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| <b>Title</b> | <b>Describe the purpose of forensic mental health services and the support required for forensic mental health patients</b> |                |          |
| <b>Level</b> | <b>4</b>  | <b>Credits</b> | <b>4</b> |

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| <b>Purpose</b> | People credited with this unit standard are able to describe: the purpose of forensic mental health services for forensic mental health patients; and the support required for forensic mental health patients who are accessing forensic mental health services. |
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| <b>Classification</b> | Health, Disability, and Aged Support > Mental Health and Addiction Support |
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| <b>Available grade</b> | Achieved |
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### Guidance Information

- Legislation relevant to this unit standard includes:
  - Alcoholism and Drug Addiction Act 1966;
  - Children, Young Persons, and Their Families Act 1989;
  - Criminal Justice Act 1985;
  - Criminal Procedure (Mentally Impaired Persons) Act 2003;
  - Health and Disability Commissioner (Code of Health and Disability Services Consumers' Rights) Regulations 1996;
  - Health Practitioners Competence Assurance Act 2003;
  - Intellectual Disability (Compulsory Care and Rehabilitation) Act 2003;
  - Mental Health (Compulsory Assessment and Treatment) Act 1992;
  - Misuse of Drugs Act 1975;
  - Privacy Act 1993;
  - Protection of Personal and Property Rights Act 1988.
- New Zealand Standards relevant to this unit standard include:
  - NZS 8134.0:2008 *Health and disability services Standards – Health and disability services (general) Standard*;
  - NZS 8134.1:2008 *Health and disability services Standards – Health and disability services (core) Standards*;
  - NZS 8134.2:2008 *Health and disability services Standards – Health and disability services (restraint minimisation and safe practice) Standards*;
  - NZS 8134.3:2008 *Health and disability services Standards – Health and disability services (infection prevention and control) Standards*.
 All standards are available from <http://www.standards.co.nz>.
- Primary references
  - Bell, S., & Brookbanks, W. (2005). *Mental health law in New Zealand*. Wellington: Brooker's.

Chaplow, David. (2010). The psychiatric patient and the law. In St George, Ian (Ed.), *Cole's Medical practice in New Zealand 2011* (10th ed.) (pp. 78-84). Wellington: Medical Council of New Zealand; available at <https://www.mcnz.org.nz/>.

Mason, Ken. (1996). *Inquiry under Section 47 of the Health and Disability Services Act 1993 in respect of certain mental health services: Report of the Ministerial Inquiry to the Minister of Health Hon. Jenny Shipley*. Wellington: Ministry of Health (also referred to as The Mason Report).

Ministry of Health. (2007). *Census of forensic mental health services 2005*. Wellington: Author; available at <http://www.moh.govt.nz>.

#### 4 References

American Psychiatric Association. (2000). *Diagnostic and statistical manual of mental disorders – DSM-IV-TR* (4th ed., Text revision). Washington DC; available at <https://www.psychiatry.org/>.

Ministry of Health. (1998). *Guidelines for clinical risk assessment and management in mental health services*. Wellington: Ministry of Health in partnership with the Health Funding Authority; available at <http://www.moh.govt.nz>.

Ministry of Health. (2008). *Let's get real: Real Skills for people working in mental health and addiction*. Wellington; available at <http://www.moh.govt.nz>.

Te Pou o Te Whakaaro Nui, Le Va, Pasifika within Te Pou. (2009). *Real Skills Plus Seitapu – Working with Pacific Peoples*. Auckland; available at <http://www.leva.co.nz>; or <http://www.tepou.co.nz>; or [www.moh.govt.nz/mentalhealth](http://www.moh.govt.nz/mentalhealth).

5 Candidates' practice must reflect appropriate values, processes, and protocols in relation to working with Māori and Pacific peoples and/or people from other cultures, in a range of settings and environments.

#### 6 Definitions

*Forensic mental health patients* in the context of this unit standard are mental health patients who come within the four special patient categories. The four special patient categories are:

- a patients on short-term remand;
- b remand and sentenced prisoners who require assessment and treatment in hospital;
- c those who are under disability [Intellectual Disability (Compulsory Care and Rehabilitation) Act 2003];
- d those who juries decide are 'not guilty by reason of insanity'.

*Natural supports* refers to any assistance, relationships, or interactions provided to forensic mental health patients by family/whānau, friends, peers, co-workers, or community volunteers. In a specifically Māori context, natural supports may include but are not limited to: kaumātua, kuia, tohunga, whānau, iwi, and hapū.

*Preferred support networks* refers to assistive services such as natural supports, activity programmes, clubs and/or societies, agencies and organisations, churches, financial advice/support, hapū, iwi, marae, property rights and welfare guardians, and respite facilities.

*Services provided* may include: high to low-level security, rehabilitation units, or community support.

*Support* in the context of forensic mental health patients within special patient categories refers to the particular strategies, actions, and interventions offered by a forensic mental health unit. The nature of this support will reflect the individual needs of forensic mental health patients, taking into account factors including but not limited to – age, gender, ethnicity, legal status, length of admission, previous referrals, and

primary diagnosis. Specific strategies, actions, and interventions may include but are not limited to: medication; de-escalation, calming and restraint; risk assessment and management; recovery and rehabilitation-oriented practice; behaviour modification techniques; clinical/therapeutic interventions; referrals; reconnection with preferred support networks including natural supports.

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## Outcomes and performance criteria

### Outcome 1

Describe the purpose of forensic mental health services for forensic mental health patients.

#### Performance criteria

1.1 The purpose of forensic mental health services for forensic mental health patients is described in terms of the type of services provided and the key reasons for their establishment in accordance with the primary references.

Range evidence is required for the purpose of three types of forensic mental health services.

1.2 The purpose of forensic mental health services for forensic mental health patients is described in terms of supporting the wellbeing and recovery of forensic mental health patients in accordance with the primary references and the references.

Range evidence is required for three different ways in which forensic mental health services can support the wellbeing and recovery of forensic mental health patients.

### Outcome 2

Describe the support required for forensic mental health patients who are accessing forensic mental health services.

#### Performance criteria

2.1 The support required is described in terms of the needs of forensic mental health patients who are accessing forensic mental health services.

Range support includes reconnection with preferred support networks including natural supports.

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**This unit standard is expiring. Assessment against the standard must take place by the last date for assessment set out below.**

**Status information and last date for assessment for superseded versions**

| Process      | Version | Date             | Last Date for Assessment |
|--------------|---------|------------------|--------------------------|
| Registration | 1       | 21 July 2011     | 31 December 2022         |
| Revision     | 2       | 17 May 2012      | 31 December 2022         |
| Review       | 3       | 27 February 2020 | 31 December 2022         |

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| <b>Consent and Moderation Requirements (CMR) reference</b> | 0024 |
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This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

This unit standard is expiring