

Title	Work with older mental health and addiction service users to access support that contributes to positive ageing		
Level	4	Credits	4

Purpose	People credited with this unit standard are able to: describe factors that promote positive ageing for older mental health and addiction service users; and work with older mental health and addiction service users and their preferred support networks to access support that promotes positive ageing.
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Classification	Health, Disability, and Aged Support > Mental Health and Addiction Support
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Available grade	Achieved
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Guidance Information

- 1 Legislation relevant to this unit standard includes:
 Alcoholism and Drug Addiction Act 1966;
 Criminal Justice Act 1985;
 Criminal Procedure (Mentally Impaired Persons) Act 2003;
 Health and Disability Commissioner (Code of Health and Disability Services Consumers' Rights) Regulations 1996;
 Health Practitioners Competence Assurance Act 2003;
 Intellectual Disability (Compulsory Care and Rehabilitation) Act 2003;
 Mental Health (Compulsory Assessment and Treatment) Act 1992;
 Misuse of Drugs Act 1975;
 Privacy Act 1993;
 Protection of Personal and Property Rights Act 1988.
- 2 New Zealand Standards relevant to this unit standard include:
 NZS 8134.0:2008 *Health and disability services Standards – Health and disability services (general) Standard*;
 NZS 8134.1:2008 *Health and disability services Standards – Health and disability services (core) Standards*;
 NZS 8134.2:2008 *Health and disability services Standards – Health and disability services (restraint minimisation and safe practice) Standards*;
 NZS 8134.3:2008 *Health and disability services Standards – Health and disability services (infection prevention and control) Standards*.
 All standards are available from <http://www.standards.co.nz>.
- 3 References
 American Psychiatric Association. (2000). *Diagnostic and statistical manual of mental disorders – DSM-IV-TR* (4th ed., Text revision). Washington DC; available at <https://www.psychiatry.org/>.

Ellis, P., & Collings, S. (Eds.). (1997). *Public Health Report Number 3: Mental health in New Zealand from a public health perspective*. Wellington: Public Health Group, Ministry of Health, available at <http://www.moh.govt.nz>.

Ministry of Health. (1998). *Guidelines for clinical risk assessment and management in mental health services*. Wellington: Ministry of Health in partnership with the Health Funding Authority; available at <http://www.moh.govt.nz>.

Ministry of Health. (2002). *Health of older people strategy: Health sector action to 2010 to support positive ageing*. Wellington; available at <http://www.moh.govt.nz>.

Ministry of Health. (2006). *Health of older people information strategic plan: Directions to 2010 and beyond*. Wellington; available at <http://www.moh.govt.nz>.

Ministry of Health. (2008). *Let's get real: Real Skills for people working in mental health and addiction*. Wellington; available at <http://www.moh.govt.nz>.

Te Pou o Te Whakaaro Nui, Le Va, Pasifika within Te Pou. (2009). *Real Skills Plus Seitapu – Working with Pacific Peoples*. Auckland; available at <http://www.leva.co.nz>; or <http://www.tepou.co.nz>; or www.moh.govt.nz/mentalhealth.

- 4 Support should aim to maintain, improve, or restore a consumer's independence and/or interdependence; utilise the consumer's existing strengths; and, where possible, utilise the resources of the local community.
- 5 This unit standard cannot be assessed against in a simulated environment. For assessment, candidates must demonstrate competence in the workplace through paid or unpaid employment, or in placements in a service provider workplace negotiated by an education provider.
- 6 Support provided for older mental health and addiction service users may include natural supports.
- 7 Candidates' practice must reflect appropriate values, processes, and protocols in relation to working with Māori and Pacific peoples and/or people from other cultures, in a range of settings and environments.
- 8 Definitions

Older mental health and addiction service user refers to a person aged 65 and over who is accessing services in a mental health or addiction setting. Service users may also be known as consumers, clients, patients, tūrora, or tangata whai ora in particular contexts and settings.

Natural supports refers to any assistance, relationships, or interactions provided to older mental health and addiction service users by family/whānau, friends, peers, co-workers, or community volunteers. In a specifically Māori context, natural supports may include but are not limited to: kaumātua, kuia, tohunga, whānau, iwi, and hapū.

Positive ageing refers to a process that: promotes the physical, mental, and emotional health and wellbeing of older people; optimises their opportunities for participating in activities and/or society; encourages positive family/whānau and interpersonal relationships; and enhances perceptions of safety, security, independence, and economic wellbeing.

Preferred support networks refers to assistive services such as natural supports, activity programmes, clubs and/or societies, agencies and organisations, churches, financial advice/support, hapū, iwi, marae, property rights and welfare guardians, respite facilities.

9 Range

Factors that promote positive ageing may include but are not limited to – cultural, economic, social, and/or spiritual considerations; e.g. influence of own values, attitudes, and beliefs, influence of the community, and influence of positive role models that challenge stigmatisation and discrimination.

Outcomes and performance criteria**Outcome 1**

Describe factors that promote positive ageing for older mental health and addiction service users.

Performance criteria

1.1 Factors are described in terms of their role in promoting positive ageing for older mental health and addiction service users in accordance with the references.

Range evidence is required for a minimum of one different factor for each of three older mental health and addiction service users.

Outcome 2

Work with older mental health and addiction service users and their preferred support networks to access support that promotes positive ageing.

Range evidence is required for three older mental health and addiction service users; support must meet the needs of each older mental health and addiction service user and his or her preferred support networks.

Performance criteria

2.1 Work with older mental health and addiction service users and their preferred support networks is undertaken to identify cultural, economic, social, and/or spiritual considerations that promote positive ageing.

2.2 Work with older mental health and addiction service users and their preferred support networks is undertaken to support access to, and use of, services that promote positive ageing.

This unit standard is expiring. Assessment against the standard must take place by the last date for assessment set out below.

Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	21 July 2011	31 December 2022
Revision	2	17 May 2012	31 December 2022
Review	3	27 February 2020	31 December 2022

Consent and Moderation Requirements (CMR) reference	0024
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This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

This unit standard is expiring