

<b>Title</b>	<b>Support tangata whai ora to access services to achieve whānau ora outcomes in a mental health and addiction setting</b>		
<b>Level</b>	<b>5</b>	<b>Credits</b>	<b>9</b>

<b>Purpose</b>	People credited with this unit standard are able to: explain whānau ora as a strategy for supporting tangata whai ora; and support tangata whai ora to access services to achieve whānau ora outcomes, in a mental health and addiction setting.
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<b>Classification</b>	Health, Disability, and Aged Support > Mental Health and Addiction Support
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<b>Available grade</b>	Achieved
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### Guidance Information

- Legislation relevant to this unit standard includes:
  - Alcoholism and Drug Addiction Act 1966;
  - Children, Young Persons, and Their Families Act 1989;
  - Criminal Justice Act 1985;
  - Criminal Procedure (Mentally Impaired Persons) Act 2003;
  - Health and Disability Commissioner (Code of Health and Disability Services Consumers' Rights) Regulations 1996;
  - Health Practitioners Competence Assurance Act 2003;
  - Intellectual Disability (Compulsory Care and Rehabilitation) Act 2003;
  - Mental Health (Compulsory Assessment and Treatment) Act 1992;
  - Misuse of Drugs Act 1975;
  - Privacy Act 1993;
  - Protection of Personal and Property Rights Act 1988.
- New Zealand Standards relevant to this unit standard include:
  - NZS 8134.0:2008 *Health and disability services Standards – Health and disability services (general) Standard*;
  - NZS 8134.1:2008 *Health and disability services Standards – Health and disability services (core) Standards*.
  - NZS 8134.2:2008 *Health and disability services Standards – Health and disability services (restraint minimisation and safe practice) Standards*;
  - NZS 8134.3:2008 *Health and disability services Standards – Health and disability services (infection prevention and control) Standards*.
 All standards are available from <http://www.standards.co.nz>.
- Primary references
  - Barlow, Cleve. (2001). *Tikanga whakaaro: Key concepts in Māori culture*. South Melbourne, Vic.: Oxford University Press.

Durie, Mason. (2001). *Mauri ora: The dynamics of Māori health*. Auckland & Oxford: Oxford University Press.

Durie, Mason. (2004). Understanding health and illness: Research at the interface between science and indigenous knowledge. *International Journal of Epidemiology*, 33, 1138-1143.

Mead, H. M. (2003). *Tikanga Māori: Living by Māori values*. Wellington: Huia Publishers.

Ministry of Health. (n.d.). *Māori Health: Addressing Māori health: Māori health models*. Retrieved 17 May, 2011, from [www.moh.govt.nz](http://www.moh.govt.nz).

Taskforce on Whānau-Centred Initiatives. (2010). *Whānau Ora: Report of the Taskforce on Whānau-Centred Initiatives to Hon Tariana Turia, Minister for the Community and Voluntary Sector*. Wellington; available at [www.msd.govt.nz](http://www.msd.govt.nz).

#### 4 References

Ministry of Health. (2008). *Let's get real: Real Skills for people working in mental health and addiction*. Wellington; available at <http://www.moh.govt.nz>.

Te Pou o Te Whakaaro Nui, Le Va, Pasifika within Te Pou. (2009). *Real Skills Plus Seitapu – Working with Pacific Peoples*. Auckland; available at <http://www.leva.co.nz>; or <http://www.tepou.co.nz>; or [www.moh.govt.nz/mentalhealth](http://www.moh.govt.nz/mentalhealth).

Te Rau Ora – <https://terauora.com/>.

Te Tiriti o Waitangi – The Treaty of Waitangi.

The Werry Centre. (2008). *Real Skills Plus CAMHS: A competency framework for the infant, child and youth mental health and alcohol and other drug workforce*. Auckland; available at <https://werryworkforce.org/>; and <http://www.moh.govt.nz>.

5 Support should aim to: maintain, improve, or restore a person's independence and/or interdependence; utilise the person's existing strengths; and, where possible, utilise the resources of the local community.

6 This unit standard cannot be assessed against in a simulated environment. For assessment, candidates must demonstrate competence in the workplace through paid or unpaid employment, or in placements in a service provider workplace negotiated by an education provider.

7 Candidates awarded credit for this unit standard are required to demonstrate competence when working with tangata whai ora in a holistic manner in accordance with models of practice within te ao Māori. Tangata whai ora needs must be responded to in accordance with tikanga practices of te ao Māori and in the iwi/Māori/mental health and addiction services setting in which assessment for this unit standard is taking place.

8 Support provided for tangata whai ora may include natural supports.

9 *Taonga heke* (or *Māori values*) include but are not limited to the following values that are relevant to, and in constant usage by, Māori in specific mental health contexts: kaitiakitanga, kotahitanga, manaakitanga, pukengatanga, rangatiratanga, reo, ukaipotanga, wairuatanga, whakapapa, whanaungatanga.

