

Title	Describe risks, impacts, and actions for falls and minimise risk of falls in a health or wellbeing setting		
Level	3	Credits	3

Purpose	<p>This unit standard is for people providing services in a health or wellbeing setting.</p> <p>People credited with this unit standard are able to: describe factors that may contribute to a person's risk of falling; and the potential impacts of falls on a person's health and wellbeing; take actions to minimise the risk of falls; and describe actions in response to a person who has fallen, in a health or wellbeing setting.</p>
----------------	--

Classification	Health, Disability, and Aged Support > Community Support Services
-----------------------	---

Available grade	Achieved
------------------------	----------

Guidance Information

- 1 Legislation and codes relevant to this unit standard include but are not limited to:
 - Health and Disability Commissioner (Code of Health and Disability Services Consumers' Rights) Regulations 1996 (the Code of Rights);
 - Health and Disability Services (Safety) Act 2001;
 - Health and Safety at Work Act 2015;
 - Human Rights Act 1993; Medicines Act 1981;
 - Medicines Regulations 1984;
 - Privacy Act 1993.

- 2 New Zealand Standards relevant to this unit standard include but are not limited to:
 - NZS 8134.0:2008 *Health and disability services Standards – Health and disability services (general) Standard*;
 - NZS 8134.1:2008 *Health and disability services Standards – Health and disability services (core) Standards*;
 - NZS 8158:2012 *Home and community support sector Standard*; available at <http://www.standards.co.nz/>.

- 3 Definitions
 - Health or wellbeing setting* includes but is not limited to – the aged care, acute care, community support, disability, mental health, and social services sectors.
 - Organisational policies and procedures* – policies, procedures and methodologies of an organisation. They include legislative and regulatory requirements which may apply across a company, a specific site, or a workplace. Requirements are

documented in the company's health and safety plans, contract work programmes, quality assurance programmes, policies and procedural documents.

Person – a person accessing services. Other terms used for the person may include client, consumer, customer, patient, individual, resident, service user, tūroro or tangata whai ora.

4 Resources

Accident Compensation Corporation (ACC), *Moving and handling people: The New Zealand Guidelines 2012*. (Wellington: Accident Compensation Corporation, 2012) (the Guidelines). Available from <http://www.acc.co.nz/preventing-injuries/at-work/industry-specific-safety/moving-and-handling-people-nz-guidelines/index.htm>.

Accident Compensation Corporation, *Smart tips for health workers*. Wellington: Accident Compensation Corporation. Available at <http://www.acc.co.nz> (search keyword: smart tips for health workers).

Other relevant resources are available at <http://www.acc.co.nz/preventing-injuries/at-work/industry-specific-safety/PI00088>, and <http://www.business.govt.nz/worksafe/>. Moving and Handling Association of New Zealand's website – <http://www.mhanz.org.nz/>.

Outcomes and performance criteria

Outcome 1

Describe factors that may contribute to a person's risk of falling in a health or wellbeing setting.

Performance criteria

- 1.1 Factors that may contribute to a person's risk of falling are described in terms of environmental, physical, psychological or medication factors.

Range evidence is required of three examples for each of three factors.

Outcome 2

Describe the potential impacts of falls on a person's health and wellbeing.

Performance criteria

- 2.1 The potential physical impacts of falls are described in terms of the health and wellbeing of the person who has fallen.

Range evidence is required of three potential physical impacts.

- 2.2 The potential social impacts of falls are described in terms of the health and wellbeing of the person who has fallen.

Range evidence is required of three potential social impacts.

Outcome 3

Take actions to minimise the risk of falls in a health or wellbeing setting.

Performance criteria

3.1 Actions to minimise the risk of falls are taken in accordance with organisational policies and procedures.

Range evidence is required of four actions.

Outcome 4

Describe actions in response to a person who has fallen in a health or wellbeing setting.

Performance criteria

4.1 Actions in response to a person who has fallen are described in terms of organisational policies and procedures.

4.2 Falls reporting and recording requirements are described in terms of organisational policies and procedures.

Planned review date	31 December 2021
----------------------------	------------------

Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	21 January 2011	31 December 2017
Review	2	16 April 2015	N/A
Rollover and Revision	3	26 September 2019	N/A

Consent and Moderation Requirements (CMR) reference	0024
--	------

This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

Comments on this unit standard

Please contact Careerforce info@careerforce.org.nz if you wish to suggest changes to the content of this unit standard.