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| Title | Demonstrate knowledge of tākarō Māori | | |
| Level | 1 | Credits | 6 |

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| Purpose | People credited with this unit standard are able to demonstrate knowledge of tākarō Māori. |
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| Classification | Mau Rākau > Te Parawhakawai |
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| Available grade | Achieved, Merit, and Excellence |
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| Criteria for Merit | Demonstrate in-depth knowledge of tākarō Māori. |
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| Criteria for Excellence | Demonstrate comprehensive knowledge of tākarō Māori. |
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Guidance Information

- 1 It is recommended that people undertaking this standard consider working towards standards at Level 1 or above from the subfield *Reo Māori*.
- 2 This unit standard is intended for learners of mau rākau. Assessment will take place in a learning situation, not in a public performance.
- 3 Assessment of skills may occur in individual or group settings, but each candidate must demonstrate individual competence.
- 4 Assessment against this unit standard must be made in accordance with iwi tradition and iwi variation – the style and ture of mau rākau uniquely specific to an iwi or Whare Tū Taua.
- 5 This unit standard is intended to assess essential knowledge and skills required to ensure the survival of mau rākau. This standard covers the core features of: *tākarō Māori* – developmental activities used in the discipline of mau rākau to develop strength, endurance, flexibility, agility, and strategic thinking.
- 6 *Demonstrate in-depth knowledge of tākarō Māori* will be evidenced through:
 - explaining in-depth the tikanga practices associated with tākarō Māori in accordance with iwi tradition or a specific Whare Tū Taua
 - kua iho roa (kua marama) ki ngā tikanga e pā ana ki ngā tākarō ā-iwi, ā-whare rānei.
 - kua iho roa te whakamārama i ngā tikanga e pā ana ki ngā tākarō ā-iwi, ā-whare rānei (identifying specific iwi or whare tikanga relevant to the tākarō).
 - demonstrating tākarō Māori with purpose

- kua iho roa ki ngā nuku me ngā ture o ngā momo tākaro ā-iwi, ā-whare rānei.
- kua iho roa ki ngā mātauranga mō ngā momo tākaro ā-iwi (describing specific iwi or whare features of each tākaro).
- kua hāngai te mahi ā-hinengaro, ā-tinana, ā-waewae ki te tākaro, ā, kua tika te tū (demonstrating deliberate movements and appropriate actions, which are relevant to each tākaro).

7 *Demonstrate comprehensive knowledge of tākaro Māori* will be evidenced through:

- comprehensively explaining the tikanga practices associated with tākaro Māori in accordance with iwi tradition or a specific Whare Tū Taua
 - kua iho matua (kua matatau) ki ngā tikanga e pā ana ki ngā tākaro ā-iwi, ā-whare rānei
 - kua iho matua te whakamārama i ngā tikanga e pā ana ki ngā tākaro ā-iwi (identifying and explaining tikanga relevant to tākaro unique to iwi or Whare Tū Taua)
- demonstrating tākaro Māori with accuracy and confidence
 - kua iho matua ki ngā ki ngā nuku me ngā ture mō ngā tākaro ā-iwi, ā-whare rānei
 - kua iho matua ki ngā mātauranga ā-iwi, ā-whare rānei e pā ana ki ngā momo tākaro ā-iwi (describing the significance of iwi or whare features of each tākaro)
 - kua mataara te pia, ā, kua hāngai te mahi ā-hinengaro, ā-tinana, ā-waewae ki te tākaro, ā, kua puta mai te wairua o te ngākaunui ki āna mahi (an attentive and spontaneous demonstration with deliberate and focused movements and appropriate actions, which are relevant to each tākaro).

8 Glossary

Endurance refers to the ability to maintain composure and complete the activity

Flexibility and posture refer to the appropriate stance and positioning of the body in relation to the activities being undertaken

Agility – physical agility refers to the ability to exhibit physical quickness and dexterity; mental agility refers to the ability to remain mentally alert

tikanga refers to the meaning, values and Māori world view

features refer to characteristics or style of performance of tākaro Māori, which may be specific to the category of an item and/or iwi tradition or Whare Tū Taua.

Iho roa – Ko te awa e rere ai e kitea te hono o tō pito mai i tō whare ki te waharoa. (Kia mārama ki tō marae-ātea, ki tō pepeha)

Iho Matua – Kua tāhūhū te hono o ngā whakaaro ki tōna whare. Kua matatau.

Outcomes and performance criteria

Outcome 1

Demonstrate knowledge of tikanga associated with tākaro Māori.

Performance criteria

- 1.1 Demonstration includes an explanation of tikanga practices associated with tākarō Māori in accordance with iwi tradition or a specific Whare Tū Taua.

Range may include but is not limited to – karakia, whakataukī, whakatauākī, haka, pao, pūrākau, pakiwaitara; evidence of three tikanga practices associated specifically with tākarō Māori is required.

Outcome 2

Demonstrate tākarō Māori.

Performance criteria

- 2.1 Demonstration includes a description of tākarō Māori in accordance with iwi tradition or a specific Whare Tū Taua.

Range categories of tākarō Māori may include but is not limited to – tī rākau, tītītōrea, waewaenuku, mākirikiri, pere, whai, mū tōrere, te hautaea, tauwhaiwhai, whakaropiropi, hei tama, hipitoitoi, kōrūrū, mauri toa, kīōrahi, te ariki, tauparepare tautātā; evidence of the demonstration and description of five tākarō Māori from at least one category is required.

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| Planned review date | 31 December 2025 |
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Status information and last date for assessment for superseded versions

| Process | Version | Date | Last Date for Assessment |
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| Registration | 1 | 17 November 2011 | 31 December 2016 |
| Review | 2 | 19 November 2015 | 31 December 2021 |
| Review | 3 | 10 December 2020 | N/A |

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| Consent and Moderation Requirements (CMR) reference | 0226 |
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This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

Comments on this unit standard

Please contact the NZQA Māori Qualification Services mqs@nzqa.govt.nz if you wish to suggest changes to the content of this unit standard.