Title	Describe the use of enablers, restraints, and safe restraint practice in an aged care, health, or disability context
Level	2	Credits	2

Purpose	People credited with this unit standard are able to describe: situations where enablers and restraints may be used; and safe restraint practice, in an aged care, health, or disability context.

Classification	Health, Disability, and Aged Support > Community Support Services

Available grade	Achieved

Guidance Information

1   Legislation and codes relevant to this unit standard include but are not limited to:
Health and Disability Commissioner (Code of Health and Disability Services Consumers' Rights) Regulations 1996 (the Code of Rights);
Health and Disability Services (Safety) Act 2001;
Health and Safety at Work Act 2015
Human Rights Act 1993;
Privacy Act 1993.

2   New Zealand Standards relevant to this unit standard include but are not limited to:
NZS 8134.0:2008 *Health and disability services Standards – Health and disability services (general) Standard*;
NZS 8134.1:2008 *Health and disability services Standards – Health and disability services (core) Standards*;
NZS 8134.2:2008 *Health and disability services Standards – Health and disability services (restraint minimisation and safe practice) Standards*.
All standards are available from http://www.standards.co.nz.

3   In the context of this unit standard, *support* should aim to maintain, improve, or restore a person's independence and/or interdependence; utilise the person's existing strengths; and, where possible, utilise the resources of the local community.

4   Definitions
Candidate refers to the person seeking credit for this unit standard.
Enablers are equipment, devices, or furniture, voluntarily used by a consumer following appropriate assessment, that limit normal freedom of movement with the intention of promoting independence, comfort, and/or safety (NZS 8134.0:2008).
Organisation's policies and procedures are the policies and procedures of the employing organisation of the candidate and include ethical codes, standards, and other organisational requirements.

Restraint is the use of any intervention by a service provider that limits a consumer's normal freedom of movement, and can be personal, physical, environmental, or seclusion (NZS 8134.0:2008).

Outcomes and performance criteria

Outcome 1

Describe situations where enablers and restraints may be used in an aged care, health, or disability context.

Performance criteria

1.1   Situations where enablers may be used are identified in terms of the organisation's policies and procedures.

1.2   Situations where restraints may be used are identified in terms of the organisation's policies and procedures.

1.3   Situations where enablers may become restraints are described in terms of the organisation's policies and procedures and risk assessment criteria.

          Range   evidence is required for three situations.

Outcome 2

Describe safe restraint practice in an aged care, health, or disability context.

Performance criteria

2.1   Safe restraint practice is described in terms of restraint minimisation, and restraint approval, monitoring, and review.

2.2   Safe use of restraints is described in terms of a candidate's role in safe restraint practice and the organisation's policies and procedures.

Planned review date	31 December 2021

Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	21 January 2011	31 December 2012
Revision	2	21 July 2011	N/A
Rollover and Revision	3	26 September 2019	N/A

Consent and Moderation Requirements (CMR) reference	0024

This CMR can be accessed at http://www.nzqa.govt.nz/framework/search/index.do.

Comments on this unit standard

Please contact Careerforce info@careerforce.org.nz if you wish to suggest changes to the content of this unit standard.