

Title	Describe interventions and models used when working with a person accessing mental health and addiction services		
Level	3	Credits	4

Purpose	People credited with this unit standard are able to describe interventions and a model used by mental health support workers when working with people accessing mental health services, and describe interventions and a model used by addiction support workers when working with people accessing addiction services.
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Classification	Health, Disability, and Aged Support > Mental Health and Addiction Support
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Available grade	Achieved
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Guidance Information

- 1 Legislation and Code relevant to this unit standard includes but are not limited to:
 - Criminal Procedure Act 2011;
 - Criminal Procedure (Mentally Impaired Persons) Act 2003;
 - Health and Disability Commissioner (Code of Health and Disability Services Consumers' Rights) Regulations 1996;
 - Health Practitioners Competence Assurance Amendment Act 2019;
 - Intellectual Disability (Compulsory Care and Rehabilitation) Act 2003;
 - Mental Health (Compulsory Assessment and Treatment) Act 1992;
 - Misuse of Drugs Act 1975;
 - Oranga Tamariki Act 1989 (Children's and Young People's Well-being Act 1989);
 - Privacy Act 2020;
 - Protection of Personal and Property Rights Act 1988;
 - Substance Addiction (Compulsory Assessment and Treatment) Act 2017).
- 2 New Zealand Standards relevant to this unit standard include:
 - NZS 8134.0:2008 *Health and disability services (general) Standard*;
 - NZS 8134.1:2008 *Health and disability services (core) Standards*;
 - NZS 8134.2:2008 *Health and disability services (restraint minimisation and safe practice) Standards*;
 - NZS 8134.3:2008 *Health and disability services (infection prevention and control) Standards*, available at <https://www.standards.co.nz/>.
- 3 References:
 - American Psychiatric Association. (2013). *Diagnostic and statistical manual of mental disorders* (5th ed.). Washington DC: American Psychiatric Association. Retrieved July 24, 2020, from [https://www.psychiatry.org/psychiatrists/practice/dsm](https://www.psychiatry.org/psychiatrists/practice/dsm;);

- Mental Health Commission – Te Kaitātaki Oranga; Ministry of Health. (1998). *Guidelines for Clinical Risk Assessment and Management in Mental Health Services*. Wellington: Ministry of Health in partnership with the Health Funding Authority. Retrieved from [https://www.moh.govt.nz/notebook/nbbooks.nsf/0/2FE380C25ED2F1B34C25668600741EBA/\\$file/mentalra.pdf](https://www.moh.govt.nz/notebook/nbbooks.nsf/0/2FE380C25ED2F1B34C25668600741EBA/$file/mentalra.pdf);
- Te Pou o te Whakaaro Nui & Ministry of Health. (2018). *Let's get real: Real Skills for people and whānau with mental health and addiction needs*. Auckland: Te Pou o te Whakaaro Nui. Retrieved July 24, 2020, from <https://www.tepou.co.nz/initiatives/lets-get-real/107>;
- The Werry Centre. (2014). *Real Skills Plus ICAMH/AOD, 2014. A competency framework for the infant, child and youth mental health and alcohol and other drug workforce*. Auckland: The Werry Centre for Child & Adolescent Mental Health Workforce Development. Retrieved July 24, 2020, from <https://www.werryworkforce.org/sites/default/files/pdfs/Real%20Skills%20Plus%20Dec%202014%20170315.pdf>;
- World Health Organization. (2018). *Fact sheets on sustainable development goals: health targets – Mental Health*. Geneva: World Health Organization. Retrieved from: http://www.euro.who.int/_data/assets/pdf_file/0017/348011/Fact-sheet-SDG-Mental-health-UPDATE-02-05-2018.pdf.

4 Definitions:

- “*Addiction* is a treatable, chronic medical disease involving complex interactions among brain circuits, genetics, the environment, and an individual’s life experiences. People with addiction use substances or engage in behaviours that become compulsive and often continue despite harmful consequences.” ASAM (2019). Retrieved July 24, 2020, from <https://www.asam.org/resources/definition-of-addiction>.
- *Interventions* are actions taken to support a person accessing a mental health and addiction service, and are based on the principles of resilience, recovery, and/or wellbeing.
- *Models* include but are not limited to – strengths-based and recovery-based models, Te Whare Tapa Whā, Te Wheke, Whānau Ora, Fonofale.
- *Service* can mean both the provider of support to a person, including but not limited to – government agencies, non-government organisations, community trusts, community support workers, specialist units within DHBs; as well as the type of support offered, including but not limited to – cultural or clinical service, rehabilitation, housing, therapeutic interventions, counselling, crisis management.
- *Support* will aim to maintain, improve, or restore a person’s independence and/or interdependence; utilise the person’s existing strengths; and, where possible, utilise the resources of whānau, family and the local community.

5 For assessment, candidates’ practice must reflect appropriate values, processes, and protocols in relation to working with people from the dominant ethnic group i.e. New Zealand Pākehā/European as well as Māori, Pacific peoples and people from cultures who have re-settled here (migrants, refugees).

6 Support provided to a person accessing mental health and addiction services may include natural supports, which refers to any assistance, relationships, or interactions given by family/whānau, friends, peers, co-workers, or community people.

Outcomes and performance criteria

Outcome 1

Describe interventions and a model used by mental health support workers when working with people accessing mental health services.

Range evidence is required for three interventions and one model for a mental health service in a mental health setting.

Performance criteria

- 1.1 Interventions and the model are described in terms of their contributions to supporting people.
- 1.2 Interventions and the model are described in terms of boundaries between clinical and non-clinical support.

Outcome 2

Describe interventions and a model used by addiction support workers when working with people accessing addiction services.

Range evidence is required for three interventions and one model for an addiction service in an addiction setting.

Performance criteria

- 2.1 Interventions and the model are described in terms of their contributions to supporting people.
- 2.2 Interventions and the model are described in terms of own role boundaries.

Planned review date	31 December 2025
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Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	9 December 2010	31 December 2012
Revision	2	15 September 2011	31 December 2022
Review	3	25 February 2021	N/A

Consent and Moderation Requirements (CMR) reference	0024
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This CMR can be accessed at <https://www.nzqa.govt.nz/framework/search/index.do>

Comments on this unit standard

Please contact Careerforce info@careerforce.org.nz if you wish to suggest changes to the content of this unit standard.