

<b>Title</b>	<b>Describe assessment, develop and implement support plans with family/whānau of mental health and addiction service users</b>		
<b>Level</b>	<b>5</b>	<b>Credits</b>	<b>8</b>

<b>Purpose</b>	People credited with this unit standard are able to: describe approaches to assessment taken by the candidate's organisation with family/whānau of mental health and addiction service users; develop family/whānau support plans with family/whānau of mental health and addiction service users that are consistent with the approaches to assessment taken by the candidate's organisation; and implement family/whānau support plans with family/whānau of mental health and addiction service users.
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<b>Classification</b>	Health, Disability, and Aged Support > Mental Health and Addiction Support
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<b>Available grade</b>	Achieved
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### Guidance Information

- Legislation relevant to this unit standard includes:  
 Alcoholism and Drug Addiction Act 1966;  
 Children, Young Persons, and Their Families Act 1989;  
 Criminal Justice Act 1985;  
 Criminal Procedure (Mentally Impaired Persons) Act 2003;  
 Health and Disability Commissioner (Code of Health and Disability Services Consumers' Rights) Regulations 1996;  
 Health Practitioners Competence Assurance Act 2003;  
 Intellectual Disability (Compulsory Care and Rehabilitation) Act 2003;  
 Mental Health (Compulsory Assessment and Treatment) Act 1992;  
 Misuse of Drugs Act 1975;  
 Privacy Act 1993;  
 Protection of Personal and Property Rights Act 1988.
- New Zealand Standards relevant to this unit standard include:  
 NZS 8134.0:2008 *Health and disability services Standards – Health and disability services (general) Standard*;  
 NZS 8134.1:2008 *Health and disability services Standards – Health and disability services (core) Standards*;  
 NZS 8134.2:2008 *Health and disability services Standards – Health and disability services (restraint minimisation and safe practice) Standards*;  
 NZS 8134.3:2008 *Health and disability services Standards – Health and disability services (infection prevention and control) Standards*.  
 All standards are available from <http://www.standards.co.nz>.

### 3 Primary references

Community Liaison Committee of the Royal Australian and New Zealand College of Psychiatrists. (2000). *Involving families – Guidance notes: Guidance for involving families and whānau of mental health consumers/tangata whai ora in care, assessment and treatment processes*. Wellington: Ministry of Health on behalf of the Royal College of Australian and New Zealand Psychiatrists, the Health Funding Authority, and the Ministry of Health; available at <http://www.moh.govt.nz/moh.nsf/pagesmh/590>.

Anglem, J., & Maidment, J. (2004). Introduction to assessment. In Maidment, J., & Egan, R. (Eds.), *Practice skills in social work and welfare: More than just common sense* (pp. 112-126). Crows Nest, NSW: Allen and Unwin.

### 4 References

American Psychiatric Association. (2000). *Diagnostic and statistical manual of mental disorders – DSM-IV-TR* (4th ed., Text revision). Washington DC; available at <https://www.psychiatry.org/>.

Ministry of Health. (1998). *Guidelines for clinical risk assessment and management in mental health services*. Wellington: Ministry of Health in partnership with the Health Funding Authority; available at <http://www.moh.govt.nz>.

Ministry of Health. (2008). *Let's get real: Real Skills for people working in mental health and addiction*. Wellington; available at <http://www.moh.govt.nz>.

Privacy Commissioner. (2000). *On the record: A practical guide to health information privacy*. (2nd ed.). Auckland: Office of the Privacy Commissioner; available at <http://www.privacy.org.nz>.

Privacy Commissioner. (2008). *Health Information Privacy Code 1994 – Incorporating amendments and including revised commentary* (revised ed.). Auckland: Office of the Privacy Commissioner; available at <http://www.privacy.org.nz>.

Te Pou o Te Whakaaro Nui, Le Va, Pasifika within Te Pou. (2009). *Real Skills Plus Seitapu – Working with Pacific Peoples*. Auckland; available at <http://www.leva.co.nz>; or <http://www.tepou.co.nz>; or [www.moh.govt.nz/mentalhealth](http://www.moh.govt.nz/mentalhealth).

The Werry Centre. (2008). *Real Skills Plus CAMHS: A competency framework for the infant, child and youth mental health and alcohol and other drug workforce*. Auckland; available at <https://werryworkforce.org/>; and <http://www.moh.govt.nz>.

5 Support should aim to: maintain, improve, or restore a person's independence and/or interdependence; utilise the person's existing strengths; and, where possible, utilise the resources of the local community.

6 This unit standard cannot be assessed against in a simulated environment. For assessment, candidates must demonstrate competence in the workplace through paid or unpaid employment, or in placements in a service provider workplace negotiated by an education provider.

7 Support provided for mental health and addiction service users may include natural supports.

8 Candidates' practice must reflect appropriate values, processes, and protocols in relation to working with Māori and Pacific peoples and/or people from other cultures, in a range of settings and environments.

