 2026
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Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	19 November 2010	31 December 2023
Rollover and Revision	2	24 October 2019	31 December 2023
Review	3	27 May 2021	N/A

Consent and Moderation Requirements (CMR) reference	0024
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This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

Comments on this unit standard

Please contact Careerforce info@careerforce.org.nz if you wish to suggest changes to the content of this unit standard.