

<b>Title</b>	<b>Support a person accessing mental health and addiction services to engage with and review local services and resources</b>		
<b>Level</b>	<b>3</b>	<b>Credits</b>	<b>4</b>

<b>Purpose</b>	People credited with this unit standard are able to describe local services and resources relevant to a person accessing mental health and addiction services and their natural supports, and support a person accessing mental health and addiction services and their natural supports to engage with and review local services and resources.
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<b>Classification</b>	Health, Disability, and Aged Support > Mental Health and Addiction Support
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<b>Available grade</b>	Achieved
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### Guidance Information

- 1 Legislation and Code relevant to this unit standard include but are not limited to:
  - Criminal Procedure Act 2011;
  - Criminal Procedure (Mentally Impaired Persons) Act 2003;
  - Health and Disability Commissioner (Code of Health and Disability Services Consumers' Rights) Regulations 1996;
  - Health Practitioners Competence Assurance Act 2003;
  - Intellectual Disability (Compulsory Care and Rehabilitation) Act 2003;
  - Mental Health (Compulsory Assessment and Treatment) Act 1992;
  - Misuse of Drugs Act 1975;
  - Oranga Tamariki Act 1989 (Children, Young Persons, and Their Families Act) 1989;
  - Privacy Act 2020;
  - Protection of Personal and Property Rights Act 1988;
  - Substance Addiction (Compulsory Assessment and Treatment) Act 2017).
- 2 New Zealand Standards relevant to this unit standard include:
  - NZS 8134.0:2008 *Health and disability services (general) Standard*;
  - NZS 8134.1:2008 *Health and disability services (core) Standards*;
  - NZS 8134.2:2008 *Health and disability services (restraint minimisation and safe practice) Standards*;
  - NZS 8134.3:2008 *Health and disability services (infection prevention and control) Standards*, available from <http://www.standards.co.nz/>.
- 3 References:
  - American Psychiatric Association. (2013). *Diagnostic and statistical manual of mental disorders* (5th ed.). Washington DC: American Psychiatric Association.

Retrieved July 24, 2020, from

<https://www.psychiatry.org/psychiatrists/practice/dsm;>

- Mental Health Commission – Te Kaitātaki Oranga; Ministry of Health. (1998). *Guidelines for Clinical Risk Assessment and Management in Mental Health Services*. Wellington: Ministry of Health in partnership with the Health Funding Authority. Retrieved from [https://www.moh.govt.nz/notebook/nbbooks.nsf/0/2FE380C25ED2F1B34C25668600741EBA/\\$file/mentalra.pdf](https://www.moh.govt.nz/notebook/nbbooks.nsf/0/2FE380C25ED2F1B34C25668600741EBA/$file/mentalra.pdf);
- Te Pou o te Whakaaro Nui & Ministry of Health. (2018). *Let's get real: Real Skills for people and whānau with mental health and addiction needs*. Auckland: Te Pou o te Whakaaro Nui. Retrieved July 24, 2020, from <https://www.tepou.co.nz/initiatives/lets-get-real/107>;
- The Werry Centre. (2014). *Real Skills Plus ICAMH/AOD, 2014. A competency framework for the infant, child and youth mental health and alcohol and other drug workforce*. Auckland: The Werry Centre for Child & Adolescent Mental Health Workforce Development. Retrieved from <https://www.werryworkforce.org/sites/default/files/pdfs/Real%20Skills%20Plus%20Dec%202014%20170315.pdf>.

#### 4 Definitions:

- “*Addiction* is a treatable, chronic medical disease involving complex interactions among brain circuits, genetics, the environment, and an individual’s life experiences. People with addiction use substances or engage in behaviours that become compulsive and often continue despite harmful consequences.” ASAM (2019). Retrieved July 24, 2020, from <https://www.asam.org/resources/definition-of-addiction>.
- *Local services* and resources include those provided locally by national and local government agencies or organisations (for example Housing New Zealand, a community centre, or a city library); and those provided by individuals or organisations in the community such as sports, hobby, youth, peer support, cultural or religious groups (for example a helpline, or a marae or church-based service or resource).
- *Natural supports* refer to any assistance, relationships, or interactions provided to a person accessing mental health and addiction services by family, whānau, friends, peers, co-workers, or community volunteers. In a specifically Māori context, natural supports may include but are not limited to: kaumātua, kuia, tōhunga, whānau, iwi, and hapū.
- *Organisational policies and procedures* are the policies, procedures, and methodologies of an organisation. They include legislative and regulatory requirements which may apply across an organisation, a specific site, or a workplace. Requirements are documented in organisational health and safety plans, contract work programmes, quality assurance programmes, policies, and procedural documents such as job descriptors and employment contracts.
- *Person* is a person accessing services. Other terms used for the person may include client, consumer, customer, patient, individual, resident, or service user.
- *Support* will aim to maintain, improve, or restore a person’s independence and/or interdependence; utilise the person’s existing strengths; and – where possible – utilise the resources of the local community.

#### 5 For assessment, candidates’ practice must reflect appropriate values, processes, and protocols in relation to working with people from the following; dominant ethnic

group New Zealand Pākehā/European; Māori; Pacific peoples and/or; people who have re-settled here (recent migrants, refugees).

- 6 This unit standard cannot be assessed against in a simulated environment. For assessment, candidates must demonstrate competence in the workplace through paid or unpaid employment, or in placements in a service provider workplace negotiated by an education provider.

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## Outcomes and performance criteria

### Outcome 1

Describe local services and resources relevant to people accessing mental health and addiction services and their natural supports.

Range evidence is required for ten relevant local services and resources for two different people and their natural supports.

### Performance criteria

- 1.1 Local services and resources are identified and described in terms of their relevance to the person and their natural supports.
- 1.2 Local services and resources are described in terms of their effect on strengthening community links for the person and their natural supports.

### Outcome 2

Support a person accessing mental health and addiction services and their natural supports to engage with and review local services and resources.

Range evidence is required for supporting two different people and their natural supports.

### Performance criteria

- 2.1 The person and their natural supports are supported to engage with local services and resources in accordance with organisational policies and procedures.
- 2.2 The person and their natural supports are supported to review local services and resources in terms of the ongoing ability to meet their needs.

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<b>Planned review date</b>	31 December 2025
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**Status information and last date for assessment for superseded versions**

Process	Version	Date	Last Date for Assessment
Registration	1	9 December 2010	31 December 2022
Review	2	25 February 2021	N/A

**Consent and Moderation Requirements (CMR) reference**

0024

This CMR can be accessed at <https://www.nzqa.govt.nz/framework/search/index.do>

**Comments on this unit standard**

Please contact Careerforce [info@careerforce.org.nz](mailto:info@careerforce.org.nz) if you wish to suggest changes to the content of this unit standard.