

Title	Conduct food service quality audits and nutrition intervention audits in an aged care, health, or disability context		
Level	4	Credits	8

Purpose	People credited with this unit standard are able to conduct food service quality audits, and conduct therapeutic nutrition interventions, in an aged care, health, or disability context.
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Classification	Health, Disability, and Aged Support > Allied Health Assistance
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Available grade	Achieved
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Guidance Information

- 1 Legislation and codes relevant to this unit standard include but are not limited to: Health and Disability Commissioner (Code of Health and Disability Services Consumers' Rights) Regulations 1996 (the Code of Rights); Health and Disability Services (Safety) Act 2001; Health and Safety at Work Act 2015; Human Rights Act 1993; Privacy Act 1993.
- 2 New Zealand Standards relevant to this unit standard include but are not limited to: NZS 8134.0:2008 *Health and disability services Standards – Health and disability services (general) Standard*; NZS 8134.1:2008 *Health and disability services Standards – Health and disability services (core) Standards*. All New Zealand Standards are available at <http://www.standards.co.nz/>.
- 3 Candidates' practice must reflect appropriate values, processes, and protocols in relation to working with Māori and Pacific peoples and/or people from other cultures, in a range of settings and environments.
- 4 Definitions
Candidate refers to the person seeking credit for this unit standard.
Client in the context of this unit standard refers to a person accessing services in an aged care, health, or disability setting. Clients may also be known as consumers, patients, or tūroro in particular contexts and settings.
Organisation's policies and procedures are the policies and procedures of the employing organisation of the candidate and include ethical codes, standards, and other organisational requirements.
Service plans is a generic term that covers the individual or group plans (which may also be referred to by other names) that are developed by service providers for people receiving support (and may include their family/whānau as appropriate).

Therapeutic nutrition interventions refers to any planned and purposeful treatment (including dietary supplements) that aims to improve a person's nutritional status and/or reduce the risk of malnutrition.

5 References

Ministry of Health, *Food and Nutrition Guidelines*. (Wellington: Ministry of Health, various dates). The Food and Nutrition Guidelines is a series of four population-specific food and nutrition guidelines background papers available at <https://www.health.govt.nz>. The four populations are: infants and toddlers from birth to two years old, children and young people 2-18 years, pregnant and breastfeeding women, and older people.

In addition to the Food and Nutrition Guidelines, health education resources related to each of the four populations are referenced on the above website, and are available at <http://www.healthed.govt.nz/>.

- 6 This unit standard cannot be assessed against in a simulated environment. For assessment, candidates must demonstrate competence in the workplace through paid or unpaid employment, or in placements in a service provider workplace negotiated by an education provider.

Outcomes and performance criteria

Outcome 1

Conduct food service quality audits in an aged care, health, or disability context.

Performance criteria

- 1.1 Food service quality is audited in accordance with the Ministry of Health's Food and Nutrition Guidelines.
- 1.2 Food service quality is audited against its suitability for meeting clients' needs in terms of their service plans and in accordance with the organisation's policies and procedures.
- Range evidence is required for three clients over the age of 16 years with different medical diagnoses.
- 1.3 Food service quality is audited against clients' satisfaction in terms of their service plans and in accordance with the organisation's policies and procedures.
- Range evidence is required for three clients over the age of 16 years with different medical diagnoses.
- 1.4 Food service quality in kitchens is audited in accordance with the organisation's policies and procedures.
- Range evidence is required for three kitchens.

Outcome 2

Conduct therapeutic nutrition intervention audits in an aged care, health, or disability context.

Range audits must be conducted in accordance with the organisation's policies and procedures.

Performance criteria

2.1 Therapeutic nutrition interventions are audited in terms of compliance with the instructions of a registered dietitian.

Range evidence is required for provision for three clients over the age of 16 years, including – one client with a special diet, one client with a nutritional supplement intake, one client with enteral feeding administration.

2.2 Therapeutic nutrition interventions are audited in terms of clients' data and their service plans.

Range evidence is required for three clients over the age of 16 years with different medical diagnoses and associated therapeutic diets; clients' data must include – weight records, food and fluid intake records, level of ability to access food independently at meal times.

Planned review date	31 December 2021
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Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	17 June 2011	31 December 2012
Revision	2	19 January 2012	N/A
Rollover and Revision	3	26 September 2019	N/A

Consent and Moderation Requirements (CMR) reference	0024
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This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

Comments on this unit standard

Please contact Careerforce info@careerforce.org.nz if you wish to suggest changes to the content of this unit standard.