

Title	Observe, describe, and respond to changes in a person in a health or wellbeing setting		
Level	3	Credits	4

Purpose	People credited with this unit standard are able to: observe and describe changes in a person's health or functional status and identify potential effects on the delivery of a personal plan; and respond to changes in a person's health or functional status, in a health or wellbeing setting.
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Classification	Health, Disability, and Aged Support > Health and Disability Principles in Practice
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Available grade	Achieved
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Guidance Information

- 1 Legislation and Code relevant to this unit standard include but are not limited to:
 - Health and Disability Commissioner (Code of Health and Disability Services Consumers' Rights) Regulations 1996;
 - Health and Disability Services (Safety) Act 2001;
 - Health and Safety at Work Act 2015;
 - Human Rights Act 1993;
 - Privacy Act 1993.

- 2 New Zealand Standards relevant to this unit standard:
 - NZS 8134.0:2008 *Health and disability services (general) Standard*;
 - NZS 8134.1:2008 *Health and disability services (core) Standards*;
 - NZS 8158:2012 *Home and community support sector Standard*; available at <https://www.standards.co.nz/>.

- 3 Definitions:
 - *Changes in a person's health or functional status* – refers to emotional and/or psycho-social and/or cognitive and/or physical (including sensory) and/or psychological and/or environmental change.
 - *Health or wellbeing setting* includes but is not limited to – the aged care, acute care, community support, disability, mental health, and social services sectors.
 - *Health and functional status* – the physical, psychological, cognitive, and social ability required to carry on normal activities of life.
 - *Organisational policies and procedures* – policies, procedures, and methodologies of an organisation. They include legislative, regulatory requirements and codes which may apply across an organisation, a specific site, or a workplace. Requirements are documented in the organisation's health and safety plans, contract work programmes, quality assurance programmes, policies, and procedural documents.

- *Person* – a person accessing services. Other terms used for the person may include client, consumer, customer, patient, individual, resident, service user, turoro, or tangata whai ora.
- *Personal plan* – a generic term that covers the individual or group plans (which may also be referred to by other names) that are developed with a person receiving support (and may include their family/whānau as appropriate).
- *Support* should aim to maintain, improve, or restore a person's independence and/or interdependence by utilising the person's existing strengths and appropriate resources; but may include providing assistance to enable a person's health and wellbeing needs to be met.

4 Evidence for the practical components of this unit standard must be gathered in the workplace.

Outcomes and performance criteria

Outcome 1

Observe and describe changes in a person's health or functional status and identify potential effects on the delivery of a personal plan in a health or wellbeing setting.

Performance criteria

1.1 The importance of reporting changes is described in terms of how it enables a person's health and wellbeing needs to be met.

1.2 Changes in a person are observed and described in terms of how their health and functional status has improved or deteriorated.

Range evidence is required of two changes in the person's health or functional status.

1.3 Potential effects of the observed changes on delivery of the person's personal plan are identified.

Range effects may include – physical, emotional, psychosocial, cognitive, environmental, psychological; evidence is required for a minimum of two effects.

Outcome 2

Respond to changes in a person's health or functional status in a health or wellbeing setting.

Performance criteria

2.1 Responses are in accordance with the personal plan.

2.2 Responses are in accordance with organisational policies and procedures.

2.3 Responses respect the person's right to privacy, dignity, and autonomy.

Planned review date	31 December 2025
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Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	17 June 2011	31 December 2017
Review	2	16 April 2015	31 December 2022
Review	3	21 January 2016	31 December 2022
Review	4	22 October 2020	N/A

Consent and Moderation Requirements (CMR) reference	0024
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This CMR can be accessed at <https://www.nzqa.govt.nz/framework/search/index.do>.

Comments on this unit standard

Please contact Careerforce info@careerforce.org.nz if you wish to suggest changes to the content of this unit standard.