#### 10 Definitions

*Candidate* refers to the person seeking credit for this unit standard.

*Holistic models of hauora* are models that utilise traditional Māori values in contemporary contexts of holistic health support and intervention. These models

may include but are not limited to – Te Whare Tapa Whā, Te Wheke, Takarangi, Pōwhiri Poutama.

*Natural supports* refers to any assistance, relationships, or interactions provided to tangata whai ora and their whānau by other families/whānau, friends, peers, co-workers, or community volunteers. In a specifically Māori context, natural supports may include but are not limited to: kaumātua, kuia, tohunga, whānau, iwi, and hapū.

*Organisation's policies and procedures* are the policies and procedures of the employing organisation of the candidate and include ethical codes, standards, and other organisational requirements.

*Tangata whai ora* in the context of this unit standard refers to a person accessing services in a mental health or addiction setting. Tangata whai ora may also be known as patients, consumers, clients, tūrora, or service users in particular contexts and settings.

*Tangata whai ora needs* refer to needs that may be physical, spiritual, mental, or related to their whānau.

*Whānau ora* refers to the Government's key strategy to improve the health of the indigenous population. Whānau ora policy aims to support whānau to achieve optimum levels of health and wellbeing. The concept of whānau ora, which translates to family wellbeing, underpins the requirements of this unit standard. Factors such as socioeconomic status, ability to self-determine, cultural connectedness, spirituality, healthy lifestyles, and access to traditional language are regarded as fundamental components of Māori wellbeing.

*Whānau ora outcomes* refers to positive change in the fundamental components of wellbeing – socioeconomic status, self-determination, cultural connectedness, spirituality, healthy lifestyles, and access to traditional language.

## Outcomes and performance criteria

### Outcome 1

Explain whānau ora as a strategy for supporting tangata whai ora in a mental health and addiction setting.

### Performance criteria

1.1 Whānau ora is explained in terms of the principles of Te Tiriti o Waitangi.

Range partnership, participation, protection, religious freedom.

1.2 Whānau ora is explained in terms of whānau outcomes for Māori wellbeing, and for supporting tangata whai ora to achieve optimum levels of Māori wellbeing in accordance with the primary references.

Range whānau outcomes for Māori wellbeing include – self-management, economic security and wealth creation, self-determination, cultural connectedness, spirituality, healthy lifestyles, access to traditional language, participation in te ao Māori, resilience, nurturing, whānau cohesion.

- 1.3 Whānau ora is explained in terms of the relationships and responsibilities between a whānau practitioner, whānau, and others in accordance with the primary references.
- Range others may include but are not limited to – tangata whai ora, associated health support services, whānau, hapū, iwi, Māori community, non-health sector services; evidence is required for three relationships and responsibilities.
- 1.4 Whānau ora is explained in terms of support for tangata whai ora within holistic models of hauora in accordance with the primary references.
- Range evidence is required for two holistic models of hauora.
- 1.5 Whānau ora is explained in terms of the impact that services from other sectors can have on the wellbeing of tangata whai ora and provision of access to those services.
- Range other sectors may include but are not limited to – housing, education, transport, finance, welfare; evidence is required for services from two sectors.

## Outcome 2

Support tangata whai ora to access services to achieve whānau ora outcomes in a mental health and addiction setting.

Range evidence is required of providing support to achieve three whānau ora outcomes for each of two tangata whai ora.

## Performance criteria

- 2.1 Tangata whai ora needs are determined in terms of whānau ora outcomes and support is given in accordance with the organisation's policies and procedures.
- 2.2 Available support service providers are identified and evaluated in terms of their suitability to meet tangata whai ora needs in accordance with the organisation's policies and procedures.
- 2.3 The results of the evaluations of suitable support service providers are presented to tangata whai ora in accordance with their needs and in accordance with the organisation's policies and procedures.
- 2.4 Support strategies to assist tangata whai ora to access services are used in accordance with Māori values, whānau ora objectives, and tangata whai ora needs.

Range support strategies may include but are not limited to – personal advocacy, provision of information, verbal or written referral, access on behalf of tangata whai ora, skill sharing and advice to enable tangata whai ora to access services; evidence is required of two methods.

2.5 Support for tangata whai ora to evaluate the response of services they have accessed is given in accordance with the organisation’s policies and procedures.

Range response may include but is not limited to – welcome, respect, support; attention to physical comfort, safety, privacy; response to tangata whai ora needs; use of language in verbal and written communications; evidence is required of two services accessed by tangata whai ora.

**This unit standard is expiring. Assessment against the standard must take place by the last date for assessment set out below.**

**Status information and last date for assessment for superseded versions**

Process	Version	Date	Last Date for Assessment
Registration	1	21 July 2011	31 December 2022
Revision	2	17 May 2012	31 December 2022
Review	3	27 February 2020	31 December 2022

<b>Consent and Moderation Requirements (CMR) reference</b>	0024
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This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.