

Title	Demonstrate knowledge of and perform tākarō Māori		
Level	2	Credits	6

Purpose	People credited with this unit standard are able to demonstrate knowledge of tākarō Māori and perform tākarō Māori.
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Classification	Mau Rākau > Te Parawhakawai
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Available grade	Achieved, Merit, and Excellence
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Criteria for Merit	Demonstrate in-depth knowledge of tākarō Māori and perform tākarō Māori with purpose.
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Criteria for Excellence	Demonstrate comprehensive knowledge of tākarō Māori and perform tākarō Māori with accuracy and fluency.
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Guidance Information

- 1 It is recommended that people undertaking this standard have achieved Unit 27544 *Demonstrate knowledge of tākarō Māori*; or demonstrate equivalent knowledge and skills. It is also recommended that people undertaking this standard consider working towards standards at Level 2 or above from the subfield *Reo Māori*.
- 2 This unit standard is intended for learners of mau rākau. Assessment will take place in a learning situation, not in a public performance.
- 3 Assessment of skills may occur in individual or group settings, but each candidate must demonstrate individual competence.
- 4 Assessment against this unit standard must be made in accordance with iwi tradition and iwi variation – the style and ture of mau rākau uniquely specific to an iwi or Whare Tū Taua.
- 5 This unit standard is intended to assess essential knowledge and skills required to ensure the survival of mau rākau. This standard covers the core features of: *tākarō Māori* – developmental activities used in the discipline of mau rākau to develop strength, endurance, flexibility, agility, and strategic thinking.
- 6 *Demonstrate in-depth knowledge of tākarō Māori, and perform tākarō Māori with purpose* will be evidenced through:
 - describing the development of physical mau rākau skills in depth

- Kua iho roa (kua marama) ki ngā pukenga ā-tinana mā ngā tākaro (describing how the tākaro contributes to the development of the physical skills required for a specific aspect of mau rākau).
- describing the development of te taha wairua in depth
 - Kua iho roa ki ngā pūkenga ā-wairua mō ngā tākaro (describing how the tākaro contributes to the development of te taha wairua).
- describing the development of te taha hinengaro in depth
 - Kua iho roa ki ngā pūkenga ā-wairua mō ngā tākaro (describing how the tākaro contributes to the development of te taha hinengaro).
- performing tākaro Māori with purpose
 - kua hāngai te mahi ā-hinengaro, ā-tinana, ā-waewae ki te tākaro Māori, ā, kua tika te tū (performing with deliberate movements and appropriate actions, which are relevant to the tākaro).

7 *Demonstrate comprehensive knowledge of tākaro Māori, and perform tākaro Māori with accuracy and fluency* will be evidenced through:

- comprehensively describing the development of physical mau rākau skills
 - Kua iho matua (kua matatau) ki ngā pūkenga tinana mō ngā tākaro (linking the importance of the tākaro to the development of specific physical skills essential for mau rākau).
- comprehensively describing the development of te taha wairua
 - Kua iho matua ki ngā pūkenga ā-wairua mō ngā tākaro (linking the importance of the tākaro to the development of te taha wairua in a mau rākau context).
- comprehensively describing the development te taha hinengaro
 - Kua iho matua ki ngā pūkenga a hinengaro mō ngā tākaro (linking the importance of the tākaro to the development of te taha hinengaro in a mau rākau context).
- performing tākaro Māori with accuracy and fluency
 - kua hāngai te mahi ā-hinengaro, ā-tinana, ā-waewae ki te tākaro Māori, ā, kua puta mai te wairua i te ngākau nui ki āna mahi (performing spontaneously with deliberate movements and appropriate actions, which are relevant to the tākaro Māori).
 - kia tika te mahi tahi o te ringa me te kori o te tinana (hand actions are in synergy with the body).

8 Glossary

Endurance refers to the ability to maintain composure and complete the activity.

Flexibility and posture refer to the appropriate stance and positioning of the body in relation to the activities being undertaken.

Agility – physical agility refers to the ability to exhibit physical quickness and dexterity; mental agility refers to the ability to remain mentally alert.

Performance (of skills) refers to the directed presentation of the skills of tākaro Māori before an assessor.

Iho roa – Ko te awa e rere ai e kitea te hono o tō pito mai i tō whare ki te waharoa. (Kia marama ki tō marae-ātea, ki tō pepeha).

Iho Matua – Kua tāhūhū te hono o ngā whakaaro ki tōna whare. Kua matatau.

9 Range

Categories of tākaro Māori may include but are not limited to – tī rākau, tītītōrea, waewaenuku, mākirikiri, pere, whai, mū tōrere, te hautaea, tauwhaiwhai,

whakaropiropi, hei tama, kōrūrū, hipitoitoi, mauri toa, kīōrahi, te ariki, tauparepare tautātā;

evidence of two tākaro Māori is required.

Outcomes and performance criteria

Outcome 1

Demonstrate knowledge of tākaro Māori.

Performance criteria

- 1.1 Tākaro Māori are described in terms of the development of physical mau rākau skills.
- Range mau rākau skills may include but are not limited to – strength, endurance, flexibility, posture, agility; evidence of one skill for each tākaro Māori is required.
- 1.2 Tākaro Māori are described in terms of the development of te taha wairua.
- Range may include but is not limited to – karakia, takutaku, waiata, ngeri; evidence of one for each tākaro Māori is required.
- 1.3 Tākaro Māori are described in terms of the development of te taha hinengaro.
- Range may include but is not limited to – critical awareness, agility, endurance, strategic thinking; evidence of one for each tākaro Māori is required.

Outcome 2

Perform tākaro Māori.

Performance criteria

- 2.1 Tākaro Māori are performed in accordance with iwi tradition/Whare Tū Taua style to develop physical mau rākau skills.
- Range mau rākau skills may include but are not limited to – strength, endurance, flexibility, posture, agility; evidence of one skill for each tākaro Māori is required.

Planned review date	31 December 2025
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Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	17 November 2011	31 December 2016
Review	2	19 November 2015	31 December 2021
Review	3	10 December 2020	N/A

Consent and Moderation Requirements (CMR) reference	0226
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This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

Comments on this unit standard

Please contact the NZQA Māori Qualification Services mqs@nzqa.govt.nz if you wish to suggest changes to the content of this unit standard.