## 9 Definitions

*Approaches to assessment* refer to approaches such as those underpinning the following models: strengths-based and recovery-based, biopsychosocial, Fonofale, Pōwhiri Poutama, Te Whare Tapa Whā, Te Wheke, Whānau Ora. *Assessment* in this context is a process of information gathering about members of a mental health and addiction service user's family/whānau who are being supported by a mental health service. The purpose of the assessment is to identify factors related to the family/whānau that may include but are not limited to: family/whānau strengths and needs; resilience factors; risk factors; relapse prevention; and other natural supports. The assessment is based on consultation with the service user and his/her family/whānau, and may include biographical and social information gathered from a variety of sources including the family/whānau, the service user, and other members of a multi-disciplinary team. The assessment process and the information gathered are shaped by the approach to assessment taken by the employing organisation. *Candidate* refers to the person seeking credit for this unit standard.

*Contribution/s* in the context of this unit standard refers to the level of agreed input that the candidate will provide into the application of the selected model of addiction intervention with the service user. This input will be given under broad guidance and assessment, and in accordance with the candidate's designated role within a multi-disciplinary team.

*Culturally appropriate* means supporting family/whānau of mental health and addiction service users in a manner that acknowledges and respects their defining characteristics, customs, values, and beliefs.

*Culture* refers to the totality of attitudes, behaviour, beliefs, values, customs, and practices that are characteristic of, or favoured or held in common by, a particular society or social, ethnic, or age grouping. Culture is formed from factors such as age, ethnicity, language, disability, gender, occupation, organisational background, immigrant or refugee status, institutional care, religious or spiritual beliefs, sexual orientation, and socio-economic status.

*Family/whānau support plan* in the context of this unit standard is a generic term used to cover plans for service delivery that are developed by service providers with family/whānau and other natural supports of mental health and addiction service users. Different service providers may use different terms. A family/whānau support plan is interpreted and implemented in accordance with its stated aims and objectives, and recognises the mental health and addiction service user as the central focus. A family/whānau support plan will specify support that will be provided, in accordance with the assessment undertaken with the family/whānau. The family/whānau support plan will record an outline of the tasks to be carried out by the support worker with the family/whānau.

*Mental health and addiction service user* in the context of this unit standard refers to a person accessing services in a mental health or addiction setting. Service users may also be known as consumers, clients, patients, tūroro, or tangata whai ora in particular contexts and settings.

*Natural supports* refers to any assistance, relationships, or interactions provided to family/whānau of mental health and addiction service users by other families/whānau, friends, peers, co-workers, or community volunteers. In a specifically Māori context, natural supports may include but are not limited to: kaumātua, kuia, tohunga, whānau, iwi, and hapū.

*Organisation's policies and procedures* are the policies and procedures of the employing organisation of the candidate and include ethical codes, standards, and other organisational requirements.

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## Outcomes and performance criteria

### Outcome 1

Describe approaches to assessment taken by the candidate's organisation with family/whānau of mental health and addiction service users.

#### Performance criteria

1.1 The contribution of approaches to assessment to the support of family/whānau of mental health and addiction service users are described in accordance with the primary references and the organisation's policies and procedures.

Range contributions may include but are not limited to – identifying and encouraging strengths, identifying resiliency factors, recognising risk factors, celebrating achievements; evidence is required of two contributions for each family/whānau.

1.2 The cultural appropriateness of approaches to assessment to the support of family/whānau of mental health and addiction service users are described in accordance with the primary references and the organisation's policies and procedures.

### Outcome 2

Develop family/whānau support plans with family/whānau of mental health and addiction service users that are consistent with the approaches to assessment taken by the candidate's organisation.

Range evidence is required for development of family/whānau support plans with two different family/whānau.

#### Performance criteria

2.1 Consultation with the family/whānau about the support plans is carried out and agreement reached in accordance with the primary references and the organisation's policies and procedures.

2.2 Components of the family/whānau support plans are developed in accordance with the description of the approaches to assessment taken with family/whānau.

Range components may include but are not limited to – family/whānau strengths, resilience, need for information, education, or other forms of support; any risk(s); strengths-based strategies; evidence is required of three components for each family/whānau support plan.

**Outcome 3**

Implement family/whānau support plans with family/whānau of mental health and addiction service users.

Range evidence is required for implementation of family/whānau support plans with two different families/whānau.

**Performance criteria**

3.1 Implementation of family/whānau support plans is carried out in accordance with the contents of the plans, the candidate's role(s) in the plans, and the organisation's policies and procedures.

**This unit standard is expiring. Assessment against the standard must take place by the last date for assessment set out below.**

**Status information and last date for assessment for superseded versions**

Process	Version	Date	Last Date for Assessment
Registration	1	21 July 2011	31 December 2022
Revision	2	17 May 2012	31 December 2022
Review	3	27 February 2020	31 December 2022

<b>Consent and Moderation Requirements (CMR) reference</b>	0024
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This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.